

2018 CHALLENGEALMERE-AMSTERDAM Long Distance Triathlon 08-09-2018
Unofficial Result Halve Triathlon Individual Overall

Pts	RaceNr	Naam	Woonplaats	Cat	Nat	Swim	#S	Bike1	Bike2	Bike	#B	AftBike	#aftB	Run1	Run2	Run3	Run	#R	Total	Statu
1	2127	Philipp Herber	Hamburg	M25	GER	00:28:23	25	00:55:35	01:15:12	02:10:46	2	02:41:55	2	00:24:40	00:25:17	00:25:57	01:15:53	1	04:00:34	
2	2059	Gregor Schreiner	Ramsen	MU24	GER	00:25:34	3	00:54:44	01:14:47	02:09:31	1	02:38:27	1	00:25:29	00:27:11	00:28:56	01:21:35	12	04:02:51	
3	2165	Marco Akershoek	Sittard	M25	NED	00:24:36	2	00:56:49	01:19:56	02:16:45	9	02:43:58	3	00:25:09	00:26:11	00:28:43	01:20:02	5	04:06:48	
4	2865	Bruno Clerbout	Kapelle-op-den-bos	M40	BEL	00:27:32	11	00:58:07	01:18:25	02:16:32	8	02:47:44	5	00:25:43	00:25:58	00:25:56	01:17:36	2	04:08:18	
5	2063	Maurice Herwig	Wehretal	MU24	GER	00:28:10	20	00:58:52	01:19:44	02:18:36	13	02:49:38	7	00:26:46	00:26:32	00:27:00	01:20:17	7	04:12:24	
6	2310	Bart Schrooyen	Essen	M30	BEL	00:28:51	31	00:59:00	01:20:38	02:19:37	16	02:52:03	9	00:25:27	00:26:41	00:27:08	01:19:14	4	04:13:58	
7	2185	Robert de Korte	Maastricht	M25	NED	00:32:00	87	00:57:59	01:18:26	02:16:25	7	02:51:58	8	00:26:10	00:28:25	00:27:40	01:22:13	15	04:17:00	
8	2178	Omar Brons	Almere	M25	NED	00:26:18	7	00:58:01	01:19:48	02:17:48	11	02:47:01	4	00:25:58	00:29:43	00:31:21	01:27:02	40	04:17:10	
9	2116	Victor Arenas	Orange	M25	COL	00:25:48	4	01:02:38	01:26:54	02:29:32	103	02:58:33	37	00:25:09	00:25:38	00:27:17	01:18:03	3	04:19:32	
10	2370	Rik Linszen	De Bilt	M30	NED	00:27:09	10	01:01:17	01:24:24	02:25:40	55	02:56:37	24	00:26:15	00:26:28	00:27:35	01:20:17	8	04:19:53	
11	2121	Jack Schofield	Congleton	M25	GBR	00:35:53	263	00:57:11	01:17:33	02:14:43	5	02:56:08	20	00:26:29	00:26:56	00:26:50	01:20:14	6	04:19:58	
12	3126	Peter-Johan Dillo	Schagen	M45	NED	00:28:26	26	00:59:16	01:20:49	02:20:04	20	02:52:06	10	00:27:19	00:27:58	00:29:27	01:24:44	28	04:20:40	
13	2144	Tim Heinzemann	Wuppertal	M25	GER	00:33:01	122	00:58:18	01:20:38	02:18:56	14	02:55:18	17	00:27:09	00:27:29	00:27:46	01:22:23	16	04:20:47	
14	2399	Tom van Gulik	Wiehl	M30	NED	00:30:48	58	01:00:35	01:22:11	02:22:46	34	02:57:40	29	00:27:12	00:27:48	00:28:02	01:23:02	21	04:24:23	
15	2394	Tim Geraedts	Amsterdam	M30	NED	00:33:26	137	00:58:10	01:20:17	02:18:27	12	02:56:34	23	00:27:17	00:28:04	00:29:44	01:25:04	30	04:24:29	
16	2210	Ward van den Boorn	Amsterdam	M25	NED	00:32:57	119	00:58:43	01:21:09	02:19:51	18	02:56:13	21	00:27:36	00:28:06	00:29:52	01:25:33	34	04:24:46	
17	2114	Jorn van Bergen	Meer	M25	BEL	00:32:14	95	01:01:04	01:23:34	02:24:38	47	03:00:31	45	00:25:20	00:27:25	00:30:10	01:22:55	18	04:25:48	
18	2912	Alain Schutjes	Lommel	M45	BEL	00:32:37	105	00:59:36	01:20:53	02:20:28	21	02:57:46	31	00:28:10	00:28:46	00:28:47	01:25:42	36	04:26:56	
19	3124	Chris Brands	Hilversum	M45	NED	00:29:35	39	00:59:29	01:20:03	02:19:32	15	02:52:53	13	00:30:21	00:30:01	00:30:29	01:30:50	76	04:27:27	
20	2320	Adrian Siemons	Meer	M30	BEL	00:31:07	65	01:02:32	01:24:08	02:26:39	65	03:01:36	50	00:27:21	00:27:49	00:27:44	01:22:53	17	04:27:48	
21	2422	Tijmen Kooij	Culemborg	M30	NED	00:30:59	64	00:59:25	01:22:15	02:21:39	26	02:56:07	19	00:28:06	00:28:17	00:31:50	01:28:12	48	04:27:49	
22	2058	Tim Rose	Scherfede	MU24	GER	00:34:23	182	00:59:24	01:22:14	02:21:38	25	03:00:09	43	00:27:16	00:27:41	00:28:53	01:23:49	24	04:27:49	
23	2313	Mike Verbeke	Sint Laureins	M30	BEL	00:29:16	34	01:01:55	01:25:00	02:26:54	71	03:00:13	44	00:28:05	00:28:08	00:28:28	01:24:41	26	04:28:02	
24	2373	Manuel Heilmann	Hausen	MU24	GER	00:28:58	33	00:58:47	01:21:06	02:19:52	19	02:52:43	12	00:29:16	00:32:16	00:31:40	01:33:11	125	04:28:34	
25	2134	Christian Dinraths	Dortmund	M25	GER	00:28:20	24	01:00:37	01:24:33	02:25:10	52	02:58:05	32	00:27:31	00:29:16	00:32:00	01:28:46	53	04:29:39	
26	2207	Kevin Schmelzer	Xanten	M25	GER	00:37:09	342	01:01:04	01:23:42	02:24:46	49	03:06:03	71	00:26:22	00:27:04	00:27:29	01:20:54	9	04:30:03	
27	2745	Guido Kwakkel	Zeewolde	M40	NED	00:28:48	30	01:01:06	01:23:49	02:24:55	50	02:57:11	27	00:29:08	00:29:53	00:30:19	01:29:19	60	04:30:16	
28	2317	Jerome Marechal	Stavelot	M30	BEL	00:32:27	99	00:59:50	01:22:03	02:21:53	27	02:59:36	41	00:29:12	00:29:32	00:29:14	01:27:57	44	04:30:29	
29	2864	Arie Nimberg	Zeist	M40	NED	00:31:41	81	01:00:45	01:22:43	02:23:28	39	02:59:04	40	00:28:17	00:29:23	00:30:18	01:27:57	45	04:30:34	
30	2106	Jonas Sørensen	Lejre	M25	DEN	00:25:54	5	01:02:37	01:25:53	02:28:30	87	02:57:39	28	00:30:24	00:30:12	00:30:28	01:31:02	80	04:31:30	
31	2081	Jim Doornbosch	Hellevoetsluis	MU24	NED	00:29:34	37	00:59:34	01:22:29	02:22:02	29	02:55:13	16	00:29:36	00:31:34	00:32:33	01:33:42	132	04:31:59	
32	2105	Brecht Reynders	Helchteren	M25	BEL	00:26:39	8	01:00:18	01:26:35	02:26:53	70	02:56:44	25	00:29:56	00:30:28	00:32:09	01:32:32	114	04:31:59	
33	2466	Ruben Beekmans	Amsterdam	M30	NED	00:32:14	94	01:01:10	01:24:54	02:26:04	59	03:01:25	49	00:28:28	00:29:19	00:29:42	01:27:29	42	04:32:18	
34	2348	Niklas Greeven	Dortmund	M30	GER	00:26:51	9	00:59:44	01:23:31	02:23:15	37	02:53:47	15	00:28:04	00:30:36	00:37:07	01:35:47	170	04:32:56	
35	2367	Roberto Fracca	Romano D'ezzolino	M30	ITA	00:28:30	27	01:01:04	01:23:24	02:24:27	44	02:56:30	22	00:28:30	00:29:59	00:35:19	01:33:48	133	04:33:04	
36	2707	Bart Becquart	Roeselare	M40	BEL	00:31:31	76	00:59:48	01:23:58	02:23:46	40	02:58:31	35	00:29:54	00:30:19	00:31:22	01:31:34	91	04:33:04	
37	2376	Jeroen Leuwerink	Eindhoven	M30	NED	00:26:03	6	00:58:54	01:23:55	02:22:49	35	02:52:27	11	00:29:57	00:33:05	00:35:11	01:38:13	219	04:33:43	
38	2534	Volker Voit	Bad Soden	M35	GER	00:35:01	215	00:57:41	01:19:31	02:17:11	10	02:58:31	36	00:30:27	00:30:52	00:30:04	01:31:22	83	04:34:20	
39	3228	Stefan Almeling	March	M50	GER	00:27:58	18	00:59:06	01:22:11	02:21:17	23	02:53:42	14	00:31:51	00:32:04	00:33:18	01:37:13	195	04:34:39	
40	2866	Thomas Stoll	Bremen	M40	GER	00:29:51	45	01:00:56	01:23:01	02:23:57	41	02:58:24	34	00:30:18	00:31:09	00:31:47	01:33:13	127	04:35:15	
41	2057	Yannis Hippe	Göttingen	MU24	GER	00:30:39	52	01:02:10	01:24:26	02:26:36	62	03:01:07	48	00:27:56	00:28:50	00:34:43	01:31:29	88	04:35:28	
42	2710	Tom Jansen	Lommel	M40	BEL	00:32:00	89	01:03:55	01:27:09	02:31:03	120	03:06:56	80	00:27:31	00:28:52	00:28:58	01:25:20	31	04:35:34	
43	2594	Wouter Viskil	Almere	M35	NED	00:33:04	124	01:01:18	01:25:02	02:26:19	60	03:03:21	59	00:28:57	00:29:44	00:30:12	01:28:52	54	04:35:38	
44	2334	Pierre Lafayedney	London	M30	GBR	00:32:28	100	01:03:35	01:23:39	02:27:14	76	03:03:09	57	00:28:37	00:29:39	00:31:18	01:29:32	63	04:35:40	
45	2447	Bart Elderenbosch	Weesp	M30	NED	00:30:10	47	01:00:04	01:21:57	02:22:00	28	02:56:53	26	00:31:55	00:32:17	00:31:56	01:36:06	178	04:36:31	
46	2584	Tim van Herk	Hoensbroek	M35	NED	00:35:04	223	01:03:10	01:27:47	02:30:57	118	03:10:14	120	00:25:55	00:26:48	00:30:14	01:22:56	19	04:36:43	
47	2175	Rutger Stottelaar	Haarlem	M25	NED	00:27:39	14	01:00:56	01:24:11	02:25:07	51	02:55:46	18	00:30:52	00:32:37	00:34:15	01:37:42	211	04:36:52	
48	2377	Waldo van Hemert	Son En Breugel	M30	NED	00:30:54	59	01:02:16	01:29:48	02:32:03	133	03:06:16	72	00:28:02	00:29:38	00:30:34	01:28:13	49	04:37:28	
49	2002	Chris Zimmermann	Wermelskirchen	M30	GER	00:33:20	131	01:01:14	01:26:38	02:27:51	82	03:04:52	64	00:28:17	00:29:38	00:31:38	01:29:32	62	04:37:33	
50	2612	Rob Martens	Velsen-noord	M35	NED	00:32:38	106	01:01:35	01:25:43	02:27:17	78	03:03:46	61	00:29:03	00:30:05	00:31:19	01:30:26	70	04:37:38	
51	2841	Dennis Heilbron	Grijpskerke	M40	NED	00:35:04	221	00:58:15	01:21:35	02:19:50	17	02:58:57	39	00:30:14	00:31:46	00:33:13	01:35:12	155	04:37:51	
52	2340	Sebastian Zielis	Zurich	M30	GER	00:32:32	102	01:03:57	01:26:50	02:30:46	115	03:08:01	96	00:28:42	00:28:30	00:28:23	01:25:35	35	04:38:04	
53	2154	Taeco Tol	Deventer	M25	NED	00:32:18	97	01:06:06	01:26:20	02:32:25	145	03:08:22	102	00:27:51	00:28:55	00:28:38	01:25:23	32	04:38:11	
54	2750	Jeroen Steen	Givisiez	M40	NED	00:41:37	701	01:01:10	01:24:34	02:25:44	56	03:11:13	130	00:27:35	00:28:16	00:28:51	01:24:41	27	04:38:41	
55	2815	Erik Doesburg	Lage Zwaluwe	M40	NED	00:31:24	75	01:03:08	01:24:04	02:27:12	75	03:02:39	54	00:30:11	00:31:13	00:31:25	01:32:48	119	04:38:50	
56	2072	Frank van der Burgt	Eindhoven	MU24	NED	00:31:18	70	01:03:52	01:29:49	02:33:41	168	03:09:02	108	00:28:06	00:28:48	00:29:41	01:26:35	39	04:39:02	
57	2133	Sören Schatz	Hannover	M25	GER	00:31:20	73	01:02:14	01:27:53	02:30:06	109	03:04:50	63	00:27:03	00:29:38	00:34:26	01:31:06	81	04:39:08	

58	2609	Jens Mouris	Goederdinge	M35	NED	00:37:56	401	00:59:05	01:16:21	02:15:26	6	02:58:44	38	00:30:43	00:31:55	00:34:21	01:36:58	192	04:39:15
59	3038	Jan Verbakel	Leiden	M45	NED	00:34:14	173	01:03:05	01:26:43	02:29:47	106	03:08:16	100	00:27:30	00:29:15	00:31:19	01:28:03	46	04:39:34
60	2391	Werner Wessels	Markelo	M30	NED	00:41:11	666	01:03:05	01:25:04	02:28:08	84	03:13:20	149	00:26:28	00:26:58	00:28:30	01:21:54	13	04:40:00
61	2669	Torbjørn Grimeland	Mathopen	M35	NOR	00:33:03	123	01:04:03	01:27:56	02:31:58	130	03:08:37	105	00:29:10	00:29:40	00:29:36	01:28:25	50	04:40:08
62	2645	Sjoerd Hermesen	Arnhem	M35	NED	00:36:38	319	01:00:08	01:23:14	02:23:21	38	03:04:53	66	00:28:21	00:31:45	00:32:07	01:32:13	103	04:40:24
63	2465	Roderick van Zuylen	Amsterdam	M30	NED	00:31:37	78	00:59:03	01:23:14	02:22:16	30	02:57:41	30	00:31:39	00:32:41	00:34:54	01:39:13	236	04:40:24
64	2428	Jurjen Boog	Utrecht	M30	NED	00:33:49	152	01:03:01	01:27:53	02:30:54	117	03:08:35	104	00:29:08	00:30:09	00:29:59	01:29:15	59	04:40:31
65	2160	Marijn Abbenhuijs	Delft	M25	NED	00:37:17	353	01:01:28	01:23:07	02:24:34	46	03:06:58	83	00:29:30	00:29:49	00:30:25	01:29:43	66	04:40:42
66	2555	Rainer Augustin	Schwarzenholz	M35	GER	00:35:01	214	01:02:45	01:28:44	02:31:28	125	03:12:20	137	00:26:48	00:28:14	00:29:54	01:24:54	29	04:40:57
67	4081	Katherine Renouf	London	W25	GBR	00:27:51	16	01:05:29	01:29:25	02:34:54	188	03:06:56	81	00:29:15	00:30:49	00:31:25	01:31:29	87	04:41:15
68	2061	Sebastian Reinhard	Würzburg	MU24	GER	00:27:38	13	01:04:04	01:30:36	02:34:39	185	03:06:54	79	00:28:42	00:29:55	00:32:49	01:31:25	84	04:41:29
69	2324	Lesley Brat	Borgerhout	M30	BEL	00:36:12	290	01:05:31	01:27:15	02:32:45	150	03:12:53	144	00:27:47	00:28:14	00:29:28	01:25:28	33	04:41:40
70	2544	Florian Zahn	Kassel	M35	GER	00:35:05	225	01:03:02	01:23:30	02:26:31	61	03:06:00	70	00:28:21	00:29:03	00:34:35	01:31:58	99	04:41:41
71	2195	Dennis van Hof	Waddinxveen	M25	NED	00:32:43	111	01:02:22	01:23:34	02:25:55	58	03:02:16	51	00:31:17	00:31:57	00:33:28	01:36:41	186	04:41:59
72	3020	Erwin Hoekstra	Beverwijk	M45	NED	00:33:53	154	01:02:29	01:26:55	02:29:24	98	03:07:25	87	00:28:52	00:30:39	00:31:57	01:31:27	85	04:42:01
73	2056	Claas Reckemeier	Aerzen	MU24	GER	00:31:12	67	01:04:48	01:29:01	02:33:49	172	03:08:28	103	00:29:15	00:29:58	00:31:02	01:30:15	69	04:42:10
74	2404	Patrick Dekkers	Nuland	M30	NED	00:40:46	625	01:00:00	01:21:10	02:21:10	22	03:06:43	75	00:30:31	00:29:30	00:30:53	01:30:54	78	04:42:12
75	2632	Juriaan Rijnbeek	Leiden	M35	NED	00:39:12	491	01:00:45	01:23:42	02:24:26	43	03:09:01	107	00:29:38	00:29:58	00:30:56	01:30:31	72	04:42:51
76	2782	Richard den Hollander	Hendrik Ido Ambacht	M40	NED	00:32:51	114	01:03:10	01:29:16	02:32:26	146	03:09:36	112	00:28:22	00:29:33	00:30:59	01:28:53	55	04:43:04
77	2630	Eelco Berkhout	Haarlem	M35	NED	00:36:08	280	00:58:56	01:22:32	02:21:27	24	03:02:59	55	00:30:56	00:32:06	00:33:15	01:36:16	181	04:43:06
78	2833	Joost Rooijmans	Bussum	M40	NED	00:37:19	356	01:01:22	01:23:18	02:24:39	48	03:06:43	76	00:30:57	00:30:40	00:31:37	01:33:12	126	04:43:27
79	2724	Andreas Roth	Weilerswust	M40	GER	00:34:55	207	01:01:50	01:25:38	02:27:27	79	03:06:54	78	00:30:30	00:30:42	00:31:19	01:32:30	112	04:43:27
80	2147	Michael Hübner	Utrecht	M25	GER	00:34:13	170	01:03:34	01:28:44	02:32:18	139	03:09:47	114	00:27:29	00:29:13	00:33:58	01:30:39	75	04:43:30
81	3323	Marc Schouten	Weesp	M50	NED	00:34:03	160	01:03:17	01:25:24	02:28:41	90	03:07:44	91	00:29:35	00:31:18	00:31:18	01:32:10	102	04:43:37
82	3033	Rohalt Bergsma	Lochem	M45	NED	00:31:13	68	01:03:44	01:28:17	02:32:01	131	03:07:44	92	00:29:49	00:30:22	00:31:24	01:31:34	92	04:43:53
83	3411	Thomas Geiger	Pressig	M55	GER	00:34:19	180	01:02:43	01:24:05	02:26:48	69	03:06:53	77	00:29:53	00:31:14	00:32:28	01:33:34	130	04:43:54
84	2431	Mark Koks	Baarle Nassau	M30	NED	00:32:34	104	01:00:59	01:26:09	02:27:07	73	03:04:57	67	00:30:31	00:30:00	00:34:08	01:34:39	145	04:44:02
85	2427	Melle Plat	Sneek	M30	NED	00:33:52	153	01:03:18	01:23:23	02:26:41	66	03:04:35	62	00:31:10	00:32:11	00:33:09	01:36:29	184	04:44:16
86	3011	Bart van Linder	Best	M45	NED	00:33:36	143	01:02:31	01:25:52	02:28:23	86	03:06:28	73	00:31:03	00:31:37	00:31:58	01:34:37	144	04:44:20
87	2167	Jarno Veldhoven	Rotterda	M25	NED	00:40:41	615	01:04:02	01:28:59	02:33:01	155	03:17:24	192	00:27:08	00:27:28	00:29:05	01:23:40	23	04:44:26
88	2613	Johan Zanten	De Lier	M35	NED	00:35:15	232	01:00:19	01:22:24	02:22:42	33	03:02:37	53	00:31:21	00:31:56	00:34:09	01:37:25	204	04:44:29
89	2970	Edwin Achterberg	Nuenen	M45	NED	00:37:06	341	01:01:10	01:25:28	02:26:38	63	03:08:21	101	00:31:03	00:31:15	00:29:51	01:32:08	101	04:44:33
90	3054	Leon Lankester	Naaldwijk	M45	NED	00:36:24	300	01:00:33	01:24:49	02:25:22	54	03:05:56	69	00:30:57	00:31:34	00:33:16	01:35:46	168	04:44:59
91	2502	Peter van den Langenbergh	Wommelgem	M35	BEL	00:37:47	385	01:00:55	01:23:36	02:24:30	45	03:06:41	74	00:30:16	00:31:21	00:32:16	01:33:51	135	04:45:22
92	3421	Nico Krijgsman	Krommenie	M55	NED	00:39:43	542	01:03:26	01:26:26	02:29:51	107	03:15:19	168	00:28:29	00:28:50	00:28:35	01:25:53	37	04:45:33
93	2978	Dennis van der Spoel	Hoofddorp	M45	NED	00:35:02	216	01:04:07	01:28:02	02:32:09	137	03:11:20	132	00:29:35	00:29:39	00:30:54	01:30:07	68	04:45:34
94	2055	Florian Drexler	Lohfelden	MU24	GER	00:28:15	22	01:02:31	01:24:41	02:27:11	74	02:58:11	33	00:29:58	00:34:06	00:40:58	01:45:00	371	04:45:56
95	2863	Frank Plamann	Berlin	M40	GER	00:33:42	149	01:03:25	01:32:12	02:35:36	200	03:14:15	159	00:28:10	00:29:40	00:30:17	01:28:06	47	04:46:14
96	2706	Tommy Reymen	Lommel	M40	BEL	00:39:19	502	01:00:11	01:22:13	02:22:23	31	03:07:17	86	00:31:25	00:31:59	00:32:27	01:35:50	171	04:46:27
97	2969	Mark Wilson	Vlaardingen	M45	NED	00:37:52	394	01:03:10	01:28:33	02:31:42	129	03:13:26	151	00:28:26	00:29:44	00:31:31	01:29:40	64	04:46:40
98	2746	Marcel van Wees	Weesp	M40	NED	00:36:14	291	01:02:01	01:25:52	02:27:53	83	03:08:12	99	00:31:31	00:31:25	00:32:30	01:35:25	160	04:46:41
99	2868	Jan Cools	Wuustwezel	M40	BEL	00:33:24	135	01:03:21	01:26:40	02:30:00	108	03:08:00	95	00:29:38	00:31:16	00:33:50	01:34:43	146	04:46:42
100	2757	Martin Kroes	Amsterdam	M40	NED	00:36:18	295	01:01:42	01:25:01	02:26:43	67	03:07:08	85	00:29:03	00:30:27	00:36:07	01:35:36	164	04:46:45
101	2464	Stefan Fischer	Stuttgart	M30	GER	00:37:20	361	01:02:18	01:25:00	02:27:17	77	03:10:10	119	00:30:36	00:30:46	00:31:08	01:32:30	111	04:47:00
102	2355	Tim Stephan	Kirchtimke	M30	GER	00:34:55	206	01:03:33	01:28:08	02:31:41	128	03:11:07	128	00:29:07	00:30:45	00:32:33	01:32:24	108	04:47:23
103	3346	Markus Bischof	Münster	M50	GER	00:33:27	139	01:03:59	01:28:43	02:32:41	149	03:12:05	136	00:30:32	00:31:00	00:31:11	01:32:42	117	04:47:33
104	3604	Gianni Malfait	Wevelgem	M35	BEL	00:30:48	57			02:24:18	42	02:59:43	42	00:32:39	00:35:32	00:36:44	01:44:55	367	04:48:09
105	2622	Casper Kwakkel	Zwolle	M35	NED	00:28:57	32	01:04:54	01:28:48	02:33:41	169	03:07:06	84	00:32:58	00:31:05	00:33:15	01:37:17	198	04:48:09
106	2079	Gijs Bergman	Nederhorst Den Berg	MU24	NED	00:30:45	54	01:04:16	01:29:15	02:33:30	162	03:08:07	98	00:29:05	00:30:58	00:36:15	01:36:18	182	04:48:13
107	4227	Anne Zijdeveld	Hendrik Ido Ambacht	W35	NED	00:30:58	62	01:07:53	01:30:35	02:38:28	267	03:13:32	152	00:29:47	00:30:16	00:31:28	01:31:30	90	04:48:24
108	2302	Geoffrey Vandebrouck	Guigoven	M30	BEL	00:36:29	304	01:02:43	01:28:38	02:31:21	124	03:12:32	142	00:29:16	00:30:37	00:33:09	01:33:02	123	04:48:24
109	2164	Jan Jonk	Geleen	M25	NED	00:31:19	71	01:02:01	01:25:41	02:27:42	80	03:02:31	52	00:33:15	00:33:22	00:35:33	01:42:09	294	04:48:28
110	2123	Ross Phelps	Green Hammerton	M25	GBR	00:41:06	660	00:56:09	01:17:32	02:13:41	3	03:00:33	46	00:31:20	00:35:13	00:37:39	01:44:10	355	04:48:28
111	2770	Jeroen Korstanje	Utrecht	M40	NED	00:27:45	15	01:05:31	01:31:11	02:36:42	230	03:08:02	97	00:31:46	00:32:41	00:32:49	01:37:16	196	04:48:49
112	2809	Rob Doornbos	Klazienaveen	M40	NED	00:34:23	184	01:04:23	01:30:12	02:34:34	183	03:13:24	150	00:28:50	00:31:41	00:31:33	01:32:03	100	04:48:55
113	2560	David Reinisch	Munich	M35	GER	00:32:09	92	01:05:15	01:32:05	02:37:19	246	03:15:38	171	00:29:16	00:29:13	00:30:16	01:28:44	52	04:49:04
114	2778	Frank van Roekel	Veenendaal	M40	NED	00:33:36	145	01:04:21	01:28:16	02:32:36	147	03:11:19	131	00:30:54	00:31:36	00:32:21	01:34:50	151	04:49:20
115	2082	Tim Bluhm	Kassel	MU24	GER	00:32:43	109	01:04:34	01:27:50	02:32:23	144	03:09:32	111	00:29:08	00:31:37	00:35:48	01:36:31	185	04:49:26
116	2579	Joey Ubachs	Weert	M35	NED														

119	2155	Roy Broere	Amsterdam	M25	NED	00:33:07	125	01:04:43	01:27:59	02:32:41	148	03:09:43	113	00:31:37	00:32:17	00:33:24	01:37:17	197	04:50:28
120	2111	Bram Hemelsoen	Diksmuide	M25	BEL	00:34:44	197	01:03:50	01:29:29	02:33:19	160	03:14:21	161	00:29:34	00:30:48	00:31:20	01:31:42	95	04:50:36
121	2729	Marco Hauptenthal	Eidsnes	M40	GER	00:36:10	284	01:02:44	01:24:03	02:26:47	68	03:07:46	93	00:33:12	00:33:02	00:32:40	01:38:53	227	04:50:36
122	2137	Marvin Müller	Scherneck	M25	GER	00:39:39	535	01:05:31	01:29:08	02:34:38	184	03:18:35	205	00:30:00	00:29:42	00:29:22	01:29:03	56	04:50:54
123	2992	Dennis van de Worp	Maasland	M45	NED	00:31:34	77	01:02:39	01:27:01	02:29:39	104	03:04:53	65	00:32:20	00:34:25	00:35:58	01:42:42	313	04:51:01
124	2351	Rafael Lorenz	Neukirchen	M30	GER	00:39:25	514	01:01:52	01:27:36	02:29:27	100	03:13:18	148	00:30:51	00:31:03	00:30:50	01:32:44	118	04:51:01
125	2919	Frank Rasmussen	Horsens	M45	DEN	00:37:20	359	01:05:39	01:29:03	02:34:42	186	03:17:36	193	00:30:01	00:29:32	00:29:33	01:29:06	57	04:51:42
126	2921	Fernando Aleman Moreno	Granada	M45	ESP	00:33:31	142	01:07:54	01:30:01	02:37:54	260	03:16:26	178	00:29:00	00:30:01	00:31:30	01:30:30	71	04:51:52
127	2001	Christopher Barnett	Stourbridge	M25	GBR	00:36:37	317	01:06:10	01:31:13	02:37:22	247	03:18:48	209	00:29:12	00:30:12	00:30:19	01:29:42	65	04:51:59
128	2574	Erwin Koens	Rotterdam	M35	NED	00:36:09	282	01:02:57	01:26:32	02:29:29	102	03:09:54	116	00:28:58	00:31:14	00:36:33	01:36:43	187	04:52:15
129	2653	Dennis van der Kleij	Delfgauw	M35	NED	00:37:31	373	01:05:42	01:27:57	02:33:38	164	03:16:03	175	00:30:30	00:30:33	00:31:19	01:32:20	105	04:52:16
130	4066	Henrike Güber	Neufahrn	W25	GER	00:37:56	399	01:05:33	01:31:01	02:36:34	227	03:18:26	201	00:28:42	00:30:01	00:31:57	01:30:39	74	04:52:19
131	4230	Marjan Andringa	Marrum	W35	NED	00:37:11	347	01:04:46	01:31:10	02:35:56	209	03:17:17	189	00:29:56	00:30:33	00:30:59	01:31:27	86	04:52:31
132	2547	Lars Wolber	Stuhr	M35	GER	00:39:03	481	01:04:53	01:29:25	02:34:17	176	03:17:53	198	00:29:12	00:30:19	00:31:32	01:31:02	79	04:52:40
133	2905	Jean-Paul van Looy	Deurne (antwerpen)	M45	BEL	00:36:56	334	01:02:17	01:27:06	02:29:23	97	03:14:02	156	00:30:19	00:31:38	00:33:07	01:35:03	152	04:52:54
134	3516	Peter Vocking	Amerongen	M50	NED	00:34:15	175	01:02:55	01:27:31	02:30:26	113	03:08:49	106	00:31:14	00:33:45	00:35:02	01:40:01	250	04:52:56
135	3127	Wouter Berendsen	Amersfoort	M45	NED	00:36:33	312	01:01:57	01:28:55	02:30:52	116	03:11:58	134	00:32:12	00:32:17	00:32:53	01:37:22	201	04:52:59
136	2763	Ruben Loman	Rotterdam	M40	NED	00:35:39	246	01:03:26	01:25:51	02:29:17	95	03:10:35	122	00:31:50	00:32:41	00:33:47	01:38:17	220	04:53:06
137	2200	Joey van de Beek	Nijkerk Gld	M25	NED	00:40:24	596	01:05:20	01:29:24	02:34:43	187	03:21:17	256	00:28:43	00:29:21	00:30:40	01:28:43	51	04:53:35
138	3415	Dirk Bungarz	Neuss	M55	GER	00:32:40	108	01:05:40	01:31:51	02:37:30	252	03:15:56	174	00:30:33	00:31:11	00:32:26	01:34:10	139	04:53:36
139	2529	Hugh Pascoe	Neath	M35	GBR	00:32:44	112	01:04:32	01:29:49	02:34:21	177	03:12:23	138	00:30:50	00:32:12	00:34:36	01:37:38	208	04:53:42
140	3219	Stephan Feldmann	Gladbeck	M50	GER	00:34:24	185	01:04:54	01:30:48	02:35:41	202	03:15:13	166	00:30:15	00:31:30	00:32:17	01:34:01	137	04:53:51
141	2371	Michael Rippens	Zwaag	M30	NED	00:37:45	380	01:08:59	01:30:29	02:39:28	287	03:21:19	258	00:28:42	00:29:36	00:30:53	01:29:10	58	04:54:04
142	2339	Tobias Prinz	Hagen	M30	GER	00:42:55	791	01:06:03	01:32:15	02:38:17	265	03:26:35	356	00:26:55	00:27:42	00:28:48	01:23:25	22	04:54:29
143	2794	Sander van Eggelen	Berghem	M40	NED	00:35:52	259	01:03:43	01:29:03	02:32:45	151	03:13:08	146	00:31:54	00:31:46	00:33:25	01:37:04	193	04:54:32
144	2325	Fernando Concha	Xanten	M30	ESP	00:33:39	147	01:01:22	01:50:27	02:51:48	636	03:29:35	402	00:26:35	00:27:00	00:27:51	01:21:24	11	04:54:36
145	2347	Lothar Bitz	Münster	M30	GER	00:41:36	699	01:02:16	01:26:25	02:28:41	89	03:15:14	167	00:30:26	00:31:38	00:32:46	01:34:50	150	04:54:43
146	2451	Tim Verschoor	Uden	M30	NED	00:29:35	38	01:06:18	01:31:09	02:37:26	250	03:10:09	118	00:33:40	00:33:05	00:33:55	01:40:40	267	04:54:46
147	2683	Marcus Raatz	Engelskirchen	M35	PAN	00:38:19	421	01:04:41	01:28:15	02:32:56	154	03:15:48	173	00:29:29	00:31:58	00:34:21	01:35:47	169	04:55:48
148	2448	Melvin Keppel	Utrecht	M30	NED	00:37:30	372	01:02:44	01:25:04	02:27:47	81	03:10:47	124	00:33:09	00:33:22	00:35:05	01:41:35	285	04:55:52
149	2209	William van der Staaij	Hendrik-ido-ambacht	M25	NED	00:36:52	331	00:59:18	01:23:06	02:22:24	32	03:03:17	58	00:34:13	00:36:05	00:38:52	01:49:10	484	04:55:53
150	2143	Alexander Feldhaus	Würzburg	M25	GER	00:28:09	19			02:34:04	175	03:06:58	82	00:32:20	00:34:15	00:37:54	01:44:28	359	04:56:05
151	3259	Wouter Zondervan	Amersfoort	M50	NED	00:31:23	74	01:07:28	01:36:09	02:43:37	398	03:19:40	228	00:29:42	00:30:21	00:31:45	01:31:47	97	04:56:12
152	2803	Gijs van der Zijden	Almere	M40	NED	00:34:36	193	01:02:36	01:25:41	02:28:16	85	03:07:30	89	00:34:37	00:35:17	00:35:31	01:45:25	382	04:56:15
153	2816	Koen Hartemink	Abcoude	M40	NED	00:39:44	545	01:04:37	01:27:31	02:32:08	135	03:16:19	177	00:31:54	00:31:30	00:31:55	01:35:19	158	04:56:28
154	2142	Timm Ulrichsen	Bremen	M25	GER	00:34:13	172	01:01:25	01:28:01	02:29:25	99	03:07:29	88	00:33:05	00:36:45	00:35:05	01:44:54	366	04:56:35
155	4117	Janien Lubben	Emmen	W30	NED	00:37:10	345	01:04:23	01:29:19	02:33:42	170	03:15:39	172	00:31:26	00:32:24	00:33:31	01:37:20	199	04:56:36
156	3017	Stefan Vogel	Zoetermeer	M45	NED	00:32:13	93	01:06:06	01:29:50	02:35:55	208	03:12:30	141	00:33:27	00:33:18	00:34:22	01:41:06	272	04:56:55
157	2131	Franz Bayer	Göttingen	M25	GER	00:30:58	61	01:29:46	01:25:24	02:55:10	719	03:29:38	403	00:27:19	00:28:22	00:28:53	01:24:32	25	04:56:56
158	3031	Frank van de Werff	Hoofddorp	M45	NED	00:33:17	128	01:03:45	01:28:22	02:32:06	134	03:09:50	115	00:33:03	00:34:32	00:35:41	01:43:15	328	04:56:59
159	2536	Dominik Herold	Oberursel	M35	GER	00:30:36	51	01:09:08	01:36:08	02:45:16	437	03:21:25	259	00:29:25	00:30:54	00:32:13	01:32:32	113	04:57:21
160	2716	Christophe Perrin	Abcoude	M40	FRA	00:35:15	231	01:06:59	01:30:39	02:37:38	257	03:17:45	196	00:30:49	00:32:12	00:32:04	01:35:04	153	04:57:26
161	2902	Vincent Cottem	Outrijve	M45	BEL	00:33:45	150	01:07:38	01:32:12	02:39:50	294	03:18:52	212	00:30:58	00:31:19	00:32:51	01:35:07	154	04:57:33
162	2174	Alexander Spoelstra	Rotterdam	M25	NED	00:38:03	409	01:07:45	01:31:41	02:39:26	286	03:22:09	273	00:29:44	00:29:31	00:33:11	01:32:26	109	04:57:44
163	2501	Christian Cuneo	Amsterdam	M35	AUS	00:38:29	439	01:02:09	01:26:33	02:28:41	91	03:12:26	140	00:32:37	00:33:31	00:34:25	01:40:32	265	04:57:46
164	2159	Floris Peer	Amsterdam	M25	NED	00:35:46	255	01:02:14	01:28:07	02:30:20	110	03:11:09	129	00:32:22	00:33:27	00:36:56	01:42:44	316	04:57:48
165	3510	Axel Betschinski	Siegburg	M35	GER	00:39:32	522	01:06:31	01:31:35	02:38:05	264	03:23:23	300	00:29:33	00:30:02	00:30:10	01:29:44	67	04:57:50
166	2312	Steven Vuylsteke	Laakdal	M30	BEL	00:34:19	176	01:05:24	01:33:22	02:38:45	275	03:17:21	190	00:30:42	00:31:50	00:33:10	01:35:41	166	04:57:52
167	2577	Erik Jan Everts	Zwolle	M35	NED	00:35:55	265	01:04:36	01:27:26	02:32:01	132	03:12:04	135	00:31:55	00:33:21	00:37:26	01:42:41	311	04:58:08
168	2705	Bert Desmet	Waregem	M40	BEL	00:39:22	509	01:06:00	01:29:05	02:35:04	189	03:20:05	236	00:30:31	00:31:16	00:32:32	01:34:18	142	04:58:17
169	2677	Sam Buchli	Berm	M35	SUI	00:38:00	404	01:05:00	01:31:18	02:36:18	219	03:19:40	229	00:30:13	00:31:09	00:31:00	01:32:21	106	04:58:19
170	2349	Lukas Lüdecke	Bremen	M30	GER	00:33:36	144	01:05:09	01:31:31	02:36:40	229	03:14:50	164	00:31:54	00:32:53	00:35:17	01:40:03	251	04:58:36
171	3449	Hans van Langen	Den Haag	M55	NED	00:35:48	256	01:04:16	01:30:07	02:34:22	179	03:13:37	153	00:32:41	00:34:22	00:35:19	01:42:22	304	04:58:57
172	2914	Cédric Leneau	Linsmeau	M45	BEL	00:36:30	307	01:05:01	01:30:57	02:35:58	211	03:18:27	202	00:31:01	00:31:31	00:33:10	01:35:41	167	04:58:58
173	2141	Andre Oellrich	Bremen	M25	GER	00:34:29	188	01:04:43	01:31:31	02:36:13	217	03:14:48	163	00:32:45	00:33:13	00:35:26	01:41:24	280	04:59:20
174	2904	Bart Serroyen	Lommel	M45	BEL	00:37:20	358	01:06:05	01:30:53	02:36:57	237	03:20:49	249	00:29:43	00:31:39	00:33:15	01:34:35	143	04:59:29
175	2385	Maarten Borsten	Baarn	M30	NED	00:33:38	146	01:03:34	01:28:03	02:31:37	127	03:10:15	121	00:35:12	00:35:36	00:35:33	01:46:20	413	04:59:34
176	2176	Robert Schuur	Utrecht	M25	NED	00:30:31	50	01:08:44	01:34:45	02:43:28	391	03:19:44	231	00:29:38	00:31:16	00:34:57	01:35:50	172	04:59:47
177	30																		

178	2701	Matt Kelly	Wassenaar	M40	AUS	00:32:56	118	01:06:15	01:31:47	02:38:02	262	03:15:23	169	00:33:07	00:34:08	00:33:54	01:41:08	273	04:59:54
179	2117	Victor Doblas Diaz	Terrassa	M25	ESP	00:44:06	873	01:05:20	01:33:42	02:39:01	281	03:29:16	395	00:27:23	00:28:32	00:30:18	01:26:12	38	04:59:54
180	2602	Ivar Koster	Almere	M35	NED	00:36:37	318	01:03:20	01:26:08	02:29:27	101	03:10:49	125	00:33:14	00:34:43	00:36:20	01:44:15	356	04:59:55
181	2784	Hans Doolaar	Vlissingen	M40	NED	00:44:29	900	01:03:18	01:27:58	02:31:16	123	03:22:41	282	00:30:22	00:31:05	00:31:26	01:32:52	121	05:00:04
182	2513	Sammy Schotte	Menen	M35	BEL	00:35:43	250	01:07:07	01:33:52	02:40:59	332	03:21:54	269	00:30:39	00:31:55	00:32:10	01:34:43	147	05:00:15
183	2064	Girbaud Bastiaans	Amsterdam	MU24	NED	00:34:22	181	01:08:26	01:33:36	02:42:02	353	03:20:58	250	00:33:01	00:31:37	00:31:23	01:36:01	174	05:00:38
184	2546	Tim Rautenstrauch	Isselburg	M35	GER	00:39:21	508	01:02:55	01:26:26	02:29:21	96	03:12:24	139	00:33:32	00:35:03	00:36:30	01:45:04	372	05:00:58
185	2655	Anne de Jong	Drachten	M35	NED	00:36:04	273	01:05:08	01:30:18	02:35:25	197	03:16:42	181	00:31:00	00:33:50	00:35:30	01:40:19	257	05:01:02
186	2937	Stephan Franken	Emden	M45	GER	00:39:35	528	01:05:26	01:31:59	02:37:25	248	03:23:47	308	00:29:55	00:30:54	00:32:35	01:33:23	128	05:01:16
187	2318	Kjell Haest	Wortel	M30	BEL	00:39:57	564	01:05:44	01:31:28	02:37:11	242	03:23:06	292	00:29:17	00:30:58	00:33:58	01:34:13	140	05:01:17
188	3258	Willibrord Vos	Hilversum	M50	NED	00:35:46	253	01:07:28	01:31:17	02:38:44	274	03:18:57	215	00:31:39	00:32:45	00:34:24	01:38:46	224	05:01:27
189	2344	David C. Thömmes	Zweibrücken	M30	GER	00:37:48	386	01:02:03	01:27:40	02:29:43	105	03:13:04	145	00:34:06	00:34:06	00:35:58	01:44:09	352	05:01:29
190	3244	Waldo Duin	Tiel	M50	NED	00:32:58	120	01:04:02	01:28:59	02:33:01	156	03:10:58	126	00:35:16	00:35:36	00:34:56	01:45:47	395	05:01:30
191	2636	Bas Veldhuis	Amsterdam	M35	NED	00:30:46	55	01:09:14	01:41:54	02:51:08	612	03:25:51	345	00:29:51	00:30:15	00:31:32	01:31:37	94	05:01:33
192	2923	Bora Ekmekci	Munich	M35	GER	00:38:56	472	01:07:54	01:33:06	02:41:00	333	03:23:43	307	00:29:49	00:31:19	00:33:09	01:34:15	141	05:01:39
193	3527	Willy Hatlevoll	Oslo	M60	NOR	00:41:08	663	01:04:06	01:29:09	02:33:15	159	03:18:45	208	00:31:52	00:33:03	00:34:57	01:39:27	239	05:02:14
194	2531	Ian Morgan	Swansea	M35	GBR	00:31:19	72	01:04:27	01:29:55	02:34:22	178	03:12:42	143	00:30:14	00:36:36	00:38:33	01:45:46	394	05:02:21
195	2537	Anatolij Schulan	Ermke	M35	GER	00:35:11	229	01:04:08	01:28:01	02:32:09	136	03:13:48	155	00:32:20	00:34:41	00:38:10	01:45:10	376	05:02:23
196	2163	Beau Visser	Almere	M25	NED	00:34:07	163	01:09:31	01:35:36	02:45:07	432	03:23:17	296	00:30:48	00:31:47	00:32:49	01:35:24	159	05:02:27
197	4237	Nelleke Baldé	Grijskerke	W35	NED	00:39:38	534	01:04:33	01:31:37	02:36:09	215	03:19:03	216	00:33:14	00:32:37	00:34:21	01:40:11	255	05:02:45
198	2719	Ian Butler	Amsterdam	M40	GBR	00:34:13	171	01:05:48	01:31:55	02:37:43	258	03:17:04	186	00:31:50	00:33:21	00:35:27	01:40:38	266	05:02:48
199	3115	Robert Sikora	Frankfurt Am Main	M45	POL	00:35:04	222	01:08:25	01:34:03	02:42:28	362	03:23:54	314	00:30:40	00:31:08	00:31:55	01:33:42	131	05:02:56
200	2384	Richard van Wissen	Geffen	M30	NED	00:34:43	196	01:12:12	01:42:05	02:54:17	696	03:36:26	568	00:26:38	00:27:50	00:28:29	01:22:57	20	05:03:13
201	2382	Rob Gosselink	Utrecht	M30	NED	00:35:32	241	01:01:07	01:28:08	02:29:15	94	03:09:30	110	00:34:14	00:36:38	00:39:11	01:50:03	499	05:03:39
202	3209	Peter Wouters	Lommel	M50	BEL	00:32:53	116	01:07:46	01:31:24	02:39:09	284	03:17:38	194	00:33:56	00:33:46	00:33:58	01:41:38	286	05:03:45
203	3225	Stephan Kauert	Aachen	M50	GER	00:37:52	393	01:07:26	01:35:35	02:43:00	375	03:27:15	363	00:29:47	00:30:23	00:31:27	01:31:36	93	05:03:50
204	2709	Patrick Damen	Meer	M40	BEL	00:39:14	497	01:06:18	01:28:58	02:35:15	190	03:18:51	211	00:32:02	00:32:29	00:35:50	01:40:20	258	05:03:55
205	2753	Daf Dubbelman	Luxembourg	M40	NED	00:46:19	1011	01:05:12	01:28:51	02:34:02	174	03:27:28	366	00:30:04	00:30:37	00:31:08	01:31:48	98	05:04:04
206	3092	Henk Hans Vermeulen	Roden	M45	NED	00:46:37	1026	01:01:50	01:26:46	02:28:36	88	03:19:03	217	00:32:16	00:33:45	00:35:55	01:41:55	291	05:04:18
207	3274	Johan Ulijn	Oss	M50	NED	00:36:05	275	01:04:43	01:31:30	02:36:12	216	03:17:04	187	00:32:54	00:33:53	00:37:24	01:44:09	354	05:04:38
208	3069	Rick van der Weerd	Vlaardingen	M45	NED	00:28:43	29	01:07:17	01:34:52	02:42:09	357	03:16:28	179	00:34:32	00:33:49	00:34:24	01:42:44	315	05:04:46
209	2307	Sven Goossens	Putte	M30	BEL	00:36:35	313	01:07:05	01:31:17	02:38:22	266	03:18:53	213	00:32:16	00:33:52	00:36:03	01:42:10	295	05:04:49
210	4002	Kritel Imbo	Wemmel	WU24	BEL	00:33:22	133	01:08:57	01:34:51	02:43:47	402	03:20:45	246	00:30:06	00:33:38	00:36:34	01:40:18	256	05:04:54
211	2101	Martijn Vreys	Rotterdam	M25	BEL	00:38:07	412	01:07:52	01:32:46	02:40:37	320	03:22:34	280	00:32:00	00:32:27	00:33:26	01:37:51	213	05:04:55
212	2798	Jos Willems	Lommel	M40	NED	00:37:29	371	01:07:05	01:30:02	02:37:06	240	03:20:28	242	00:32:13	00:32:17	00:35:19	01:39:48	249	05:05:06
213	2112	Stijn Lannoye	Lo-reninge	M25	BEL	00:35:43	249	01:07:39	01:33:14	02:40:52	326	03:21:54	268	00:32:30	00:32:51	00:33:47	01:39:08	235	05:05:16
214	3453	Peter Simons	Beek En Donk	M55	NED	00:32:53	115	01:08:15	01:32:43	02:40:57	330	03:19:28	226	00:33:20	00:33:15	00:33:53	01:40:27	262	05:05:17
215	4101	Deborah Ghyselen	Menen	W30	BEL	00:36:46	328	01:05:32	01:33:16	02:38:47	276	03:20:30	244	00:32:06	00:33:37	00:35:35	01:41:18	278	05:05:22
216	2065	Matthias van Beek	Maastricht	MU24	NED	00:38:55	470	01:04:25	01:28:44	02:33:09	158	03:19:24	224	00:31:59	00:33:22	00:36:13	01:41:33	284	05:05:26
217	2341	Kristina Roth	Weilerswist	W30	GER	00:39:24	512	01:05:56	01:30:07	02:36:02	212	03:21:14	255	00:31:52	00:33:57	00:34:42	01:40:30	264	05:05:35
218	2073	Nick Rekers	Woerden	MU24	NED	00:34:53	203	01:07:45	01:30:53	02:38:38	272	03:17:15	188	00:31:42	00:34:43	00:38:55	01:45:19	378	05:05:53
219	2172	Olmo de Fouw	Eindhoven	M25	NED	00:35:31	240	01:04:12	01:31:09	02:35:20	192	03:14:50	165	00:32:43	00:35:54	00:39:13	01:47:48	448	05:05:54
220	2582	Bram Bosveld	Alphen Aan Den Rijn	M35	NED	00:40:50	633	01:05:16	01:30:50	02:36:05	213	03:22:57	288	00:31:28	00:32:36	00:34:25	01:38:28	222	05:05:56
221	2906	Mirco van Driessche	Wuustwezel	M45	BEL	00:38:18	420	01:06:08	01:30:19	02:36:27	225	03:19:21	223	00:31:59	00:33:50	00:34:40	01:40:29	263	05:06:00
222	2545	Bernd Eick	Vechta	M35	GER	00:36:11	288	01:04:00	01:29:47	02:33:47	171	03:15:37	170	00:31:47	00:35:07	00:40:08	01:47:00	428	05:06:04
223	2942	Stavro Petri	Wuppertal	M45	GER	00:34:12	168	01:09:30	01:34:01	02:43:31	394	03:24:11	320	00:31:53	00:32:34	00:33:16	01:37:42	210	05:06:07
224	2741	Marco Sorgente	Salerno	M40	ITA	00:36:40	324	01:05:13	01:32:03	02:37:16	245	03:21:26	261	00:32:09	00:32:38	00:33:47	01:38:32	223	05:06:09
225	2052	Alessandro Mastragostino	Koksijde	MU24	BEL	00:38:01	405	01:14:58	01:31:47	02:46:45	477	03:30:09	418	00:30:31	00:30:28	00:31:15	01:32:13	104	05:06:12
226	2113	Vincent Goletti	Kraainem	M25	BEL	00:37:29	368	01:14:13	01:38:57	02:53:10	663	03:34:44	525	00:29:09	00:28:25	00:30:12	01:27:45	43	05:06:19
227	3292	Willem de Vries	Haarlem	M50	NED	00:39:21	507	01:05:20	01:32:14	02:37:34	254	03:22:08	272	00:32:03	00:32:49	00:34:42	01:39:33	241	05:06:22
228	3260	Marc de Rooy	Lelystad	M50	NED	00:42:20	747	01:03:34	01:26:51	02:30:24	112	03:18:29	203	00:32:39	00:34:11	00:35:52	01:42:42	312	05:06:27
229	2727	Thomas Hartmann	Gelnhausen	M40	GER	00:34:53	204	01:05:50	01:33:04	02:38:53	278	03:20:06	237	00:33:36	00:32:58	00:36:09	01:42:43	314	05:06:30
230	3221	Sven Obenbrink	Bückeburg	M50	GER	00:43:04	798	01:02:13	01:28:11	02:30:23	111	03:18:07	199	00:32:51	00:34:22	00:36:12	01:43:24	336	05:06:36
231	2306	Fries Carton	Amstelveen	M30	BEL	00:34:57	210	01:09:08	01:32:26	02:41:34	347	03:22:36	281	00:31:45	00:32:55	00:34:55	01:39:34	242	05:06:41
232	3457	Pieter Iedema	Amsterdam	M55	NED	00:40:55	639	01:06:20	01:34:12	02:40:31	317	03:25:27	339	00:31:43	00:32:04	00:33:01	01:36:47	188	05:06:46
233	2684	Daniel Welsch	Berlin	M35	GER	00:34:59	212	01:08:57	01:35:05	02:44:02	406	03:24:59	331	00:32:22	00:31:24	00:33:08	01:36:54	191	05:06:49
234	2564	Antoine van Brummelen	Eibergen	M35	NED	00:37:28	367	00:57:32	01:25:18	02:22:50	36	03:05:19	68	00:34:13	00:38:38	00:45:21	01:58:11	715	05:06:54
235	4312	Lene Grøndal Mortensen	Horsens	W40	DEN	00:29:41	42	01:10:01	01:34:55	02:44:55	428	03:19:42	230	00:34:22	00:34:04	00:34:30	01:42:55	321	05:07:31
236	2781																		

242	3052	Gerrit Alkema	Harderwijk	M45	NED	00:43:17	810	01:07:19	01:33:05	02:40:24	311	03:30:10	419	00:30:23	00:30:47	00:31:31	01:32:40	115	05:07:59
243	2670	Espen Skaufel	Oslo	M35	NOR	00:41:35	696	01:09:29	01:36:45	02:46:14	464	03:33:34	501	00:29:47	00:30:08	00:30:37	01:30:31	73	05:08:01
244	2140	Dean Hagedorn	Dortmund	M25	GER	00:41:45	706	01:10:35	01:34:53	02:45:27	445	03:34:49	529	00:28:43	00:29:06	00:31:44	01:29:32	61	05:08:01
245	3097	Peter Keegstra	Bussum	M45	NED	00:32:59	121	01:04:35	01:26:58	02:31:32	126	03:07:51	94	00:35:47	00:38:45	00:42:16	01:56:47	676	05:08:06
246	2711	Merijn Moreel	Sint-andries	M40	BEL	00:34:54	205	01:06:43	01:34:39	02:41:22	342	03:21:41	266	00:30:02	00:33:34	00:37:39	01:41:14	277	05:08:07
247	2968	Jurgen Segers	Veldhoven	M45	NED	00:48:41	1109	01:02:47	01:29:31	02:32:17	138	03:28:22	382	00:30:27	00:31:53	00:32:25	01:34:44	148	05:08:30
248	2171	Pascal Visser	Amsterdam	M25	NED	00:43:19	811	01:07:17	01:36:01	02:43:18	385	03:33:26	496	00:30:04	00:29:20	00:31:30	01:30:53	77	05:08:33
249	4401	Elly Verhoeven	Lommel	W45	BEL	00:37:15	351	01:09:42	01:35:34	02:45:15	436	03:27:55	371	00:31:01	00:32:04	00:33:48	01:36:52	190	05:08:41
250	3223	Karsten herr Plehn	Braunschweig	M50	GER	00:40:55	640	01:05:40	01:31:13	02:36:52	233	03:23:14	295	00:32:13	00:33:48	00:34:06	01:40:06	252	05:08:56
251	3063	Hanco Adriaanse	Aagtekerke	M45	NED	00:41:23	686	01:07:07	01:32:30	02:39:36	290	03:26:24	353	00:31:57	00:32:28	00:33:33	01:37:57	215	05:09:00
252	2177	Jesse van der Zande	Heemskerk	M25	NED	00:36:10	283	01:10:20	01:34:08	02:44:27	423	03:25:34	341	00:31:19	00:32:07	00:35:42	01:39:07	233	05:09:01
253	4068	Rosanne de Boer	Amsterdam	W25	NED	00:30:47	56	01:08:25	01:35:13	02:43:37	397	03:18:57	214	00:35:17	00:34:55	00:35:58	01:46:10	406	05:09:07
254	4219	Hanneke Boon	Renkum	W35	NED	00:36:01	272	01:07:11	01:33:04	02:40:14	306	03:21:05	252	00:33:52	00:34:22	00:35:42	01:43:55	344	05:09:09
255	4105	Anne-Katrin Reinl	Wülfrath	W30	GER	00:39:19	501	01:07:07	01:35:25	02:42:32	363	03:26:39	357	00:31:25	00:32:50	00:34:34	01:38:48	225	05:09:14
256	2734	Raik Hellwig	Dreenkrögen	M40	GER	00:41:22	682	01:05:39	01:30:36	02:36:15	218	03:24:24	327	00:30:31	00:33:24	00:35:32	01:39:26	238	05:09:16
257	2388	Melvin Streefkerk	Amsterdam	M30	NED	00:31:41	80	01:02:52	01:28:11	02:31:02	119	03:09:56	117	00:36:23	00:38:18	00:40:25	01:55:05	628	05:09:21
258	3262	Jan-Peter Riksmann	Breda	M50	NED	00:29:18	35	01:01:55	01:25:08	02:27:02	72	03:00:35	47	00:37:05	00:41:56	00:45:14	02:04:14	857	05:09:36
259	2419	Bart Andre	Enkhuizen	M30	NED	00:35:58	268	01:10:48	01:37:18	02:48:05	509	03:30:21	421	00:29:42	00:30:25	00:35:10	01:35:16	156	05:09:36
260	2398	Wikash Chedi	Rotterdam	M30	NED	00:43:48	854	01:10:40	01:38:55	02:49:34	553	03:42:40	696	00:26:45	00:27:06	00:28:19	01:22:10	14	05:09:39
261	2528	Paul Martin	Warmond	M35	GBR	00:36:18	294	01:04:54	01:32:22	02:37:15	244	03:18:40	207	00:33:59	00:34:33	00:38:07	01:46:37	422	05:09:40
262	4302	Barbara de Busschere	Wevelgem	W40	BEL	00:28:16	23	01:08:46	01:35:18	02:44:03	407	03:16:29	180	00:35:51	00:36:02	00:37:37	01:49:29	489	05:09:45
263	2425	Tim Imminga	Utrecht	M30	NED	00:41:18	676	01:05:30	01:30:25	02:35:54	207	03:22:56	287	00:32:27	00:36:01	00:34:07	01:42:35	308	05:09:49
264	2069	Thomas Bennis	Almere	MU24	NED	00:30:09	46	01:13:01	01:45:38	02:58:39	811	03:32:43	481	00:28:35	00:32:10	00:34:04	01:34:48	149	05:10:16
265	3010	Tom Engel	Almere	M45	NED	00:37:45	381	01:06:03	01:30:16	02:36:19	220	03:19:04	218	00:33:23	00:35:08	00:38:34	01:47:04	431	05:10:19
266	4008	Charlotte Dieteren	Utrecht	W25	NED	00:40:24	595	01:06:27	01:32:54	02:39:21	285	03:23:38	304	00:33:14	00:34:15	00:34:50	01:42:18	299	05:10:26
267	4602	Melanie Lüdorf	Wuppertal	W30	GER	00:33:57	156	01:08:13	01:35:33	02:43:46	401	03:24:18	325	00:33:21	00:33:56	00:34:57	01:42:13	296	05:10:33
268	2182	Sam Feringa	Groningen	M25	NED	00:39:12	492	01:03:30	01:32:09	02:35:39	201	03:19:09	220	00:33:46	00:35:33	00:38:26	01:47:44	443	05:10:38
269	2981	Roelof Salomons	Leiden	M45	NED	00:42:19	744	01:09:07	01:33:44	02:42:51	372	03:29:48	407	00:31:29	00:32:07	00:32:50	01:36:26	183	05:10:39
270	3431	Bert Vrieze	Zelhem	M55	NED	00:38:32	442	01:05:32	01:32:04	02:37:35	256	03:22:54	286	00:33:34	00:34:29	00:35:35	01:43:36	339	05:10:52
271	2723	Guido Pütz	Lingen	M40	GER	00:40:58	645	01:04:43	01:30:40	02:35:22	194	03:24:03	318	00:32:42	00:33:48	00:35:36	01:42:05	293	05:10:54
272	4426	Koen Gaudaen	Grimbergen	M40	BEL	00:37:10	346	01:10:06	01:36:49	02:46:54	483	03:30:07	415	00:31:05	00:32:03	00:33:05	01:36:12	180	05:11:10
273	2783	Remi Boshuizen	Amsterdam	M40	NED	00:42:40	769	01:08:48	01:32:14	02:41:02	336	03:30:08	417	00:30:24	00:31:43	00:34:02	01:36:08	179	05:11:11
274	4079	Cynthia Zetz	Almere	W25	NED	00:37:32	374	01:10:01	01:34:22	02:44:23	421	03:25:57	347	00:32:37	00:34:00	00:35:46	01:42:22	303	05:11:16
275	2767	Jeroen Giezen	Loo	M40	NED	00:44:25	894	01:03:13	01:45:02	02:48:15	513	03:39:11	632	00:27:35	00:28:55	00:30:39	01:27:08	41	05:11:19
276	2387	Wilbert de Veer	Lith	M30	NED	00:36:39	321	01:09:53	01:36:23	02:46:16	467	03:28:29	383	00:31:26	00:32:37	00:33:19	01:37:22	202	05:11:28
277	2631	Peter van der Knokke	Beek	M35	NED	00:46:14	1007	01:04:30	01:30:03	02:34:32	181	03:26:16	350	00:32:27	00:34:02	00:35:16	01:41:44	287	05:11:42
278	3002	Krijn Haak	Zeewolde	M45	NED	00:40:17	584	01:01:08	01:24:45	02:25:52	57	03:10:40	123	00:35:25	00:37:50	00:42:31	01:55:45	646	05:11:48
279	2977	Gerwin Kamps	Frederiksoord	M45	NED	00:38:42	458	01:07:15	01:32:50	02:40:04	299	03:23:48	309	00:31:59	00:34:44	00:37:27	01:44:09	353	05:11:59
280	2192	Bas van Boven	Leiden	M25	NED	00:36:41	325	01:07:35	01:35:14	02:42:49	370	03:24:59	330	00:35:01	00:33:54	00:34:15	01:43:09	325	05:12:01
281	3307	Rene Bos	Voorschoten	M50	NED	00:38:53	466	01:06:55	01:32:58	02:39:53	297	03:22:32	279	00:33:27	00:35:14	00:37:29	01:46:09	404	05:12:06
282	3263	Bart Zwagemaker	Castricum	M50	NED	00:37:26	365	01:07:08	01:33:24	02:40:32	318	03:22:48	284	00:33:27	00:34:08	00:37:35	01:45:09	375	05:12:09
283	2511	Renaud Meurs	Angleur	M35	BEL	00:38:28	434	01:10:09	01:36:56	02:47:05	488	03:31:15	441	00:30:53	00:31:23	00:33:10	01:35:25	162	05:12:20
284	4226	Hessel-Aart van Essen	Woerden	M40	NED	00:38:49	464	01:08:12	01:33:34	02:41:45	350	03:25:23	337	00:34:46	00:34:06	00:34:25	01:43:16	330	05:12:24
285	2357	Heiko Werthmann	Karlstadt	M30	GER	00:39:55	562	01:08:06	01:36:39	02:44:45	425	03:30:54	435	00:30:35	00:33:02	00:34:03	01:37:39	209	05:12:27
286	2162	Tom Hopman	Ottersum	M25	NED	00:41:01	650	01:05:17	01:31:05	02:36:21	221	03:21:37	264	00:32:53	00:34:46	00:39:35	01:47:13	434	05:12:35
287	2161	Jorn Kalsbeek	Deventer	M25	NED	00:39:43	541	01:08:10	01:34:37	02:42:47	369	03:29:02	393	00:31:57	00:33:26	00:33:46	01:39:07	232	05:12:47
288	2521	Christophe de Paepe	Hulluch	M35	FRA	00:40:04	571	01:08:00	01:33:02	02:41:02	335	03:27:39	368	00:31:46	00:33:00	00:34:50	01:39:35	243	05:12:47
289	2664	Bennie Hoeksma	Drachten	M35	NED	00:37:53	396	01:04:39	01:29:46	02:34:25	180	03:18:31	204	00:31:19	00:35:03	00:42:34	01:48:55	472	05:12:47
290	2585	Carsten Estl	Den Haag	M35	NED	00:35:03	218	01:01:55	01:26:51	02:28:46	92	03:09:16	109	00:35:11	00:39:18	00:44:23	01:58:51	729	05:12:48
291	3440	Bart van Linder	Meer	M55	NED	00:36:05	276	01:09:24	01:36:01	02:45:25	444	03:27:28	365	00:33:27	00:33:13	00:34:42	01:41:22	279	05:12:51
292	3249	Cees Verbeek	Geldermalsen	M50	NED	00:30:57	60	01:06:12	01:30:56	02:37:08	241	03:14:05	157	00:35:44	00:36:11	00:40:18	01:52:13	549	05:12:51
293	2108	Benjamin Meskens	Dendermonde	M25	BEL	00:34:39	195	01:08:12	01:33:56	02:42:07	356	03:21:38	265	00:34:10	00:34:45	00:37:36	01:46:30	417	05:12:54
294	3502	Rene Delbaere	Berchem (Antwerpen)	M60	BEL	00:34:36	194	01:09:03	01:33:52	02:42:54	374	03:22:27	277	00:33:47	00:35:12	00:36:28	01:45:26	383	05:13:01
295	4110	Paule Kremer	Bofferdange	W30	LUX	00:33:26	136	01:12:40	01:40:33	02:53:13	669	03:31:49	451	00:31:19	00:32:43	00:33:50	01:37:51	214	05:13:02
296	2648	Marcel Zijderhand	Zoetermeer	M35	NED	00:29:30	36	01:09:36	01:41:38	02:51:13	616	03:25:35	342	00:32:39	00:34:47	00:36:40	01:44:05	349	05:13:03
297	2589	Wynfrith Meijwes	Voorbrug	M35	NED	00:46:26	1017	01:11:09	01:41:31	02:52:40	652	03:45:51	759	00:26:31	00:26:27	00:28:06	01:21:03	10	05:13:03
298	2997	Rene Dreyling	Almere	M45	NED	00:36:04	274	01:11:18	01:36:29	02:47:46	501	03:29:02	392	00:32:17	00:32:46	00:33:56	01:38:58	229	05:13:12
299	2305	Arnaud Bonnivert	Liège	M30	BEL	00:38:52	465	01:11:06	01:38:57	02:50:02	571	03:35:08	535	00:31:02	00:31:12				

306	3404	Alain Peckeu	Grande Synthe	M55	FRA	00:35:50	257	01:05:50	01:33:43	02:39:32	289	03:21:30	262	00:34:12	00:35:01	00:36:49	01:46:01	401	05:14:07
307	3517	Dirk Goldebeld	Wormer	M60	NED	00:39:52	557	01:09:08	01:32:58	02:42:05	354	03:28:01	373	00:32:28	00:33:36	00:35:27	01:41:29	282	05:14:11
308	2786	Mark Prins	Jisp	M40	NED	00:35:52	260	01:09:29	01:33:39	02:43:08	380	03:24:12	322	00:33:02	00:35:11	00:37:26	01:45:38	388	05:14:15
309	2372	Ruud Wortel	Amsterdam	M30	NED	00:40:18	587	01:07:13	01:32:32	02:39:44	291	03:25:05	335	00:32:27	00:34:53	00:38:01	01:45:20	379	05:14:21
310	4308	Annick de Pooter	Zandvliet	W40	BEL	00:37:20	360	01:06:21	01:32:15	02:38:35	270	03:22:15	275	00:35:47	00:35:02	00:36:30	01:47:18	438	05:14:28
311	2908	Karim Benaouda	Menen	M45	BEL	00:36:35	314	01:06:08	01:32:29	02:38:36	271	03:21:19	257	00:32:50	00:35:42	00:40:36	01:49:07	478	05:14:30
312	2415	Arne-Willem Kroonen	Heerlen	M30	NED	00:31:08	66	01:08:57	01:39:27	02:48:23	517	03:24:22	326	00:35:31	00:35:14	00:35:24	01:46:08	403	05:14:46
313	2930	Matthew Phillips	London	M45	GBR	00:43:44	851	01:09:47	01:36:01	02:45:47	456	03:34:44	523	00:30:51	00:31:40	00:33:04	01:35:34	163	05:14:56
314	2378	Willem Zeelen	Amsterdam	M30	NED	00:42:18	742	01:03:57	01:32:58	02:36:55	235	03:24:12	321	00:32:20	00:34:39	00:39:19	01:46:18	412	05:15:05
315	2754	Mark de Boer	Bussum	M40	NED	00:35:01	213	01:11:48	01:35:35	02:47:22	495	03:28:42	387	00:33:00	00:34:17	00:34:10	01:41:25	281	05:15:08
316	2918	Michael Rytorp	Copenhagen S	M45	DEN	00:47:13	1054	01:07:03	01:30:54	02:37:56	261	03:33:12	490	00:31:25	00:32:03	00:32:35	01:36:03	175	05:15:09
317	2737	Rolf Wöste	Geeste	M40	GER	00:44:52	923	01:09:23	01:36:19	02:45:42	452	03:37:26	589	00:29:45	00:30:01	00:32:56	01:32:41	116	05:15:09
318	2514	Geordy Declerck	Bredene	M35	BEL	00:40:57	644	01:08:56	01:36:56	02:45:51	457	03:32:34	472	00:31:09	00:31:56	00:34:41	01:37:45	212	05:15:11
319	4437	Esther Duijnhoven	Uden	W45	NED	00:36:11	287	01:06:55	01:30:57	02:37:52	259	03:19:05	219	00:35:21	00:36:44	00:40:00	01:52:04	547	05:15:14
320	3232	Lüder Kruse	Bremen	M50	GER	00:34:50	199	01:04:42	01:31:25	02:36:06	214	03:14:26	162	00:37:06	00:39:13	00:40:59	01:57:17	692	05:15:21
321	3116	Marius Venter	Eindhoven	M45	RSA	00:45:39	963	01:03:40	01:27:36	02:31:15	122	03:21:32	263	00:35:05	00:36:03	00:37:30	01:48:37	463	05:15:41
322	2421	Marc Villevoe	Ludwigsburg	M30	NED	00:40:53	638	01:07:29	01:34:54	02:42:23	361	03:28:54	388	00:33:35	00:33:49	00:34:54	01:42:17	298	05:15:46
323	2504	Sebastien Vermast	Varsenare	M35	BEL	00:35:46	252	01:07:14	01:34:26	02:41:40	348	03:23:05	291	00:34:31	00:35:49	00:38:21	01:48:39	464	05:15:55
324	2913	Joeri Erler	Zelzate	M45	BEL	00:37:45	382	01:09:10	01:32:07	02:41:16	341	03:24:59	332	00:36:56	00:34:02	00:35:36	01:46:33	418	05:15:58
325	2314	Pieter Verhaeghe	Koksijde	M30	BEL	00:38:27	433	01:04:18	01:31:07	02:35:25	196	03:19:10	221	00:35:44	00:36:52	00:39:11	01:51:46	537	05:16:01
326	2122	Ally Botfield	Hagley	M25	GBR	00:37:18	355	01:15:15	01:41:41	02:56:56	764	03:40:08	648	00:28:37	00:30:33	00:32:03	01:31:12	82	05:16:07
327	2326	Jose Arjona	Amsterdam	M30	ESP	00:44:17	884	01:07:44	01:38:38	02:46:21	469	03:34:44	524	00:32:18	00:32:12	00:32:54	01:37:24	203	05:16:13
328	2587	Pieter Ronteltap	Molenhoek Lb	M35	NED	00:40:04	569	01:09:40	01:37:02	02:46:41	472	03:32:35	475	00:32:09	00:33:29	00:34:09	01:39:46	247	05:16:26
329	2562	Ferdi Dorr	Capelle Aan Den IJssel	M35	NED	00:42:17	740	01:06:17	01:37:18	02:43:35	395	03:31:54	455	00:33:16	00:33:26	00:34:30	01:41:12	276	05:16:26
330	2119	Hugo Schultz	Paris	M25	FRA	00:36:53	332	01:08:39	01:39:14	02:47:53	505	03:29:49	408	00:32:08	00:34:40	00:35:29	01:42:17	297	05:16:29
331	2541	Sebastian Sehnert	Duesseldorf	M35	GER	00:37:10	344	01:05:22	01:32:05	02:37:27	251	03:20:16	239	00:34:24	00:36:40	00:40:54	01:51:57	541	05:16:32
332	2586	Jeroen Hutten	Utrecht	M35	NED	00:28:43	28	01:12:40	01:44:02	02:56:41	752	03:31:56	458	00:31:32	00:32:58	00:35:01	01:39:30	240	05:16:34
333	2443	Koen Vergeer	Warnsveld	M30	NED	00:38:04	410	01:11:20	01:36:17	02:47:36	499	03:30:47	433	00:32:51	00:33:30	00:35:33	01:41:53	290	05:16:36
334	2322	Lucas Urbano	Amstelveen	M30	BRA	00:43:32	834	01:05:59	01:29:59	02:35:58	210	03:29:01	390	00:33:07	00:34:56	00:34:31	01:42:34	307	05:16:37
335	3091	Martijn Janssen	Boskoop	M45	NED	00:39:03	482	01:05:09	01:27:14	02:32:22	143	03:17:41	195	00:36:35	00:38:03	00:39:27	01:54:03	596	05:16:40
336	4304	Sofie van de Porsele	Grembergen (dendermonde)	W40	BEL	00:37:12	348	01:08:30	01:35:45	02:44:14	416	03:26:00	348	00:33:58	00:35:19	00:37:23	01:46:38	423	05:16:50
337	3241	Stephan Fabig	Langenhagen	M50	GER	00:34:52	202	01:07:41	01:34:00	02:41:41	349	03:21:26	260	00:34:06	00:37:15	00:37:53	01:49:13	485	05:16:54
338	3331	Christoph Pauls	Siegburg	M35	GER	00:38:36	449	01:10:20	01:37:50	02:48:09	511	03:33:31	498	00:32:22	00:32:13	00:33:47	01:38:21	221	05:16:55
339	2124	Rob Ellis	Milford On Sea	M25	GBR	00:40:22	590	01:03:33	01:33:22	02:36:54	234	03:22:58	289	00:36:10	00:34:22	00:36:31	01:47:02	429	05:16:57
340	2673	Dmitry Nikolaev	Almere	M35	RUS	00:36:17	293	01:11:30	01:38:37	02:50:06	574	03:35:26	543	00:31:14	00:32:01	00:33:55	01:37:08	194	05:16:59
341	3320	Dennis Geerlings	Lelystad	M50	NED	00:39:43	540	01:11:57	01:38:51	02:50:47	597	03:37:09	584	00:30:52	00:31:38	00:33:12	01:35:40	165	05:17:12
342	2762	Raymond Kleij	Hellevoetsluis	M40	NED	00:38:35	448	01:08:07	01:33:03	02:41:10	339	03:24:40	328	00:32:11	00:34:56	00:41:17	01:48:24	459	05:17:12
343	2749	Ronald Kleverlaan	Amsterdam	M40	NED	00:38:24	429	01:08:34	01:39:55	02:48:28	520	03:30:07	416	00:33:01	00:34:56	00:35:12	01:43:09	324	05:17:18
344	2352	Kristian Kubasch	Belfast	M30	GER	00:31:58	86	01:06:09	01:34:07	02:40:16	307	03:16:09	176	00:34:24	00:40:58	00:41:27	01:56:48	680	05:17:20
345	3243	Stefan Cloodt	Kassel	M50	GER	00:38:29	438	01:06:51	01:33:17	02:40:07	301	03:26:16	351	00:34:29	00:35:50	00:36:52	01:47:10	432	05:17:26
346	2595	Martijn Rozenaal	Hazerswoude Rijndijk	M35	NED	00:38:01	406	01:04:54	01:31:39	02:36:32	226	03:19:59	235	00:36:31	00:39:31	00:37:21	01:53:23	580	05:17:32
347	4055	Laura Schlimme	Lingen	W25	GER	00:40:09	578	01:09:11	01:33:12	02:42:22	360	03:28:18	380	00:33:37	00:35:02	00:37:05	01:45:43	392	05:17:34
348	2758	Michiel Claassen	Wassenaar	M40	NED	00:40:17	583	01:08:05	01:35:53	02:43:57	405	03:28:11	377	00:32:53	00:34:50	00:37:34	01:45:16	377	05:17:34
349	2181	Stan Jansen	Arnhem	M25	NED	00:41:03	654	01:04:43	01:28:11	02:32:53	153	03:19:27	225	00:34:51	00:37:26	00:40:02	01:52:18	552	05:17:35
350	3233	Guido Schonnop	Düren	M50	GER	00:38:40	454	01:10:12	01:38:50	02:49:02	535	03:35:49	553	00:31:44	00:32:02	00:33:36	01:37:22	200	05:17:39
351	2606	Frans-willem Goudsmit	Maarssen	M35	NED	00:40:09	577	01:06:23	01:36:15	02:42:38	364	03:28:02	375	00:33:41	00:34:10	00:37:51	01:45:41	390	05:17:47
352	4419	Birna Iris Jonsdottir	Kopavogur	W45	ISL	00:34:14	174	01:10:21	01:36:30	02:46:51	479	03:25:04	334	00:34:32	00:36:13	00:37:45	01:48:29	461	05:17:51
353	2980	Albert Hasselaar	Hellevoetsluis	M45	NED	00:45:29	955	01:07:27	01:32:37	02:40:03	298	03:31:09	439	00:33:17	00:33:56	00:35:20	01:42:33	306	05:17:53
354	3072	Richard Strobbe	Almere	M45	NED	00:38:47	462	01:06:56	01:32:35	02:39:30	288	03:23:23	299	00:33:47	00:36:35	00:40:35	01:50:56	518	05:17:59
355	2406	Jeroen van Leeuwen	San Miguel De Abona	M30	NED	00:37:17	352	01:08:53	01:37:00	02:45:52	458	03:28:02	374	00:33:22	00:33:54	00:38:09	01:45:24	381	05:18:04
356	2989	Duco Gommers	Rotterdam	M45	NED	00:39:00	477	01:09:31	01:33:34	02:43:05	378	03:30:07	414	00:32:19	00:33:25	00:34:27	01:40:10	253	05:18:11
357	3401	Jakke van de Poel	Antwerpen	M55	BEL	00:34:07	164	01:08:45	01:32:11	02:40:55	327	03:21:12	254	00:37:20	00:36:19	00:36:53	01:50:31	510	05:18:25
358	3435	Kees van de Wetering	IJsselmuiden	M55	NED	00:35:16	234	01:08:30	01:34:08	02:42:38	365	03:24:03	317	00:34:08	00:36:52	00:38:09	01:49:08	480	05:18:28
359	2858	Ivan Omelchenko	Wien	M40	UKR	00:41:26	691	01:09:54	01:35:50	02:45:43	454	03:31:15	442	00:32:51	00:34:11	00:36:23	01:43:25	337	05:18:33
360	3103	Robert Hol	Spijkensisse	M45	NED	00:40:22	591	01:06:28	01:32:27	02:38:54	279	03:24:12	323	00:34:00	00:36:50	00:38:35	01:49:24	488	05:18:35
361	2110	Pascal Crabeels	Middelkerke	M25	BEL	00:31:14	69	01:05:53	01:31:33	02:37:26	249	03:14:12	158	00:35:51	00:38:25	00:45:33	01:59:48	760	05:18:44
362	3053	Peter Dubbelaar	Katwijk	M45	NED	00:35:35	244	01:11:36	01:38:35	02:50:10	578	03:31:35	446	00:33:16	00:33:50	00:35:22	01:42:27	305	05:18:45
363	3018	Edwin Laar	Breda	M45	NED	00:37:47	384	01:08:48	01:34:15	02:43:03	377	03:27:09	3						

365	2572	Alexander Hoffman	Weesp	M35	NED	00:45:49	976	01:07:42	01:32:54	02:40:36	319	03:32:25	469	00:32:16	00:34:08	00:35:25	01:41:48	289	05:19:00
366	2728	Thorsten Kreutzer	Kelmis	M40	GER	00:42:25	752	01:07:09	01:35:36	02:42:45	368	03:30:53	434	00:33:32	00:35:06	00:35:32	01:44:09	351	05:19:03
367	2742	Paolo la Guardia	Purmerend	M40	ITA	00:43:39	846	01:07:38	01:32:50	02:40:27	314	03:29:41	406	00:33:35	00:35:25	00:36:33	01:45:32	384	05:19:11
368	2928	Philippe Simon	Metz	M45	FRA	00:39:38	533	01:11:26	01:37:28	02:48:53	529	03:36:05	563	00:31:44	00:31:26	00:32:55	01:36:05	177	05:19:11
369	2774	Ruben Tas	Bussum	M40	NED	00:43:23	818	01:11:22	01:36:30	02:47:51	504	03:36:41	574	00:31:24	00:32:55	00:33:45	01:38:03	217	05:19:12
370	2666	Martijn Wanders	Almere	M35	NED	00:44:56	927	01:08:18	01:32:34	02:40:52	324	03:32:29	470	00:32:02	00:33:57	00:36:53	01:42:51	319	05:19:26
371	2854	Filipe Pocas	Rotterdam	M40	POR	00:36:23	298	01:08:45	01:34:43	02:43:28	390	03:27:55	372	00:34:02	00:35:09	00:37:03	01:46:13	409	05:19:28
372	2931	Heath Williams	Neath	M45	GBR	00:34:56	209	01:06:43	01:33:30	02:40:12	305	03:20:46	248	00:33:38	00:36:52	00:41:21	01:51:50	538	05:19:32
373	2393	Jordy Kok	Broek In Waterland	M30	NED	00:27:36	12	01:09:01	01:37:39	02:46:40	471	03:18:36	206	00:37:46	00:39:58	00:40:10	01:57:53	704	05:19:42
374	2462	Tomas Kotula	Koblenz	M30	SVK	00:44:44	918	01:08:03	01:36:10	02:44:12	413	03:37:45	592	00:31:58	00:31:57	00:32:10	01:36:04	176	05:19:43
375	2343	Matti Broecher	Muenster	M30	GER	00:41:23	684	01:04:14	01:31:37	02:35:51	205	03:21:42	267	00:35:57	00:38:10	00:39:41	01:53:48	594	05:19:56
376	2817	Johan van Dam	Middelharnis	M40	NED	00:43:33	836	01:03:18	01:27:12	02:30:29	114	03:20:29	243	00:34:43	00:38:01	00:41:58	01:54:41	617	05:20:04
377	2839	Martijn Stengewis	Purmerend	M40	NED	00:42:39	766	01:03:55	01:25:15	02:29:09	93	03:17:01	184	00:35:11	00:41:09	00:42:58	01:59:17	742	05:20:05
378	2309	Hans Vander Mast	Brasschaat	M30	BEL	00:37:46	383	01:09:26	01:39:14	02:48:40	523	03:30:40	430	00:34:03	00:34:37	00:35:21	01:44:00	346	05:20:08
379	3333	Richard de Haan	Essen	M55	BEL	00:32:23	98	01:09:27	01:34:14	02:43:41	400	03:21:58	270	00:37:02	00:36:56	00:38:43	01:52:40	561	05:20:11
380	3236	Frank Vosswinkel	Winksele	M50	GER	00:40:45	621	01:08:50	01:34:13	02:43:02	376	03:32:22	468	00:33:57	00:33:23	00:35:01	01:42:20	300	05:20:19
381	3250	Fitzgerald Krudde	Almere	M50	NED	00:36:31	309	01:08:43	01:41:26	02:50:09	577	03:34:20	513	00:31:35	00:33:43	00:36:28	01:41:45	288	05:20:33
382	2550	Jürgen Koers	Hagen	M35	GER	00:41:21	681	01:11:14	01:37:37	02:48:50	527	03:36:11	566	00:31:54	00:32:43	00:35:10	01:39:47	248	05:20:37
383	3257	Peter Dreijiling	Kortenhoef	M50	NED	00:36:28	303	01:11:14	01:38:46	02:49:59	570	03:31:55	456	00:34:55	00:34:42	00:35:21	01:44:57	368	05:20:41
384	3245	Huub Bots	Wergea	M50	NED	00:40:37	610	01:06:16	01:34:07	02:40:23	310	03:29:55	410	00:30:18	00:31:01	00:42:31	01:43:48	342	05:20:48
385	3436	Peter Rasing	Angeren	M55	NED	00:39:30	519	01:06:16	01:31:19	02:37:34	255	03:22:29	278	00:35:07	00:37:45	00:41:47	01:54:38	613	05:20:50
386	2386	Maxim Willemse	Amsterdam	M30	NED	00:36:12	289	01:05:25	01:31:34	02:36:58	238	03:16:46	182	00:38:12	00:38:47	00:42:11	01:59:09	738	05:20:54
387	2575	Janwillem Fidler	Driehuis	M35	NED	00:38:30	440	01:05:12	01:32:01	02:37:13	243	03:20:44	245	00:36:54	00:38:28	00:41:54	01:57:16	691	05:20:58
388	2991	Andre van der Wurff	Weesp	M45	NED	00:37:13	349	01:07:44	01:32:44	02:40:27	313	03:23:08	293	00:35:45	00:36:44	00:39:31	01:51:59	542	05:21:05
389	3080	Patrick Lansink	Haaksbergen	M45	NED	00:47:12	1053	01:04:49	01:28:46	02:33:34	163	03:26:28	354	00:33:00	00:37:05	00:40:49	01:50:54	517	05:21:09
390	2338	Johannes Meisenheimer	Damme	M30	GER	00:38:53	467	01:10:39	01:38:08	02:48:47	525	03:33:57	507	00:33:41	00:34:16	00:35:27	01:43:24	335	05:21:17
391	2679	Louis Pitet	Maastricht	M35	USA	00:40:24	594	01:07:10	01:36:56	02:44:06	408	03:30:21	420	00:32:11	00:33:02	00:41:02	01:46:14	410	05:21:27
392	4428	Ingrid Boot-de Groot	Almere	W45	NED	00:34:01	158	01:09:25	01:37:54	02:47:18	492	03:26:29	355	00:35:21	00:36:39	00:38:50	01:50:49	515	05:21:29
393	2731	Oliver Stratmann	Pulheim	M40	GER	00:42:31	760	01:06:40	01:33:11	02:39:51	296	03:27:33	367	00:32:58	00:35:48	00:39:59	01:48:44	467	05:21:34
394	2635	Dimitri Hoekstra	Amsterdam	M35	NED	00:41:01	649	01:05:13	01:31:45	02:36:57	236	03:22:12	274	00:33:53	00:40:22	00:41:51	01:56:05	655	05:21:35
395	2342	Philip Hitzfeld	Weesp	M30	GER	00:35:34	243	01:14:22	01:41:29	02:55:50	735	03:37:49	595	00:32:22	00:33:16	00:34:07	01:39:44	246	05:21:35
396	2374	Richard van Groen	Purmerend	M30	NED	00:42:25	754	01:07:53	01:38:03	02:45:56	460	03:34:39	519	00:34:46	00:33:33	00:35:03	01:43:20	332	05:21:40
397	2461	Evgenii Velichko	Rotterdam	M30	RUS	00:43:43	850	01:09:44	01:42:49	02:52:33	649	03:41:40	681	00:31:02	00:31:53	00:32:23	01:35:18	157	05:21:53
398	2730	Michael Nagel	Schwalbach	M40	GER	00:42:30	759	01:07:43	01:33:13	02:40:56	328	03:29:22	398	00:35:24	00:34:59	00:37:05	01:47:27	440	05:21:55
399	3327	Jaap van der Kamp	Almere	M50	NED	00:39:01	480	01:09:48	01:37:02	02:46:50	478	03:30:46	432	00:34:08	00:34:41	00:36:47	01:45:35	386	05:21:56
400	4212	Maike Franken	Emden	W35	GER	00:32:30	101	01:14:05	01:39:25	02:53:29	677	03:32:42	480	00:33:09	00:34:31	00:37:20	01:44:59	370	05:22:00
401	4514	Janet ten Kate	Groningen	W50	NED	00:35:50	258	01:09:18	01:34:13	02:43:31	393	03:23:40	305	00:36:54	00:37:56	00:39:50	01:54:40	615	05:22:01
402	3046	Lambert van Eijck	Delft	M45	NED	00:49:23	1122	01:09:30	01:33:23	02:42:52	373	03:40:39	663	00:31:19	00:32:25	00:33:46	01:37:28	205	05:22:01
403	2380	Menno Steenberg	Amsterdam	M30	NED	00:38:26	431	01:08:06	01:38:58	02:47:04	487	03:29:41	405	00:33:48	00:35:17	00:36:50	01:45:53	397	05:22:04
404	2543	Christoph Rahn	Hamburg	M35	GER	00:35:38	245	01:11:50	01:45:24	02:57:13	777	03:37:55	599	00:31:51	00:33:24	00:34:24	01:39:38	244	05:22:16
405	2435	Lammert van der Veen	Hemrik	M30	NED	00:30:44	53	01:07:53	01:35:30	02:43:23	387	03:18:14	200	00:35:04	00:39:52	00:44:45	01:59:40	754	05:22:17
406	2703	Christophe Verhelst	Passendale	M40	BEL	00:38:38	452	01:04:52	01:31:53	02:36:45	232	03:21:03	251	00:36:11	00:38:12	00:41:18	01:55:40	642	05:22:17
407	2446	Koen Meershoek	Den Haag	M30	NED	00:39:34	524	01:04:54	01:30:59	02:35:52	206	03:22:51	285	00:36:52	00:37:47	00:39:32	01:54:10	600	05:22:26
408	2103	Renaud Hastir	Havelange	M25	BEL	00:42:09	732	01:10:08	01:45:18	02:55:26	725	03:43:08	706	00:31:00	00:30:05	00:32:55	01:33:59	136	05:22:26
409	2197	Paul Meijster	Amsterdam	M25	NED	00:34:04	161	01:12:40	01:38:35	02:51:14	617	03:29:56	411	00:33:00	00:36:04	00:39:43	01:48:46	468	05:22:26
410	2433	Michel van Dijk	Utrecht	M30	NED	00:34:07	162	01:09:56	01:39:01	02:48:56	530	03:28:09	376	00:34:21	00:35:45	00:38:57	01:49:02	475	05:22:28
411	3419	Jan van Loenen	Meteren	M55	NED	00:36:45	327	01:07:07	01:32:40	02:39:46	292	03:22:17	276	00:36:08	00:38:21	00:40:47	01:55:15	634	05:22:32
412	2911	Walter Cuyper	Lommel	M45	BEL	00:33:19	130	01:09:21	01:34:53	02:44:13	415	03:24:15	324	00:35:16	00:37:09	00:39:38	01:52:03	545	05:22:51
413	3328	Peter ten Tuijnte	Anhem	M50	NED	00:39:41	537	01:05:30	01:33:37	02:39:07	283	03:23:34	303	00:35:49	00:37:42	00:41:05	01:54:35	610	05:22:54
414	2656	Jeroen Mesman	Nieuw Venne	M35	NED	00:35:30	239	01:06:19	01:32:37	02:38:55	280	03:20:27	241	00:35:21	00:38:08	00:44:09	01:57:37	698	05:23:00
415	3217	Steve Langham	Weesp	M50	GBR	00:51:36	1184	01:04:19	01:32:06	02:36:24	224	03:34:43	522	00:32:25	00:33:13	00:36:22	01:42:00	292	05:23:03
416	2107	Kristof van Looy	Zoersel	M25	BEL	00:34:29	189	01:12:28	01:38:37	02:51:05	607	03:32:36	476	00:33:50	00:34:52	00:37:17	01:45:58	398	05:23:05
417	2676	Alexey Peskov	Haarlem	M35	RUS	00:36:33	311	01:12:14	01:44:39	02:56:53	760	03:41:21	675	00:29:14	00:31:47	00:35:47	01:36:48	189	05:23:22
418	4518	Dorothé Vrieze	Zelhem	W50	NED	00:36:08	279	01:15:07	01:43:40	02:58:47	817	03:40:48	667	00:33:00	00:32:12	00:33:45	01:38:55	228	05:23:27
419	2846	Bas van Zaane	Austerlitz	M40	NED	00:34:32	190	01:03:47	01:29:06	02:32:53	152	03:11:35	133	00:40:38	00:41:17	00:45:31	02:07:25	924	05:23:29
420	2315	Steven Bosmans	Maaseik	M30	BEL	00:41:18	675	01:09:32	01:35:25	02:44:56	429	03:31:51	452	00:34:31	00:36:04	00:37:14	01:47:48	446	05:23:36
421	2764	Egbert Siebrand	Enschede	M40	NED	00:37:54	398	01:09:15	01:35:15	02:44:30	424	03:28:32	384	00:34:16	00:36:29	00:40:04	01:50:48	514	05:23:37
422	3251	Cees van der Valk	Noordwijkerhout	M50	NED	00:44:59	931	01:07:36	01:35:06	02:42:41	367	03:32:58	485	00:33:46	00:34:34	00:36:38	01:4		

423	4106	Marina Füssel	Oberursel	W30	GER	00:39:45	546	01:10:38	01:36:21	02:46:58	485	03:30:30	423	00:37:02	00:36:13	00:36:22	01:49:36	490	05:23:50
424	2581	Willem Krijgsman	Lexmond	M35	NED	00:49:59	1144	01:08:59	01:35:59	02:44:58	430	03:41:43	682	00:30:19	00:32:07	00:35:08	01:37:33	207	05:23:57
425	2936	Andreas Meyer	Kleve	M45	GER	00:44:17	883	01:05:30	01:30:19	02:35:48	204	03:25:04	333	00:35:38	00:38:58	00:40:18	01:54:53	622	05:24:01
426	2748	Robrecht Stoekenbroek	Loenen Aan De Vecht	M40	NED	00:44:19	886	01:09:33	01:36:13	02:45:46	455	03:35:36	549	00:32:37	00:34:04	00:36:22	01:43:02	322	05:24:09
427	2179	Simon Koolstra	Amsterdam	M25	NED	00:41:13	671	01:11:33	01:44:09	02:55:42	730	03:44:54	731	00:29:39	00:31:17	00:34:29	01:35:25	161	05:24:11
428	2361	Lucas Wickerath	München	M30	GER	00:37:24	363	01:11:26	01:37:35	02:49:01	534	03:31:48	449	00:35:34	00:36:17	00:37:18	01:49:08	481	05:24:15
429	2429	Geert Nobel	Zeewolde	M30	NED	00:36:15	292	01:11:54	01:38:17	02:50:11	579	03:31:52	453	00:35:29	00:36:38	00:36:04	01:48:09	457	05:24:15
430	2777	Martijn Snip	Leiden	M40	NED	00:49:34	1130	01:06:48	01:34:11	02:40:58	331	03:35:57	558	00:32:44	00:34:38	00:37:17	01:44:38	361	05:24:16
431	2819	Remco Dijkman	Eindhoven	M40	NED	00:35:46	254	01:06:09	01:31:55	02:38:04	263	03:19:49	232	00:37:13	00:40:13	00:42:47	02:00:13	771	05:24:50
432	2800	Barry Miedema	Aerdenhout	M40	NED	00:44:59	929	01:07:16	01:33:45	02:41:01	334	03:31:30	445	00:34:17	00:35:34	00:37:22	01:47:11	433	05:24:50
433	2559	Manuel Theel	Regensburg	M35	GER	00:42:51	785	01:06:57	01:32:50	02:39:47	293	03:28:34	385	00:35:43	00:37:34	00:39:14	01:52:30	556	05:24:55
434	3295	Bart de Kruijf	Woerden	M50	NED	00:38:55	471	01:09:41	01:38:39	02:48:19	515	03:31:59	459	00:34:11	00:36:08	00:37:25	01:47:42	442	05:25:00
435	3308	Jan Bert Schuttrups	Den Haag	M50	NED	00:42:07	729	01:11:44	01:37:48	02:49:32	552	03:38:36	615	00:32:44	00:33:04	00:34:37	01:40:25	261	05:25:12
436	2940	Thomas Schneider	Altenkirchen	M45	GER	00:46:01	993	01:07:49	01:35:37	02:43:26	389	03:35:56	557	00:34:16	00:34:39	00:36:50	01:45:44	393	05:25:16
437	2626	Mark Siekmans	Den Bosch	M35	NED	00:36:57	336	01:09:52	01:33:24	02:43:15	384	03:26:56	359	00:36:31	00:37:18	00:39:53	01:53:41	591	05:25:17
438	2125	Kevin Beyer	Dortmund	M25	GER	00:39:35	529	01:07:17	01:35:59	02:43:15	383	03:28:55	389	00:36:11	00:35:58	00:39:11	01:51:19	528	05:25:19
439	2726	Daniel Stüdtgen	Solingen	M40	GER	00:36:18	296	01:07:16	01:33:52	02:41:08	337	03:23:19	297	00:34:30	00:36:07	00:46:11	01:56:47	678	05:25:25
440	2362	Nico Elges	Bochum	M30	GER	00:40:56	641	01:06:58	01:32:53	02:39:51	295	03:25:37	343	00:36:34	00:39:15	00:40:56	01:56:45	674	05:25:36
441	3438	Jaap Vuijk	Den Haag	M55	NED	00:41:11	667	01:10:36	01:38:35	02:49:10	539	03:36:05	561	00:32:50	00:35:04	00:38:05	01:45:59	399	05:25:41
442	2917	Peter Klaris	Vildbjerg	M45	DEN	00:43:55	862	01:08:28	01:35:56	02:44:23	422	03:34:02	509	00:35:47	00:34:59	00:37:02	01:47:48	447	05:25:50
443	2920	Rodrigo Alonso Dominguez	Bruxelles	M45	ESP	00:33:22	134	01:13:34	01:48:56	03:02:29	897	03:41:24	677	00:31:35	00:32:50	00:34:33	01:38:58	230	05:25:53
444	2413	Wouter Andringa	Enschede	M30	NED	00:40:06	573	01:10:37	01:40:36	02:51:13	615	03:37:11	585	00:33:57	00:35:11	00:35:59	01:45:07	374	05:25:55
445	2966	Marco Mariano Sarra	Dongen	M45	ITA	00:39:08	487	01:06:52	01:31:40	02:38:32	268	03:23:29	302	00:37:42	00:39:58	00:40:22	01:58:02	710	05:25:56
446	2660	Marcel Verweij	Loosdrecht	M35	NED	00:40:39	613	01:12:20	01:41:09	02:53:28	675	03:39:10	630	00:32:14	00:33:38	00:35:20	01:41:11	275	05:25:56
447	2203	Maikel Breedveld	Almere	M25	NED	00:37:21	362	01:10:05	01:40:03	02:50:07	575	03:31:45	448	00:35:39	00:35:51	00:37:38	01:49:08	479	05:26:04
448	4210	Dominique Gütle	Freiburg	W35	GER	00:33:48	151	01:09:41	01:34:36	02:44:17	419	03:25:15	336	00:37:48	00:38:33	00:39:06	01:55:25	640	05:26:05
449	4116	Jetske van der Bos	Oegstgeest	W30	NED	00:46:41	1027	01:11:44	01:39:54	02:51:38	627	03:43:05	704	00:32:21	00:33:19	00:34:30	01:40:10	254	05:26:06
450	3207	Kris Bulckaen	Geluwe	M50	BEL	00:42:52	788	01:05:43	01:34:38	02:40:21	308	03:30:23	422	00:36:04	00:37:09	00:37:58	01:51:10	525	05:26:14
451	2787	Daan van Hoef	Weert	M40	NED	00:35:10	227	01:11:47	01:41:36	02:53:22	673	03:33:17	492	00:34:30	00:36:18	00:38:04	01:48:51	470	05:26:17
452	2129	Peter Meyerhöfer	Nürnberg	M25	GER	00:43:10	801	01:10:37	01:42:36	02:53:12	666	03:43:59	722	00:32:49	00:32:39	00:32:32	01:37:58	216	05:26:18
453	3315	Marc Heppener	Sassenheim	M50	NED	00:40:57	642	01:09:56	01:35:16	02:45:12	434	03:31:29	443	00:34:11	00:36:21	00:39:33	01:50:03	500	05:26:24
454	2682	David Renz	Braunschweig	M35	GER	00:42:00	723	01:13:23	01:39:37	02:52:59	658	03:40:02	644	00:32:16	00:34:51	00:36:11	01:43:18	331	05:26:30
455	3299	Wouter Willemssen	Alphen Aan Den Rijn	M50	NED	00:40:34	605	01:11:45	01:33:57	02:45:41	451	03:36:34	572	00:32:38	00:34:45	00:37:58	01:45:20	380	05:26:31
456	3220	Stefan John	Speyer	M50	GER	00:39:21	504	01:11:14	01:38:22	02:49:36	555	03:36:38	573	00:33:46	00:34:09	00:36:02	01:43:56	345	05:26:31
457	2646	Luc Smit	Utrecht	M35	NED	00:40:35	607	01:08:20	01:37:22	02:45:42	453	03:31:56	457	00:35:17	00:36:00	00:39:33	01:50:49	516	05:26:38
458	2424	Henk van der Vegt	Wolvega	M30	NED	00:39:29	518	01:07:05	01:32:02	02:39:07	282	03:23:54	313	00:35:06	00:40:28	00:43:07	01:58:39	719	05:26:40
459	2651	Michel van der Hoeven	Amersfoort	M35	NED	00:36:20	297	01:05:42	01:30:00	02:35:42	203	03:17:02	185	00:38:12	00:40:49	00:44:51	02:03:51	845	05:26:44
460	2458	Jan Erik Wilhelmsen	Oslo	M30	NOR	00:39:43	539	01:07:18	01:33:35	02:40:52	325	03:25:30	340	00:35:12	00:39:05	00:42:09	01:56:26	665	05:26:53
461	2822	Atze Wiepke Merkus	Winsum Frl	M40	NED	00:41:18	674	01:06:12	01:34:36	02:40:48	322	03:29:25	399	00:35:22	00:37:33	00:39:01	01:51:55	540	05:26:59
462	3044	Stijn Fien	Weesp	M45	NED	00:39:28	517	01:13:07	01:38:32	02:51:38	628	03:35:33	547	00:34:05	00:35:38	00:37:34	01:47:16	436	05:27:03
463	4562	Anne-Sophie van Rijswijk	Amsterdam	W30	NED	00:42:42	774	01:10:40	01:41:09	02:51:48	635	03:40:18	654	00:32:33	00:34:09	00:36:05	01:42:47	318	05:27:06
464	3248	Albert van de Smissen	Enschede	M50	NED	00:41:04	659	01:07:33	01:34:29	02:42:02	352	03:29:30	401	00:37:25	00:37:15	00:38:54	01:53:34	586	05:27:16
465	2922	Frédéric Bicheron	Paris	M45	FRA	00:37:20	357	01:11:18	01:40:15	02:51:33	623	03:34:16	512	00:36:09	00:35:34	00:36:24	01:48:06	456	05:27:19
466	2190	Chris Elliott	Hierden	M25	NED	00:41:36	697	01:02:14	01:31:26	02:33:40	166	03:23:42	306	00:37:49	00:39:50	00:39:10	01:56:48	681	05:27:20
467	4214	Susie Kaiser	Muehheim Am Main	W35	GER	00:38:42	457	01:12:38	01:42:12	02:54:49	709	03:41:44	683	00:31:56	00:33:41	00:35:04	01:40:40	268	05:27:22
468	2170	Martijn Wielaart	Utrecht	M25	NED	00:38:37	451	01:14:10	01:42:52	02:57:01	767	03:42:14	688	00:33:25	00:33:53	00:33:54	01:41:10	274	05:27:48
469	2578	Noël Brand	Breda	M35	NED	00:31:46	83	01:09:14	01:42:16	02:51:29	621	03:28:16	379	00:34:58	00:38:27	00:40:49	01:54:13	602	05:27:52
470	3050	Peter-Wim Gerssen	The Hague	M45	NED	00:39:15	498	01:08:36	01:34:46	02:43:22	386	03:29:04	394	00:35:53	00:38:55	00:39:38	01:54:25	607	05:27:52
471	2605	Jelmer Koekkoek	Utrecht	M35	NED	00:28:10	21	01:10:23	01:38:38	02:49:00	532	03:23:25	301	00:36:51	00:39:41	00:42:02	01:58:33	718	05:27:58
472	2150	Edmund Keferstein	Frankfurt	M25	GER	00:42:01	724	01:08:34	01:35:17	02:43:50	404	03:30:44	431	00:35:45	00:38:19	00:39:28	01:53:31	585	05:28:02
473	3055	Noël van Peij	Delfgauw	M45	NED	00:41:45	705	01:10:31	01:40:17	02:50:48	598	03:38:33	614	00:34:36	00:35:12	00:35:48	01:45:35	385	05:28:02
474	2565	Marnix Cornelisse	Gouda	M35	NED	00:39:21	505	01:06:21	01:29:02	02:35:23	195	03:17:50	197	00:43:40	00:41:07	00:41:50	02:06:36	912	05:28:22
475	2681	Jelle Tromp	Amsterdam	M35	NED	00:41:37	700	01:10:07	01:37:20	02:47:27	496	03:35:48	552	00:34:28	00:35:15	00:38:53	01:48:34	462	05:28:22
476	2812	Ben van Koningsveld	Amersfoort	M40	NED	00:45:17	946	01:04:57	01:30:36	02:35:32	199	03:25:25	338	00:36:53	00:39:45	00:42:17	01:58:54	730	05:28:27
477	2549	Alexander Joos	Hamburg	M35	GER	00:48:21	1101	01:05:37	01:33:12	02:38:48	277	03:34:34	518	00:35:29	00:36:07	00:37:20	01:48:55	473	05:28:34
478	4108	Teresa von Lehmden	Vechta	W30	GER	00:36:11	286	01:11:07	01:42:09	02:53:16	671	03:36:54	578	00:34:19	00:35:04	00:38:22	01:47:44	444	05:28:38
479	2460	Aleksei Ivanov	Moscow	M30	RUS	00:40:59	647	01:13:42	01:45:36	02:59:18	825	03:45:17	743	00:32:37	00:33:04	00:33:10	01:38:50	226	05:28:41
480	3093	Harrie Drost	Zutphen	M45	NED	00:40:00	566	01:13:15	01:39:22	02:52:37	650	03:38:45	621	00:32:30	00:34:34	00:38:58	01:46:02	402	05:28:43
4																			

483	2623	Dennis van Asselen	Almere	M35	NED	00:39:44	543	01:08:11	01:36:05	02:44:15	417	03:29:01	391	00:34:45	00:38:55	00:42:26	01:56:05	654	05:28:46
484	3036	Harold Mulders	Den Bosch	M45	NED	00:45:42	967	01:10:29	01:36:53	02:47:21	494	03:37:55	598	00:33:50	00:35:21	00:38:14	01:47:24	439	05:28:54
485	2532	Tony Sellwood	Almere	M35	GBR	00:35:27	238	01:11:27	01:44:26	02:55:53	736	03:37:57	601	00:35:16	00:35:17	00:36:03	01:46:35	420	05:29:02
486	2519	Jakob Hansen	Ejstrupholm	M35	DEN	00:40:27	598	01:11:48	01:38:02	02:49:50	564	03:38:57	626	00:33:54	00:35:06	00:37:00	01:45:59	400	05:29:07
487	4069	Jocelyn Fanoy	Schagen	W25	NED	00:38:00	403	01:11:00	01:38:02	02:49:02	536	03:31:02	436	00:36:36	00:37:24	00:40:41	01:54:40	614	05:29:13
488	3082	Peter Mahrt	Charlottenlund	M45	DEN	00:44:13	880	01:13:25	01:42:22	02:55:46	732	03:45:19	746	00:31:59	00:33:14	00:33:54	01:39:05	231	05:29:15
489	2432	Aart Smith	Amsterdam	M30	NED	00:33:15	127	01:09:34	01:37:08	02:46:42	474	03:27:13	361	00:36:25	00:39:50	00:40:39	01:56:52	684	05:29:16
490	4107	Jessica Koch	Langelshiem	W30	GER	00:39:53	558	01:12:11	01:40:40	02:52:50	656	03:39:08	629	00:35:26	00:34:57	00:35:26	01:45:48	396	05:29:24
491	2304	Denny Reyskens	Zonhoven	M30	BEL	00:34:57	211	01:08:55	01:35:15	02:44:09	411	03:23:56	316	00:37:21	00:40:06	00:43:48	02:01:13	792	05:29:25
492	2196	Koen van Manen	Veenendaal	M25	NED	00:44:25	893	01:06:34	01:35:18	02:41:52	351	03:33:01	486	00:35:42	00:37:06	00:39:30	01:52:17	551	05:29:36
493	2910	Raphael Staquet	Zoersel	M45	BEL	00:40:30	604	01:09:31	01:35:35	02:45:06	431	03:31:04	438	00:36:37	00:38:07	00:39:57	01:54:41	616	05:29:36
494	2596	Hugo Happel	Den Haag	M35	NED	00:36:07	278	01:07:06	01:39:13	02:46:19	468	03:29:59	413	00:38:15	00:38:25	00:38:03	01:54:43	618	05:29:44
495	2535	Lars Goldhammer	Bottrop	M35	GER	00:42:25	755	01:07:08	01:36:42	02:43:49	403	03:32:34	473	00:37:39	00:38:41	00:35:41	01:52:00	543	05:29:49
496	4203	Lobke Punie	Leopoldsburg	W35	BEL	00:32:55	117	01:08:46	01:37:28	02:46:13	463	03:24:08	319	00:38:33	00:40:46	00:42:14	02:01:33	800	05:29:49
497	2453	Thijs Rood	Almere	M30	NED	00:37:04	340	01:07:41	01:35:57	02:43:38	399	03:24:46	329	00:35:24	00:41:04	00:42:22	01:58:49	727	05:29:50
498	3066	Geoffrey van der Maat	Eindhoven	M40	NED	00:47:14	1055	01:03:56	01:29:45	02:33:40	167	03:27:14	362	00:35:41	00:37:53	00:43:42	01:57:15	690	05:30:05
499	2755	Pablo Rens	Bergen Op Zoom	M40	NED	00:38:26	430	01:12:09	01:37:33	02:49:41	559	03:33:32	499	00:35:00	00:36:04	00:39:10	01:50:14	504	05:30:07
500	2756	Marcel de Kloet	Mettmann	M40	NED	00:43:56	863	01:08:40	01:39:54	02:48:34	521	03:38:22	612	00:34:01	00:35:27	00:39:15	01:48:42	466	05:30:13
501	4061	Lena Kieseler	Wuppertal	W25	GER	00:37:38	376	01:11:38	01:37:25	02:49:02	537	03:31:48	450	00:37:09	00:37:34	00:38:43	01:53:25	582	05:30:15
502	3111	Anders Palmberg	Drammen	M45	NOR	00:43:04	797	01:05:06	01:31:18	02:36:23	222	03:25:48	344	00:36:53	00:39:43	00:43:47	02:00:22	776	05:30:17
503	2588	Dave Vang	Blokker	M35	NED	00:40:49	629	01:09:16	01:31:15	02:40:30	316	03:27:46	370	00:35:30	00:39:08	00:43:13	01:57:50	703	05:30:22
504	4413	Alex May	Preetz	W45	GER	00:39:46	552	01:13:05	01:40:33	02:53:38	682	03:38:52	625	00:35:07	00:35:52	00:36:00	01:46:57	427	05:30:29
505	2130	Birkigt Andreas	Freiburg	M25	GER	00:36:55	333	01:10:22	01:37:38	02:47:59	508	03:31:52	454	00:37:03	00:37:16	00:38:55	01:53:13	572	05:30:39
506	2509	Joos Jansen	Lommel	M35	BEL	00:42:12	736	01:09:35	01:34:42	02:44:16	418	03:32:40	479	00:34:27	00:38:04	00:41:26	01:53:57	595	05:30:40
507	2411	Sjors Onneweer	Amsterdam	M30	NED	00:34:19	178	01:11:54	01:43:24	02:55:18	723	03:35:40	550	00:34:53	00:36:40	00:38:07	01:49:39	492	05:30:44
508	3039	Perry Elstgeest	Sassenheim	M45	NED	00:33:11	126	01:12:59	01:41:36	02:54:34	705	03:33:44	505	00:35:09	00:36:35	00:40:01	01:51:43	535	05:30:47
509	2799	Robert Janssen	Amstelveen	M40	NED	00:39:36	530	01:10:36	01:39:35	02:50:11	580	03:35:54	555	00:33:40	00:36:01	00:39:18	01:48:58	474	05:30:48
510	2319	Philippe Nardella	Paal	M30	BEL	00:41:41	702	01:09:37	01:36:02	02:45:38	447	03:32:21	467	00:33:20	00:35:14	00:45:02	01:53:35	588	05:30:48
511	2193	Wouter Neijenhuis	Huissen	M25	NED	00:53:00	1210	01:06:12	01:31:20	02:37:32	253	03:37:34	591	00:34:37	00:35:44	00:38:19	01:48:39	465	05:31:02
512	3035	Patrick de Kreek	Willemstad	M45	NED	00:43:32	833	01:07:42	01:37:42	02:45:23	443	03:34:45	526	00:35:01	00:37:22	00:39:23	01:51:45	536	05:31:07
513	4246	Kimberly Tvedten	Skjetten	W35	USA	00:37:49	387	01:13:48	01:45:31	02:59:19	826	03:43:02	701	00:34:41	00:34:04	00:35:22	01:44:06	350	05:31:11
514	3428	Coen van Schijndel	Gemert	M55	NED	00:43:31	831	01:12:42	01:37:08	02:49:50	563	03:40:43	665	00:33:31	00:34:50	00:35:42	01:44:02	348	05:31:12
515	3528	Michal Bureš	Hlášná Třeboň	M40	CZE	00:41:03	657	01:12:24	01:38:59	02:51:23	620	03:38:42	619	00:33:54	00:35:52	00:38:07	01:47:52	451	05:31:16
516	2104	Sebastien Varetto	Liège	M25	BEL	00:42:14	737	01:12:40	01:50:15	03:02:54	909	03:51:26	862	00:30:50	00:30:51	00:31:26	01:33:07	124	05:31:23
517	3086	Sergio Contrucci	Almere	M45	NED	00:38:29	437	01:12:33	01:41:34	02:54:07	692	03:38:38	617	00:33:07	00:35:31	00:40:33	01:49:10	483	05:31:24
518	3255	Alexander Veerman	Zeewolde	M50	NED	00:39:21	506	01:10:45	01:43:44	02:54:28	703	03:40:52	669	00:33:20	00:34:38	00:36:23	01:44:20	357	05:31:33
519	2789	Raoul Winters	Capelle A/d IJssel	M40	NED	00:32:32	103	01:08:38	01:31:35	02:40:12	304	03:19:19	222	00:38:37	00:42:55	00:46:26	02:07:58	933	05:31:34
520	2066	Rik van Stratum	Eindhoven	MU24	NED	00:40:39	612	01:12:19	01:38:00	02:50:18	584	03:38:01	605	00:35:30	00:35:19	00:36:54	01:47:42	441	05:31:34
521	2790	Rob Koelewijn	Almere	M40	NED	00:37:54	397	01:10:31	01:37:56	02:48:27	518	03:30:32	426	00:36:11	00:40:41	00:39:43	01:56:33	669	05:31:34
522	2542	Sven Beckmann	Harsefeld	M35	GER	00:44:27	896	01:08:01	01:35:27	02:43:28	392	03:33:35	502	00:31:10	00:36:09	00:45:58	01:53:16	575	05:31:38
523	4355	Sandra Ferrer	Genval	W40	FRA	00:32:00	88	01:15:10	01:42:52	02:58:02	798	03:37:46	593	00:35:25	00:36:09	00:38:23	01:49:56	497	05:31:44
524	2345	Andre Müller	Nettetal	M30	GER	00:43:05	799	01:08:50	01:42:17	02:51:06	609	03:42:23	691	00:32:47	00:33:34	00:36:26	01:42:46	317	05:31:53
525	3424	Ernst Woerlee	Heemstede	M55	NED	00:31:43	82	01:08:20	01:42:01	02:50:21	585	03:25:55	346	00:35:19	00:40:03	00:45:03	02:00:24	778	05:31:55
526	2829	Esquar Zuidema	Hardenberg	M40	NED	00:40:46	624	01:08:40	01:34:26	02:43:06	379	03:31:36	447	00:35:13	00:37:45	00:41:36	01:54:33	609	05:32:04
527	3267	Remko van der Lugt	Rotterdam	M50	NED	00:33:56	155	01:06:03	01:39:17	02:45:20	440	03:23:56	315	00:38:14	00:41:15	00:43:38	02:03:05	825	05:32:06
528	4249	Kathleen de Meulemeester	Eke	W35	BEL	00:39:46	551	01:11:10	01:40:01	02:51:10	614	03:35:29	544	00:36:25	00:37:18	00:39:14	01:52:56	565	05:32:19
529	2641	Rudy Wismans	Gendt	M35	NED	00:41:03	653	01:09:31	01:37:48	02:47:18	493	03:33:33	500	00:35:04	00:37:25	00:41:07	01:53:35	587	05:32:21
530	3005	Arthur Dieters	Almere	M45	NED	00:39:37	532	01:08:41	01:35:32	02:44:13	414	03:32:06	462	00:34:17	00:40:42	00:40:20	01:55:19	636	05:32:24
531	4206	Maija Salminen	Turku	W35	FIN	00:40:51	634	01:11:49	01:42:05	02:53:53	687	03:39:05	628	00:35:08	00:37:05	00:37:37	01:49:49	493	05:32:28
532	2647	Hidde Timmermans	Hoorn	M35	NED	00:40:28	600	01:13:25	01:42:40	02:56:04	742	03:43:39	717	00:32:57	00:34:02	00:36:51	01:43:48	343	05:32:28
533	2998	Erwin van Wengen	Huizen (nh)	M45	NED	00:36:29	306	01:12:03	01:41:11	02:53:14	670	03:34:48	528	00:37:05	00:36:28	00:39:44	01:53:16	574	05:32:29
534	3203	Karel Deforche	Izegem	M50	BEL	00:38:34	444	01:12:06	01:39:35	02:51:40	629	03:36:54	577	00:35:00	00:36:50	00:39:07	01:50:56	519	05:32:35
535	2671	Dan Vasile	Amstelveen	M35	ROU	00:41:52	714	01:09:31	01:36:01	02:45:31	446	03:32:10	465	00:35:24	00:39:25	00:41:39	01:56:27	666	05:32:37
536	4123	Merle Kristin Finke	Hannover	W30	GER	00:37:43	377	01:11:43	01:38:43	02:50:26	590	03:32:31	471	00:38:02	00:38:50	00:39:22	01:56:13	658	05:32:38
537	2663	Coen Dijkman	Weesp	M35	NED	00:36:11	285	01:08:49	01:36:50	02:45:39	448	03:26:54	358	00:36:45	00:41:04	00:43:42	02:01:30	798	05:32:44
538	2573	Roland Vos	Almere	M35	NED	00:39:55	563	01:03:34	01:30:27	02:34:00	173	03:20:25	240	00:36:42	00:44:03	00:47:18	02:08:02	935	05:32:47
539	2712	Petro Versieren	Lendeledede	M40	BEL	00:45:59	991	01:07:37	01:36:30	02:44:06	409	03:37:56	600	00:35:49	00:37:10	00:37:18	01:50:16	505	05:32:59
540	3410	Ralf Mittelstädt	Köln	M55	GER	00:41:51	713	01:10:36	01:39:36	02:50:12	581	03:40:14	650	00:34:03	00:36:11				

545	2608	Rob Kuiper	Hilversum	M35	NED	00:41:33	694	01:15:16	01:41:30	02:56:46	754	03:46:15	768	00:33:30	00:33:54	00:36:16	01:43:39	340	05:33:31
546	4103	Katri Avarmaa	Söderkulla	W30	FIN	00:37:49	388	01:13:54	01:44:36	02:58:30	809	03:40:17	653	00:35:28	00:36:28	00:37:56	01:49:51	495	05:33:44
547	2051	Antoine de Wasseige	Marilles	MU24	BEL	00:39:50	555	01:13:16	01:39:44	02:53:00	659	03:39:35	637	00:36:59	00:37:20	00:35:19	01:49:37	491	05:34:04
548	2516	Nico de Weerd	Rijkevorsel	M35	BEL	00:42:51	784	01:09:07	01:36:07	02:45:13	435	03:35:09	537	00:37:03	00:37:25	00:38:51	01:53:18	577	05:34:04
549	2354	Mirko Schmidt	Haßloch	M30	GER	00:35:03	217	01:02:47	01:54:48	02:57:35	786	03:38:02	606	00:36:03	00:36:04	00:38:55	01:51:01	520	05:34:06
550	4209	Rebecca Reckemeier	Aerzen	W35	GER	00:36:38	320	01:11:42	01:52:02	03:03:43	924	03:45:09	737	00:32:51	00:34:07	00:37:56	01:44:54	365	05:34:07
551	3518	Wim de Hek	Uithuizen	M60	NED	00:42:44	776	01:08:02	01:38:14	02:46:15	465	03:35:11	538	00:35:06	00:38:05	00:39:20	01:52:31	557	05:34:07
552	2600	Bart van der Stege	Zwolle	M35	NED	00:48:15	1096	01:11:51	01:41:59	02:53:50	686	03:48:26	812	00:32:17	00:32:49	00:36:27	01:41:33	283	05:34:10
553	4438	Marjan van Galen	Delft	W45	NED	00:37:35	375	01:10:53	01:39:05	02:49:58	569	03:33:27	497	00:36:21	00:37:42	00:40:08	01:54:09	599	05:34:10
554	3652	Stephen Lopez	Voorburg	M35	USA	00:48:58	1114	01:12:27	01:49:21	03:01:48	876	03:56:46	933	00:29:35	00:29:46	00:33:06	01:32:27	110	05:34:18
555	2576	Tjeu Baudoin	's-hertogenbosch	M35	NED	00:40:25	597	01:09:20	01:40:49	02:50:08	576	03:41:04	670	00:34:46	00:36:32	00:37:48	01:49:05	477	05:34:18
556	3045	Rene Theelen	Best	M45	NED	00:44:38	907	01:10:10	01:38:50	02:48:59	531	03:40:39	662	00:35:11	00:35:53	00:37:22	01:48:25	460	05:34:22
557	2553	Pascale Pauke	Siegen	M35	GER	00:44:38	908	01:04:13	01:29:08	02:33:20	161	03:23:53	312	00:39:14	00:43:05	00:43:48	02:06:06	900	05:34:25
558	2198	Jeroen Pisart	Noordwijk	M25	NED	00:32:04	90	01:14:30	01:39:07	02:53:36	679	03:30:34	429	00:36:40	00:38:02	00:44:46	01:59:27	744	05:34:27
559	3112	Øyvind Kristoffersen	Molde	M45	NOR	00:38:11	416	01:06:57	01:33:59	02:40:56	329	03:23:52	310	00:37:24	00:42:12	00:45:32	02:05:08	878	05:34:30
560	2704	Tom Covens	Bevel	M40	BEL	00:37:51	390	01:12:29	01:39:14	02:51:43	632	03:35:30	545	00:35:29	00:36:22	00:41:09	01:52:59	567	05:34:34
561	2590	Joep Meelkop	Molenhoek	M35	NED	00:39:51	556	01:11:17	01:42:37	02:53:53	688	03:41:26	678	00:33:06	00:35:51	00:38:07	01:47:04	430	05:34:35
562	2836	Richard Bruijs	Nijkerk	M40	NED	00:36:37	316	01:08:07	01:42:09	02:50:16	583	03:32:02	461	00:35:56	00:40:00	00:41:31	01:57:25	694	05:34:37
563	2627	Gijs Eltink	Vught	M35	NED	00:38:23	426	01:13:55	01:41:36	02:55:31	727	03:40:22	655	00:34:00	00:36:23	00:38:47	01:49:09	482	05:34:42
564	2444	Rob Palte	Eindhoven	M30	NED	00:45:46	973	01:11:11	01:41:17	02:52:27	648	03:46:26	771	00:32:35	00:34:04	00:36:02	01:42:39	310	05:34:43
565	2067	Mischa Buiting	Leiden	MU24	NED	00:44:48	922	01:13:07	01:37:35	02:50:42	594	03:43:51	718	00:34:28	00:36:46	00:35:12	01:46:25	414	05:34:48
566	3029	Ferdinand Hogenes	Amsterdam	M45	NED	00:46:24	1015	01:06:43	01:33:48	02:40:30	315	03:33:20	494	00:38:34	00:38:44	00:39:30	01:56:46	675	05:34:51
567	2383	Maikel Nouws	Utrecht	M30	NED	00:43:25	823	01:11:45	01:39:23	02:51:07	610	03:42:31	693	00:32:35	00:36:00	00:38:22	01:46:57	426	05:34:52
568	2332	Antoine Hinaut	Saint Louis	M30	FRA	00:35:56	266	01:09:09	01:38:34	02:47:43	500	03:29:41	404	00:36:01	00:39:37	00:44:47	02:00:24	777	05:34:54
569	4323	Melanie Haschke	Essen	W40	GER	00:38:31	441	01:14:26	01:45:00	02:59:26	832	03:45:09	739	00:33:58	00:35:25	00:35:44	01:45:06	373	05:35:03
570	3651	Mink Zeilstra	Huizen	M70	NED	00:36:07	277	01:10:19	01:40:03	02:50:22	586	03:33:18	493	00:36:25	00:37:49	00:39:02	01:53:15	573	05:35:24
571	4528	Inez Stark	Culemborg	W50	NED	00:39:00	479	01:11:54	01:37:50	02:49:44	560	03:34:26	516	00:35:40	00:38:37	00:41:34	01:55:50	649	05:35:28
572	2714	Gullu Evora	Belvaux	M40	CPV	00:41:58	720	01:09:57	01:41:41	02:51:37	626	03:41:21	674	00:33:48	00:36:07	00:40:01	01:49:56	496	05:35:34
573	2813	Eswin van Hal	Waalwijk	M40	NED	00:43:21	815	01:13:29	01:42:57	02:56:25	751	03:47:21	790	00:31:26	00:33:49	00:39:16	01:44:30	360	05:35:43
574	2988	Adriaan Lanser	Naarden	M45	NED	00:45:52	981	01:10:19	01:38:27	02:48:46	524	03:44:12	723	00:34:59	00:34:57	00:36:18	01:46:13	408	05:35:43
575	3057	Robert Teunisse	Purmerend	M45	NED	00:37:43	378	01:12:41	01:36:42	02:49:22	545	03:32:35	474	00:37:32	00:39:32	00:40:53	01:57:56	706	05:35:48
576	4553	Ulrike Baeuerle	Aidlingen-dachtel	W55	GER	00:39:00	478	01:15:00	01:44:19	02:59:19	827	03:45:09	738	00:34:35	00:35:16	00:36:27	01:46:17	411	05:35:51
577	2929	Keith Dunnett	Westhill	M45	GBR	00:31:55	85	01:10:14	01:40:37	02:50:50	599	03:30:31	425	00:39:36	00:38:47	00:38:30	01:56:52	683	05:35:51
578	3102	Marcel de Jong	Heerhugowaard	M45	NED	00:40:36	609	01:09:00	01:37:53	02:46:52	481	03:33:02	487	00:35:55	00:40:11	00:41:39	01:57:44	700	05:35:58
579	2807	Arjan Kamer	Oegstgeest	M40	NED	00:34:11	167	01:09:32	01:39:43	02:49:14	542	03:29:53	409	00:39:18	00:39:43	00:40:29	01:59:29	745	05:36:04
580	4436	Jeannette Lebouille	Almere	W45	NED	00:38:40	455	01:12:25	01:42:04	02:54:29	704	03:39:10	631	00:35:20	00:37:39	00:39:28	01:52:27	555	05:36:09
581	3061	Alex Elbers	Zuid Beijerland	M45	NED	00:43:16	808	01:07:28	01:32:57	02:40:25	312	03:28:22	381	00:37:14	00:40:34	00:46:23	02:04:10	855	05:36:11
582	2925	Olivier Dussine	Hazerwoude-dorp	M45	FRA	00:38:03	408	01:13:05	01:42:00	02:55:05	715	03:39:20	633	00:35:36	00:36:35	00:39:42	01:51:53	539	05:36:15
583	2381	Okke Meijer	Amsterdam	M30	NED	00:52:37	1202	01:10:41	01:39:06	02:49:47	562	03:49:06	824	00:33:39	00:33:47	00:33:40	01:41:05	271	05:36:18
584	2328	Marcos Gonzalez Alvarez	Brussels	M30	ESP	00:35:53	261	01:12:19	01:46:27	02:58:45	816	03:39:57	641	00:35:03	00:37:41	00:39:38	01:52:21	553	05:36:23
585	2831	Floris Kruisifix	Lelystad	M40	NED	00:39:31	520	01:03:33	01:28:46	02:32:18	142	03:17:22	191	00:39:35	00:45:41	00:48:22	02:13:37	1019	05:36:31
586	2463	Po Chiao Fang	Duesseldorf	M30	TPE	00:40:42	616	01:11:20	01:40:24	02:51:44	633	03:37:33	590	00:35:58	00:36:53	00:39:53	01:52:43	562	05:36:33
587	3423	Henk Oosterhof	Amersfoort	M55	NED	00:35:11	228	01:09:06	01:37:48	02:46:54	484	03:27:42	369	00:37:31	00:41:52	00:45:07	02:04:28	863	05:36:34
588	3014	Nick Bijsterveld	Amstelveen	M45	NED	00:42:25	753	01:14:36	01:42:33	02:57:09	771	03:47:14	786	00:34:55	00:34:33	00:33:10	01:42:37	309	05:36:42
589	3282	Arnold van der Zwaag	Harderwijk	M50	NED	00:43:38	845	01:12:31	01:44:25	02:56:55	762	03:46:39	777	00:33:10	00:35:40	00:37:45	01:46:34	419	05:36:43
590	3074	Marcel Koornneef	Rozenburg	M45	NED	00:49:27	1126	01:05:33	01:31:28	02:37:01	239	03:32:36	477	00:36:23	00:40:12	00:43:17	01:59:51	761	05:36:43
591	4337	Marije Engels	Den Haag	W40	NED	00:42:12	735	01:12:26	01:43:32	02:55:57	739	03:43:09	708	00:34:41	00:36:28	00:38:42	01:49:50	494	05:36:48
592	2617	Patrick Degenaar	Zoetermeer	M35	NED	00:47:40	1073	01:09:48	01:34:33	02:44:21	420	03:38:03	608	00:34:57	00:36:38	00:43:34	01:55:07	630	05:36:53
593	2805	Jaap Dirks	Amsterdam	M40	NED	00:46:00	992	01:08:36	01:37:37	02:46:13	462	03:37:13	587	00:37:02	00:39:19	00:40:04	01:56:24	663	05:37:01
594	2927	Sebastien Meynckens	Lens	M45	FRA	00:43:27	825	01:10:20	01:39:00	02:49:20	544	03:39:28	636	00:36:12	00:38:01	00:38:57	01:53:08	571	05:37:01
595	2996	Bas Arnoldussen	Veghel	M45	NED	00:40:04	570	01:10:07	01:39:32	02:49:38	557	03:35:12	539	00:36:22	00:39:40	00:41:06	01:57:07	689	05:37:09
596	2603	Jos Leijenhorst	Haarlem	M35	NED	00:43:52	858	01:11:30	01:43:10	02:54:40	706	03:45:13	741	00:34:03	00:36:05	00:37:46	01:47:52	450	05:37:15
597	3007	Shandar Kooij	Amsterdam	M45	NED	00:41:04	658	01:09:23	01:36:00	02:45:23	442	03:34:06	510	00:36:13	00:40:02	00:40:30	01:56:43	672	05:37:20
598	2999	Diederik Vooijs	Nijmegen	M45	NED	00:40:45	619	01:12:22	01:48:31	03:00:53	857	03:47:32	793	00:32:55	00:35:09	00:37:33	01:45:36	387	05:37:36
599	3316	Maarten Zon	Almere	M50	NED	00:40:48	628	01:10:07	01:39:34	02:49:41	558	03:36:00	559	00:37:46	00:39:10	00:40:52	01:57:47	701	05:37:39
600	2759	Charlie Hageman	Amsterdam	M40	NED	00:42:37	764	01:06:23	01:34:59	02:41:22	343	03:32:09	464	00:39:30	00:40:48	00:41:05	02:01:22	797	05:37:39
601	3279	Sjakkie van den Broeke	Hoek	M50	NED	00:42:41	770	01:09:59	01:38:12	02:48:10	512	03:37:02	581	00:34:53	00:39:18	00:40:48	01:54:58	623	05:37:47
602	4336	Helen Kleinveld	Den Haag	W40	NED	00:34:02	159	01:14:26	01:47:51	03:02:17	892	03:40:31	659						

671	4208	Celine Delcher	's-hertogenbosch	W35	FRA	00:49:41	1135	01:16:42	01:46:58	03:03:40	923	04:01:09	994	00:31:44	00:31:35	00:32:33	01:35:52	173	05:44:02
672	3284	Marcel Kloesmeijer	Den Haag	M50	NED	00:39:07	485	01:11:25	01:43:53	02:55:17	722	03:40:16	652	00:37:20	00:39:48	00:41:14	01:58:21	716	05:44:10
673	2650	Arnaud Houweling	Almere	M35	NED	00:43:54	861	01:13:56	01:40:13	02:54:09	694	03:45:02	735	00:36:29	00:36:49	00:40:00	01:53:17	576	05:44:13
674	3330	Ronald Koch	Almere	M50	NED	00:35:26	237	01:10:01	01:38:47	02:48:47	526	03:29:16	396	00:40:10	00:43:04	00:46:50	02:10:04	973	05:44:32
675	2859	Denis Zakharenko	Karlsruhe	M40	UKR	00:46:46	1029	01:09:45	01:41:48	02:51:33	624	03:46:36	775	00:35:49	00:37:45	00:37:00	01:50:33	511	05:44:32
676	2907	Jannick Forzspaniak	Waregem	M45	BEL	00:41:47	707	01:11:51	01:37:45	02:49:36	554	03:37:52	597	00:37:48	00:40:10	00:43:12	02:01:09	791	05:44:39
677	2459	Eivind Skjærven	Oslo	M30	NOR	00:48:32	1106	01:12:30	01:44:40	02:57:10	772	03:52:14	875	00:34:09	00:36:12	00:37:59	01:48:19	458	05:44:44
678	2452	Dennis Vleugel	Almere	M30	NED	00:34:23	183				0		0	00:41:56	00:39:39	00:42:51	02:04:26	861	05:44:53
679	3059	Marc Schipper	Papendrecht	M45	NED	00:37:57	402	01:15:08	01:47:09	03:02:16	891	03:48:24	811	00:35:48	00:36:17	00:39:37	01:51:41	534	05:45:07
680	2915	Dave Lagerwerf	Maple Ridge	M45	CAN	00:39:16	499	01:08:38	01:39:17	02:47:55	507	03:37:59	604	00:37:27	00:37:55	00:43:18	01:58:40	721	05:45:09
681	3016	Eddy Kuijer	Geertruidenberg	M45	NED	00:50:25	1155	01:07:33	01:35:39	02:43:11	381	03:41:57	686	00:36:31	00:39:58	00:42:42	01:59:10	739	05:45:22
682	2974	Dennis Bijleveld	Breda	M45	NED	00:40:24	593	01:11:50	01:35:59	02:47:49	502	03:36:44	575	00:37:35	00:40:11	00:44:46	02:02:30	818	05:45:23
683	4201	Marie Asscherickx	Kortrijk	W35	BEL	00:36:28	302	01:15:44	01:46:52	03:02:35	900	03:45:57	761	00:36:55	00:38:32	00:40:15	01:55:41	644	05:45:34
684	4124	Madeleine Ullrich	München	W30	GER	00:39:14	496	01:09:55	01:40:19	02:50:13	582	03:36:05	564	00:39:21	00:41:04	00:42:48	02:03:13	828	05:45:35
685	2638	Alain Groesbeek	Den Haag	M35	NED	00:42:17	739	01:12:36	01:38:30	02:51:06	608	03:41:51	684	00:38:30	00:40:08	00:39:18	01:57:54	705	05:45:41
686	4506	Sabine Casimir	Kerken	W50	GER	00:47:37	1072	01:10:38	01:42:58	02:53:35	678	03:46:49	780	00:36:03	00:37:12	00:40:53	01:54:07	598	05:45:42
687	4435	Astrid de Baat	Uden	W45	NED	00:44:33	902	01:08:16	01:37:24	02:45:40	449	03:36:05	562	00:40:49	00:41:47	00:43:18	02:05:54	895	05:45:54
688	2526	Marc Creton	Hénin Beaumont	M35	FRA	00:43:41	848	01:13:07	01:45:11	02:58:18	803	03:49:31	833	00:36:09	00:36:42	00:38:42	01:51:32	533	05:46:02
689	2508	Yannick Herman	Peutie	M35	BEL	00:40:50	632	01:10:39	01:40:15	02:50:53	603	03:37:04	582	00:38:37	00:42:28	00:43:34	02:04:38	869	05:46:05
690	2743	Marc Riehl	Neidhausen	M40	LUX	00:44:42	915	01:07:04	01:33:18	02:40:21	309	03:32:15	466	00:41:53	00:42:36	00:43:29	02:07:57	932	05:46:06
691	3451	Donald Janssen	Oss	M55	NED	00:37:29	370	01:12:13	01:38:55	02:51:08	611	03:32:39	478	00:39:24	00:42:59	00:47:33	02:09:55	969	05:46:08
692	2416	Jan-Jurien de Rijck	Rotterdam	M30	NED	00:41:08	664	01:17:26	01:52:47	03:10:13	1016	03:57:22	943	00:33:36	00:35:05	00:36:06	01:44:46	362	05:46:14
693	2662	Robbert Sterk	Weesp	M35	NED	00:40:35	606	01:10:12	01:38:49	02:49:00	533	03:33:16	491	00:39:54	00:42:51	00:45:44	02:08:28	943	05:46:29
694	4442	Cordula Rooijendijk	Burgerveen	W45	NED	00:44:52	924	01:15:25	01:42:42	02:58:07	800	03:48:42	820	00:36:23	00:37:38	00:38:34	01:52:34	559	05:46:37
695	3524	Koos Jansen	Enschede	M60	NED	00:45:43	969	01:09:08	01:37:34	02:46:42	473	03:39:43	640	00:38:58	00:40:07	00:42:13	02:01:17	793	05:46:39
696	3041	Rob Brekelmans	Helvoirt	M45	NED	00:41:13	672	01:08:11	01:34:41	02:42:51	371	03:30:33	428	00:36:18	00:45:29	00:48:28	02:10:14	975	05:46:50
697	4415	Anne Herzberg	Essenheim	W45	GER	00:35:42	248	01:14:27	01:43:54	02:58:20	805	03:40:24	656	00:39:26	00:40:25	00:42:22	02:02:12	814	05:46:52
698	3325	Jan-Pieter Varkevisser	Weesp	M50	NED	00:49:41	1134	01:11:26	01:39:39	02:51:04	606	03:46:50	781	00:34:49	00:37:51	00:42:22	01:55:01	625	05:46:53
699	2323	Thomas Holm Jensen	Stenlille	M30	DEN	00:45:27	953	01:13:05	01:39:35	02:52:39	651	03:47:17	788	00:37:48	00:38:42	00:37:45	01:54:15	603	05:46:56
700	3006	Marcel Vervuurt	Middelburg	M45	NED	00:35:54	264	01:16:25	01:50:24	03:06:48	974	03:47:36	794	00:34:04	00:38:00	00:43:46	01:55:48	648	05:46:58
701	2329	Sami Waittinen	Amsterdam	M30	FIN	00:44:09	875	01:12:10	01:41:39	02:53:49	685	03:43:04	703	00:36:34	00:40:28	00:42:52	01:59:52	763	05:47:12
702	2512	Simon van Loon	Kasterlee	M35	BEL	00:43:25	821	01:11:40	01:45:12	02:56:52	759	03:46:22	770	00:36:03	00:39:08	00:41:31	01:56:42	671	05:47:17
703	2060	Lukas Kehm	Büdingen	MU24	GER	00:37:52	391	01:14:57	01:42:49	02:57:45	792	03:42:58	700	00:35:35	00:38:49	00:46:13	02:00:36	780	05:47:18
704	3227	Ralf Reutzel	Ortenberg	M50	GER	00:40:12	580	01:12:26	01:39:44	02:52:09	640	03:39:27	635	00:38:23	00:41:39	00:43:18	02:03:19	833	05:47:18
705	4525	Mirjam Leussink	Enschede	W50	NED	00:38:21	425	01:10:50	01:38:41	02:49:30	548	03:34:22	514	00:40:48	00:42:21	00:45:05	02:08:13	937	05:47:20
706	2527	Ryan Percy	Amsterdam	M35	GBR	00:42:57	794	01:16:35	01:44:32	03:01:07	865	03:51:51	869	00:35:09	00:38:22	00:38:01	01:51:31	532	05:47:23
707	2769	John Volk	Krimpen Aan Delek	M40	NED	00:38:48	463	01:12:30	01:38:18	02:50:47	596	03:37:05	583	00:36:10	00:40:12	00:47:06	02:03:27	838	05:47:24
708	2834	Wilco de Ruiters	Hilversum	M40	NED	00:42:09	734	01:08:44	01:36:58	02:45:41	450	03:35:43	551	00:39:00	00:44:10	00:44:08	02:07:16	922	05:47:25
709	2336	Peter Atkinson	Stockport	M30	GBR	00:44:28	898	01:10:35	01:47:39	02:58:14	801	03:48:49	821	00:35:57	00:38:14	00:38:55	01:53:06	569	05:47:30
710	2788	Bram van de Langenberg	Maastricht	M40	NED	00:44:35	903	01:14:19	01:49:03	03:03:21	914	03:57:22	944	00:33:25	00:34:09	00:35:39	01:43:11	327	05:47:31
711	3342	Alex de Boer	Dordrecht	M50	NED	00:39:08	488	01:12:41	01:43:28	02:56:08	744	03:45:47	757	00:37:28	00:37:44	00:38:59	01:54:11	601	05:47:38
712	2418	Sjors van der Veer	Nigtevecht	M30	NED	00:41:54	716	01:13:29	01:43:33	02:57:02	768	03:46:37	776	00:36:00	00:37:48	00:39:34	01:53:21	579	05:47:41
713	3051	Sven den Brave	Almere	M45	NED	00:43:36	844	01:14:16	01:48:22	03:02:37	902	03:54:14	902	00:34:50	00:36:20	00:38:04	01:49:13	486	05:47:41
714	2156	Dexter Wessel	Den Haag	M25	NED	00:41:59	721	01:16:33	01:48:50	03:05:23	952	03:53:08	883	00:32:48	00:36:32	00:40:41	01:49:59	498	05:47:42
715	2337	Christian Eger	Wuppertal	M30	GER	00:46:31	1019	01:12:14	01:45:24	02:57:38	788	03:51:34	865	00:35:20	00:37:25	00:38:25	01:51:10	524	05:47:45
716	2956	Thomas Beckmann	Wolfsburg	M45	GER	00:47:00	1043	01:13:32	01:46:21	02:59:53	843	03:52:21	877	00:35:18	00:35:51	00:36:37	01:47:46	445	05:48:11
717	3301	Richard Nusteling	Ridderkerk	M50	NED	00:46:32	1023	01:11:37	01:47:56	02:59:33	836	03:54:58	911	00:33:52	00:36:11	00:38:47	01:48:50	469	05:48:16
718	3291	Willem Mensink	Hatterembroek	M50	NED	00:41:21	680	01:13:45	01:41:46	02:55:30	726	03:44:56	733	00:38:01	00:38:41	00:40:09	01:56:51	682	05:48:19
719	3024	Harm Brouwer	Almere	M45	NED	00:47:55	1083	01:14:50	01:44:45	02:59:34	837	03:54:12	901	00:35:38	00:36:42	00:38:02	01:50:21	506	05:48:26
720	4202	Ellen Schepers	Lommel	W35	BEL	00:40:01	567	01:16:27	01:43:30	02:59:56	844	03:44:43	730	00:38:35	00:40:20	00:40:06	01:59:00	732	05:48:28
721	3062	Bart Willem Nagel	Lelystad	M45	NED	00:35:43	251	01:06:49	01:34:22	02:41:10	340	03:21:07	253	00:43:53	00:47:26	00:51:26	02:22:45	1122	05:48:29
722	2801	Mark Singendonk	Breda	M40	NED	00:49:49	1141	01:09:04	01:38:01	02:47:05	489	03:45:43	756	00:35:42	00:38:02	00:42:38	01:56:22	661	05:48:31
723	4318	Denise Shepherd	Milcombe	W40	GBR	00:43:22	817	01:11:49	01:45:23	02:57:12	776	03:45:18	745	00:38:20	00:40:02	00:40:53	01:59:14	741	05:48:39
724	2982	John Bolleboom	Den Haag	M45	NED	00:43:05	800	01:08:16	01:37:40	02:45:55	459	03:37:12	586	00:39:07	00:42:02	00:44:40	02:05:48	894	05:48:47
725	2169	Bram van Engelen	Breda	M25	NED	00:43:45	852	01:15:23	01:45:53	03:01:16	868	03:49:16	827	00:32:57	00:39:48	00:42:17	01:55:00	624	05:49:01
726	2524	Yannick Philippe	Escaudain	M35	FRA	00:43:12	802	01:13:31	01:44:53	02:58:24	807	03:49:17	828	00:36:02	00:36:56	00:42:23	01:55:19	637	05:49:04
727	2199	Jelle Roks	Veenendaal	M25	NED	00:29:36	40	01:12:30	01:40:22	02:52:52	657	03:29:21	397	00:40:49	00:47:30	00:47:06	02:15:24	1054	05:49:11
728	4356	Jantje van der Werff	Dokkum	W40	NED	00:37:53	395	01:11:30	01:38:35	02:50:04	572	03:33:05	489	00:41:24	00:43:44	00:46:3			

729	2994	Bart Blaas	Alphen Aan Den Rijn	M45	NED	00:46:22	1014	01:09:25	01:34:00	02:43:25	388	03:35:08	536	00:39:43	00:43:57	00:45:51	02:09:30	965	05:49:15
730	2984	Ward Jansen	Hilversum	M45	NED	00:45:47	974	01:16:39	01:47:11	03:03:49	927	04:00:07	978	00:33:45	00:34:00	00:35:20	01:43:04	323	05:49:17
731	3081	Jeroen Stahlberg	Almere	M45	NED	00:39:54	559	01:08:14	01:35:01	02:43:14	382	03:31:02	437	00:39:49	00:45:23	00:47:47	02:12:59	1004	05:49:31
732	3601	Dick Simons	Houten	M65	NED	00:46:48	1031	01:09:20	01:34:50	02:44:09	410	03:37:47	594	00:40:20	00:41:36	00:42:27	02:04:22	860	05:49:40
733	2599	Evert Timmerman	Hoogland	M35	NED	00:46:55	1040	01:07:01	01:33:09	02:40:09	302	03:31:14	440	00:39:13	00:43:45	00:49:35	02:12:32	999	05:49:41
734	4322	Nina Behlendorf	Nieder-olm	W40	GER	00:41:03	655	01:11:03	01:42:11	02:53:13	667	03:40:04	645	00:39:27	00:41:26	00:44:37	02:05:29	888	05:49:45
735	3110	Børge Moholt	Stabekk	M45	NOR	00:50:16	1150	01:15:13	01:45:10	03:00:22	849	03:57:10	939	00:33:22	00:35:53	00:38:04	01:47:18	437	05:49:48
736	2580	Erik Ringenier	Amersfoort	M35	NED	00:40:28	601	01:15:11	01:44:12	02:59:22	829	03:46:35	774	00:35:53	00:37:51	00:41:40	01:55:23	639	05:49:48
737	2204	Marco Vleugel	Almere	M25	NED	00:34:47	198	01:18:40	01:44:42	03:03:22	915	03:45:31	750	00:36:40	00:40:02	00:42:56	01:59:37	752	05:49:51
738	3125	Menno van de Paverd	Brecht	M45	NED	00:41:26	690	01:13:28	01:40:52	02:54:20	698	03:44:21	725	00:38:37	00:39:12	00:42:21	02:00:09	770	05:49:58
739	2186	Jelmer Bakering	Duiven	M25	NED	00:41:12	668	01:09:24	01:42:28	02:51:52	637	03:39:05	627	00:37:42	00:40:33	00:46:43	02:04:58	876	05:50:00
740	3271	Willem Peletier	Heemstede	M50	NED	00:39:14	495	01:09:59	01:43:03	02:53:02	660	03:38:46	622	00:37:55	00:42:58	00:44:49	02:05:40	891	05:50:06
741	3407	Tony Warner	Stourbridge	M55	GBR	00:38:11	415	01:14:57	01:50:10	03:05:07	948	03:49:25	831	00:35:06	00:37:54	00:41:36	01:54:35	611	05:50:08
742	2563	Dennis Coorn	Amersfoort	M35	NED	00:49:36	1131	01:10:02	01:40:40	02:50:41	593	03:47:45	797	00:35:05	00:38:10	00:39:51	01:53:06	570	05:50:08
743	2604	Peter Brochard	Rotterdam	M35	NED	00:41:10	665	01:13:09	01:48:32	03:01:41	873	03:51:49	867	00:36:00	00:37:05	00:39:02	01:52:06	548	05:50:16
744	2652	Maarten Herman Kuiter	Almere	M35	NED	00:36:51	329	01:15:37	01:45:17	03:00:54	859	03:42:26	692	00:38:29	00:39:56	00:43:32	02:01:56	808	05:50:16
745	4064	Kim Marei Kusserow	Marl	W25	GER	00:34:19	179	01:16:56	01:49:39	03:06:35	968	03:46:30	773	00:37:34	00:39:41	00:43:01	02:00:14	773	05:50:22
746	4334	Winnifred Selukov	Etival	W40	NED	00:41:47	708	01:15:22	01:47:13	03:02:35	899	03:50:59	857	00:38:00	00:38:07	00:39:13	01:55:18	635	05:50:23
747	2506	Tim Cordy	Langemark Poelkapelle	M35	BEL	00:43:34	837	01:10:44	01:41:01	02:51:44	634	03:41:21	676	00:38:06	00:40:06	00:45:47	02:03:57	849	05:50:26
748	2962	Holger Kliem	Witten	M45	GER	00:40:08	576	01:11:03	01:41:19	02:52:22	644	03:40:44	666	00:37:26	00:41:51	00:44:22	02:03:37	841	05:50:33
749	3280	Jan van Liempt	Kaag	M50	NED	00:43:15	807	01:12:47	01:41:56	02:54:43	708	03:45:05	736	00:38:51	00:39:32	00:40:26	01:58:48	726	05:50:46
750	3406	Peter Hayward	Teignmouth	M55	GBR	00:34:24	186	01:10:59	01:59:47	03:10:46	1024	03:50:38	851	00:36:27	00:37:00	00:39:54	01:53:20	578	05:50:49
751	2369	Franklin Foroni	Rotterdam	M30	ITA	00:41:22	683	01:12:42	01:47:58	03:00:39	855	03:49:45	837	00:35:41	00:39:27	00:40:48	01:55:54	650	05:50:49
752	2934	Mike Sanderson	Sale	M45	GBR	00:37:25	364	01:17:09	01:44:59	03:02:08	888	03:46:10	765	00:38:08	00:40:15	00:41:37	01:59:59	768	05:50:51
753	2412	Jordy Gatignon	Rotterdam	M30	NED	00:54:25	1229	01:03:02	01:30:05	02:33:06	157	03:34:40	520	00:36:57	00:44:50	00:48:12	02:09:58	971	05:51:10
754	4070	Pommeline Warringa	Paris	W25	NED	00:39:54	561	01:18:04	01:50:51	03:08:55	999	03:53:47	894	00:37:53	00:37:07	00:38:29	01:53:29	583	05:51:12
755	2643	Jeroen Ruijs	Almere	M35	NED	00:33:21	132	01:15:31	01:49:18	03:04:49	941	03:44:41	729	00:38:14	00:41:05	00:42:31	02:01:49	805	05:51:18
756	2201	Frank Doornink	Velserbroek	M25	NED	00:42:03	725	01:12:27	01:42:34	02:55:00	712	03:43:03	702	00:38:05	00:41:10	00:44:30	02:03:45	843	05:51:22
757	2557	Adryan Villalobos	Mettmann	M35	GER	00:43:20	814	01:13:07	01:44:34	02:57:41	789	03:48:10	806	00:39:47	00:40:59	00:37:18	01:58:03	712	05:51:23
758	3334	Joop Rasser	Leiderdorp	M50	NED	00:40:45	622	01:10:43	01:35:33	02:46:16	466	03:32:07	463	00:42:12	00:43:33	00:47:51	02:13:35	1017	05:51:37
759	3313	Hans Tjhuis	Amersfoort	M50	NED	00:36:31	308	01:17:02	01:47:31	03:04:32	936	03:48:15	810	00:37:25	00:39:35	00:41:03	01:58:02	711	05:51:38
760	3028	Robert van Dal	Amsterdam	M45	NED	00:42:37	765	01:11:29	01:35:23	02:46:51	480	03:34:54	531	00:41:36	00:43:26	00:47:16	02:12:17	996	05:51:47
761	4429	Linda Nagel	Lelystad	W45	NED	00:39:04	483	01:11:45	01:39:07	02:50:52	602	03:35:14	540	00:41:40	00:43:47	00:46:55	02:12:20	997	05:51:52
762	4005	Daniëlle Spoelder	Almere	WU24	NED	00:33:17	129	01:12:42	01:49:08	03:01:49	878	03:40:09	649	00:38:09	00:42:59	00:47:21	02:08:28	944	05:52:06
763	2601	Sander Lueks	Almere	M35	NED	00:41:12	669	01:12:50	01:43:04	02:55:53	737	03:45:17	744	00:37:50	00:41:29	00:41:49	02:01:08	790	05:52:15
764	2808	Jef Ruijtenbeek	Papendrecht	M40	NED	00:40:07	574	01:16:47	01:49:50	03:06:37	969	03:53:13	884	00:35:44	00:37:58	00:40:24	01:54:05	597	05:52:20
765	2468	Elkin Coppoolse	Doetinchem	M30	NED	00:48:19	1099	01:11:50	01:39:12	02:51:01	605	03:47:54	801	00:35:46	00:40:18	00:43:37	01:59:40	753	05:52:24
766	3012	Carlo Pappot	Mijdrecht	M45	NED	00:40:52	637	01:09:32	01:35:49	02:45:20	441	03:34:54	532	00:41:05	00:44:24	00:47:07	02:12:36	1001	05:52:28
767	4407	Majken Juul Jensen	Emmeloord	W45	DEN	00:47:35	1070	01:15:25	01:45:05	03:00:30	852	03:53:19	887	00:37:28	00:37:47	00:39:53	01:55:07	629	05:52:31
768	4311	Andreanne Roy-Perreault	La Hulpe	W40	CAN	00:40:17	586	01:20:16	01:54:33	03:14:48	1066	04:01:11	995	00:33:53	00:36:08	00:36:47	01:46:48	425	05:52:33
769	3237	Jürgen Betzler	Leinfeldern	M50	GER	00:37:03	339	01:15:37	01:46:29	03:02:05	887	03:45:25	748	00:36:45	00:39:53	00:44:10	02:00:47	782	05:52:35
770	3083	Thomas Kijftenbelt	Nuernberg	M45	NED	00:43:31	832	01:16:24	01:47:08	03:03:31	920	03:53:22	888	00:36:41	00:38:13	00:40:18	01:55:11	631	05:52:36
771	2990	Theo Willemink	Amersfoort	M45	NED	00:41:35	695	01:13:46	01:43:04	02:56:50	758	03:48:36	816	00:36:30	00:38:27	00:41:28	01:56:24	662	05:52:39
772	2844	Roland van der Jagt	Utrecht	M40	NED	00:37:51	389	01:14:10	01:40:42	02:54:52	711	03:38:07	609	00:37:46	00:43:52	00:47:04	02:08:42	946	05:52:42
773	2983	Peter Nieuwland	Amsterdam	M45	NED	00:40:17	582	01:12:44	01:37:47	02:50:31	591	03:41:31	679	00:38:05	00:40:32	00:43:24	02:02:01	811	05:52:50
774	2353	Christoph Meyer	Rastede	M30	GER	00:38:42	459	01:11:45	01:41:54	02:53:38	683	03:37:59	603	00:40:25	00:44:23	00:46:14	02:11:00	984	05:53:15
775	2436	Paul de Bakker	Almere	M30	NED	00:46:54	1039	01:09:03	01:38:52	02:47:55	506	03:39:22	634	00:39:19	00:42:55	00:46:06	02:08:18	938	05:53:19
776	2973	Marc Cortie	Diemen	M45	NED	00:47:58	1084	01:10:07	01:42:15	02:52:21	642	03:47:17	787	00:34:41	00:39:27	00:44:48	01:58:55	731	05:53:28
777	2847	Joris van Brakel	Almere	M40	NED	00:41:50	711	01:13:22	01:43:47	02:57:08	770	03:45:14	742	00:37:42	00:41:25	00:44:04	02:03:11	827	05:53:36
778	3215	Nicolas Lallemand	Veldhoven	M50	FRA	00:42:41	771	01:12:27	01:44:23	02:56:49	757	03:47:56	802	00:37:38	00:39:53	00:42:13	01:59:42	756	05:53:39
779	2963	Kai Prünfte	Witten	M45	GER	00:38:13	417	01:16:48	01:58:58	03:15:46	1077	04:01:08	993	00:33:39	00:35:21	00:37:12	01:46:11	407	05:53:40
780	3288	Mart van Zijl	Krimpen Aan Den IJssel	M50	NED	00:35:05	224	01:16:16	01:47:10	03:03:26	918	03:47:37	795	00:36:33	00:39:02	00:43:06	01:58:40	720	05:53:43
781	2568	Daan Harterink	Rosmalen	M35	NED	00:39:31	521	01:09:53	02:05:43	03:15:35	1073	04:01:18	998	00:35:01	00:35:34	00:37:27	01:48:01	454	05:53:47
782	2765	Azamat Ismailov	Amsterdam	M40	NED	00:45:33	958	01:11:29	01:55:18	03:06:47	973	03:58:19	962	00:34:12	00:36:23	00:39:48	01:50:22	507	05:53:59
783	2533	Rick Poole	Manchester	M35	GBR	00:43:39	847	01:11:04	01:44:35	02:55:39	729	03:44:28	726	00:42:27	00:40:04	00:41:27	02:03:57	850	05:54:08
784	2779	Tobias Smith-Cullen	Haarlem	M40	NED	00:46:53	1037	01:09:15	01:40:38	02:49:52	566	03:43:14	711	00:37:29	00:44:23	00:44:22	02:06:13	906	05:54:11
785	2346	Alexander Jussen	Aachen	M30	GER	00:53:28	1217	01:03:10	01:32:20	02:35:30	198	03:37:20	588	00:39:48	00:43:34	00:47:06	02:10:27	978	05:54:13
786	2128	Martin Burek	Köln	M25	GER	00:54:50	1231	01:12:22	01:46:20	02:58:41	813	03:59:4							

789	3332	Callenbach	Almere	M50	NED	00:45:20	949	01:14:18	01:40:54	02:55:11	720	03:45:53	760	00:38:06	00:41:07	00:43:42	02:02:55	822	05:54:45
790	4340	Hetty Vossen	Boornbergum	W40	NED	00:45:48	975	01:14:54	01:49:53	03:04:46	938	03:57:56	953	00:34:54	00:37:23	00:38:49	01:51:05	522	05:54:50
791	2820	Hugo Went	Noordwijk	M40	NED	00:47:08	1049	01:13:10	01:44:52	02:58:01	797	03:52:10	873	00:35:40	00:39:23	00:43:31	01:58:32	717	05:54:57
792	2739	Lars Anders	Wesseling	M40	GER	00:46:30	1018	01:15:29	01:54:11	03:09:39	1008	04:02:39	1012	00:34:31	00:36:43	00:36:03	01:47:16	435	05:54:58
793	4520	Ingrid Hissink	Amsterdam	W50	NED	00:43:52	859	01:12:51	01:48:13	03:01:04	863	03:49:56	839	00:37:37	00:40:31	00:42:49	02:00:56	785	05:55:02
794	2971	Harmen van der Kooij	Groenekan	M45	NED	00:43:16	809	01:13:30	01:43:31	02:57:01	766	03:47:05	784	00:37:48	00:41:42	00:44:13	02:03:42	842	05:55:16
795	3298	Edwin Herber	Utrecht	M50	NED	00:43:30	830	01:12:24	01:40:44	02:53:07	662	03:41:51	685	00:38:48	00:42:11	00:48:20	02:09:18	960	05:55:26
796	3077	Jan Hollander	Nieuwegein	M45	NED	00:41:18	677	01:08:46	01:41:37	02:50:22	587	03:40:06	646	00:38:06	00:34:05	00:53:02	02:05:12	882	05:55:26
797	2776	Ferry Oorsprong	Breda	M40	NED	00:36:52	330	01:11:59	01:45:48	02:57:46	793	03:41:06	672	00:40:17	00:42:56	00:45:31	02:08:43	947	05:55:27
798	3022	Meinze Hobo	Almere	M45	NED	00:52:24	1197	01:14:18	01:43:12	02:57:29	782	03:58:07	960	00:35:10	00:36:57	00:39:57	01:52:04	546	05:55:32
799	3433	Marcel Soselisa	Delft	M55	NED	00:44:39	910	01:12:21	01:40:42	02:53:03	661	03:47:41	796	00:37:41	00:42:56	00:42:46	02:03:22	835	05:55:35
800	4335	Mirjam Lammers	Aalten	W40	NED	00:46:06	998	01:16:59	01:47:21	03:04:20	933	03:56:01	926	00:37:22	00:38:12	00:39:03	01:54:37	612	05:55:37
801	3088	Marcel Visser	Almere	M45	NED	00:41:03	656	01:09:19	01:37:35	02:46:54	482	03:33:25	495	00:42:43	00:47:28	00:47:18	02:17:28	1080	05:55:40
802	2525	Laurent Delcher	's-hertogenbosch	M35	FRA	00:47:23	1060	01:08:59	01:39:17	02:48:16	514	03:42:39	695	00:39:41	00:41:01	00:45:58	02:06:39	914	05:55:42
803	2972	André Postema	Maastricht	M45	NED	00:47:25	1063	01:22:15	01:54:20	03:16:34	1085	04:11:28	1081	00:31:21	00:32:15	00:33:55	01:37:30	206	05:55:44
804	4403	Kathleen Delporte	Wevelgem	W45	BEL	00:45:17	942	01:15:56	01:45:52	03:01:48	877	03:54:18	903	00:36:34	00:38:42	00:40:28	01:55:43	645	05:55:55
805	2403	Arjan Verhagen	Nijmegen	M30	NED	00:52:00	1189	01:11:13	01:38:04	02:49:16	543	03:48:27	813	00:40:07	00:39:41	00:44:04	02:03:51	846	05:55:56
806	2738	Ingo Oldenettel	Ihlow	M40	GER	00:46:47	1030	01:10:44	01:43:10	02:53:54	689	03:47:21	791	00:39:28	00:41:29	00:41:42	02:02:38	820	05:55:57
807	2772	Francois Eijgelshoven	Vught	M45	NED	00:50:57	1173	01:10:32	01:42:15	02:52:46	653	03:50:11	841	00:36:34	00:40:10	00:43:10	01:59:53	765	05:56:00
808	3409	Olaf Höfler	Wipperfürth	M55	GER	00:37:01	338	01:14:32	01:50:15	03:04:47	940	03:48:14	809	00:38:02	00:40:42	00:44:31	02:03:14	829	05:56:09
809	2856	Lukas Hänel	Bern	M40	SUI	00:38:17	418	01:13:30	01:48:44	03:02:13	890	03:46:51	782	00:36:47	00:39:18	00:45:51	02:01:55	806	05:56:10
810	4243	Anna Bednarczyk	Amsterdam	W35	POL	00:45:43	970	01:15:34	01:47:02	03:02:35	901	03:53:24	890	00:38:13	00:39:23	00:41:30	01:59:05	737	05:56:17
811	4301	Olivia Bolzer-Stanko	Vienna	W40	AUT	00:45:21	950	01:14:45	01:45:51	03:00:36	854	03:50:21	844	00:38:54	00:40:33	00:42:52	02:02:18	815	05:56:21
812	4353	Maria Åberg	Kalmar	W40	SWE	00:44:55	926	01:12:06	01:43:59	02:56:05	743	03:47:28	792	00:38:57	00:40:48	00:43:37	02:03:22	834	05:56:24
813	3027	Robert Horster	Haarlem	M45	NED	00:45:19	948	01:16:23	01:49:36	03:05:58	956	04:00:10	980	00:34:34	00:36:33	00:39:21	01:50:27	508	05:56:30
814	2806	Rob Moonen	Nuth	M40	NED	00:47:03	1046	01:12:54	01:48:41	03:01:34	871	03:54:40	907	00:36:35	00:38:58	00:41:31	01:57:03	687	05:56:40
815	2828	Martin van den Bosch	Zierikzee	M40	NED	00:41:44	704	01:10:27	01:36:32	02:46:58	486	03:35:34	548	00:44:50	00:44:13	00:45:45	02:14:48	1045	05:56:42
816	3602	Aert Bakker	Enschede	M65	NED	00:38:35	447	01:16:02	01:48:28	03:04:30	935	03:51:10	861	00:36:43	00:39:23	00:42:56	01:59:01	735	05:56:50
817	3448	Michiel Heslinga	Almere	M55	NED	00:52:33	1199	01:11:54	01:43:51	02:55:45	731	03:54:59	912	00:37:03	00:39:12	00:41:23	01:57:37	697	05:57:08
818	3319	Roel Arends	Almere	M50	NED	00:34:11	166	01:10:17	01:38:19	02:48:35	522	03:29:25	400	00:39:45	00:45:08	00:53:43	02:18:35	1090	05:57:17
819	2551	Thomas Dall	Lingen	M35	GER	00:40:45	620	01:13:31	01:44:02	02:57:33	785	03:45:38	754	00:40:20	00:41:22	00:42:25	02:04:06	854	05:57:21
820	2078	Naran Adema	Arnhem	MU24	NED	00:38:59	475	01:11:53	01:38:50	02:50:43	595	03:36:05	565	00:37:58	00:47:01	00:51:07	02:16:05	1061	05:57:23
821	4222	Geertje Zeegers	Amsterdam	W35	NED	00:46:50	1036	01:15:37	01:50:36	03:06:13	962	03:59:51	973	00:36:51	00:36:48	00:37:45	01:51:23	529	05:57:24
822	2948	Andre Schürings	Mönchengladbach	M45	GER	00:38:27	432	01:15:40	01:49:17	03:04:56	943	03:52:20	876	00:38:03	00:38:29	00:42:19	01:58:51	728	05:57:28
823	3413	Jörg Siever	Wedemark	M55	GER	00:39:35	527			02:56:22	749	03:45:29	749	00:39:21	00:42:17	00:45:13	02:06:50	917	05:57:29
824	3523	Petr Veselý	Beroun	M40	CZE	00:35:22	235	01:15:53	01:46:35	03:02:27	896	03:43:37	716	00:38:41	00:43:09	00:48:14	02:10:03	972	05:57:42
825	2979	Alfred Kers	Bleskensgraaf	M45	NED	00:52:17	1195	01:13:05	01:46:27	02:59:32	835	03:59:57	975	00:37:13	00:36:56	00:37:20	01:51:28	531	05:57:43
826	3294	Bas Lacroix	Almere	M50	NED	00:42:39	767	01:15:57	01:45:56	03:01:53	879	03:52:21	878	00:35:42	00:40:45	00:42:35	01:59:01	734	05:57:47
827	2861	Gerald Schubert	Schoenwald	M40	GER	00:41:17	673	01:14:44	01:48:09	03:02:52	908	03:51:03	859	00:38:52	00:39:54	00:42:21	02:01:05	788	05:57:54
828	2070	Jesper de Groot	Amersfoort	MU24	NED	00:46:08	1000	01:15:55	01:48:58	03:04:53	942	03:58:48	965	00:33:03	00:37:28	00:43:00	01:53:30	584	05:57:55
829	3503	Serge Gorez	Fauroeux	M60	BEL	00:40:47	627	01:14:12	01:47:30	03:01:42	874	03:53:46	893	00:36:05	00:39:15	00:40:40	01:55:58	652	05:57:59
830	2867	Tiemen Westerduin	Nunspeet	M40	NED	00:47:43	1076	01:14:32	01:49:15	03:03:47	926	03:57:37	948	00:37:21	00:38:01	00:40:37	01:55:58	651	05:58:13
831	3285	Govert van Herk	Krimpen Aan Den IJssel	M50	NED	00:35:57	267	01:17:14	01:47:05	03:04:19	932	03:51:08	860	00:36:43	00:39:56	00:44:53	02:01:31	799	05:58:18
832	2457	Martijn Borst	Lijnden	M30	NED	00:42:09	731	01:12:02	01:40:20	02:52:22	643	03:38:50	623	00:43:07	00:44:03	00:46:49	02:13:58	1024	05:58:22
833	4516	Angelina Kuijpers	Amersfoort	W50	NED	00:44:03	867	01:14:55	01:44:43	02:59:38	838	03:48:36	817	00:40:23	00:42:09	00:42:51	02:05:21	886	05:58:28
834	2364	Alexander Walz	Mainz	M30	GER	00:40:27	599	01:16:24	01:52:44	03:09:08	1000	03:54:46	908	00:35:48	00:39:42	00:41:18	01:56:47	677	05:58:43
835	2202	Tom Bogers	Steenbergen	M25	NED	00:39:49	554	01:14:56	01:44:18	02:59:13	824	03:45:12	740	00:40:40	00:43:53	00:43:10	02:07:42	927	05:58:46
836	2470	Rob Frambach	Maastricht	M30	NED	00:50:29	1159	01:10:20	01:36:53	02:47:13	491	03:48:13	808	00:39:21	00:41:07	00:43:47	02:04:15	858	05:59:01
837	2146	Adrian Roth	München	M25	GER	00:51:12	1176	01:17:10	01:57:19	03:14:28	1061	04:11:21	1078	00:33:08	00:34:22	00:36:18	01:43:48	341	05:59:10
838	2810	Jeroen Voogd	Bussum	M40	NED	00:43:20	812	01:17:23	01:50:23	03:07:46	981	03:57:59	956	00:37:46	00:38:32	00:40:22	01:56:40	670	05:59:17
839	4001	Eva Vanbrabant	Maastricht	WU24	BEL	00:40:17	585	01:19:30	01:53:38	03:13:07	1045	03:57:56	954	00:33:28	00:38:18	00:45:57	01:57:42	699	05:59:19
840	2780	Eric-Paul Siermans	Utrecht	M40	NED	00:43:28	828	01:12:53	01:44:19	02:57:12	775	03:46:51	783	00:38:18	00:41:31	00:44:42	02:04:31	865	05:59:30
841	4409	Cecile Demarquet Ruef	Provin	W45	FRA	00:45:57	988	01:21:47	02:00:40	03:22:26	1144	04:16:59	1112	00:32:35	00:32:14	00:33:21	01:38:10	218	05:59:33
842	2672	Bogdan Tatomir	Almere	M35	ROU	00:45:17	943	01:17:01	01:52:50	03:09:50	1012	04:04:45	1029	00:35:57	00:36:45	00:37:46	01:50:28	509	05:59:35
843	4235	Daatje de Wit	Ijsselstein	W35	NED	00:36:31	310	01:18:00	01:52:15	03:10:14	1018	03:52:32	879	00:38:51	00:41:11	00:43:14	02:03:16	830	05:59:45
844	2407	Jelle Nuijten	Utrecht	M30	NED	00:45:49	978	01:13:21	01:48:36	03:01:56	882	03:53:23	889	00:37:49	00:42:10	00:43:28	02:03:27	836	05:59:51
845	2824	Lorenzo Guitjam	Goirle	M40	NED	00:46:13	1006	01:13:52	01:42:06	02:55:58	740	03:50:38	850	00:35:55	00:39:26	00:48:07	02:03:27	837	05:59:52
846	3040	Michel Osseweijer	Rockanje	M45	NED	00:45:40	964	01:10:22	01:41:00	02:51:21	619	03:46:26	772</						

849	4104	Tulimaa	Sipoo	W30	FIN	00:41:36	698	01:13:17	01:44:13	02:57:29	783	03:43:36	715	00:43:44	00:43:22	00:45:52	02:12:58	1003	06:00:19
850	3104	Ryan Douglas	Rotterdam	M45	NED	00:52:54	1206	01:11:01	01:43:25	02:54:26	701	03:57:35	947	00:41:30	00:36:53	00:38:38	01:57:00	686	06:00:27
851	3402	Svend Erik Knud Jensne	Vejle	M55	DEN	00:45:40	966	01:14:57	01:44:13	02:59:10	823	03:55:04	916	00:38:00	00:39:18	00:40:47	01:58:05	713	06:00:31
852	2740	Boaz Ribak	Nofit	M40	ISR	00:35:23	236	01:17:05	01:49:55	03:06:59	975	03:49:24	830	00:38:10	00:41:54	00:44:51	02:04:54	875	06:00:41
853	4344	Barbara van Overhagen	Heeswijk-dinther	W40	NED	00:44:45	919	01:13:55	01:48:49	03:02:44	904	03:54:09	899	00:38:55	00:41:14	00:41:50	02:01:58	809	06:00:42
854	4225	Cathelijne Huis In T Veld	Rotterdam	W35	NED	00:46:20	1013	01:17:32	01:47:26	03:04:57	945	03:58:08	961	00:37:35	00:38:14	00:41:05	01:56:53	685	06:00:45
855	4325	Maike Sauer	Garbsen	W40	GER	00:35:06	226	01:16:35	01:46:46	03:03:21	913	03:46:00	763	00:41:17	00:42:24	00:46:16	02:09:56	970	06:00:45
856	4205	Essi Kajander	Turku	W35	FIN	00:44:09	877	01:17:32	01:52:11	03:09:42	1010	03:59:52	974	00:37:15	00:39:13	00:40:55	01:57:23	693	06:00:47
857	3422	Martin Lieberom	Almere	M55	NED	00:44:00	865	01:13:39	01:45:47	02:59:25	831	03:50:30	848	00:39:37	00:41:40	00:44:30	02:05:47	893	06:01:14
858	4522	Franca van Mechelen	Amsterdam	W50	NED	00:41:29	693	01:15:51	01:50:38	03:06:29	967	03:51:41	866	00:39:05	00:40:59	00:45:53	02:05:56	896	06:01:14
859	4241	Maria Kjelme	Oslo	W35	NOR	00:46:48	1032	01:15:47	01:46:43	03:02:30	898	03:55:31	918	00:38:39	00:40:50	00:42:15	02:01:42	802	06:01:17
860	2717	Matthieu Giorgini	Marquette Lez Lille	M40	FRA	00:45:19	947	01:15:05	01:47:47	03:02:51	906	03:56:55	935	00:36:06	00:39:38	00:43:19	01:59:02	736	06:01:18
861	2510	Yves Sannen	Geel	M35	BEL	00:42:34	763	01:12:00	01:46:53	02:58:52	821	03:49:21	829	00:37:46	00:41:23	00:47:06	02:06:14	907	06:01:27
862	3204	Damien Fuks	Liège	M50	BEL	00:43:54	860	01:10:06	01:40:25	02:50:31	592	03:43:58	721	00:39:43	00:44:22	00:46:07	02:10:11	974	06:01:35
863	4445	Saskia van Asperdt	Voorhout	W45	NED	00:39:45	549	01:20:00	01:47:39	03:07:38	979	03:53:57	896	00:40:40	00:40:45	00:40:31	02:01:55	807	06:01:37
864	2851	Rafal Lasota	Wroclaw	M40	POL	00:52:01	1191	01:16:22	01:50:20	03:06:41	971	04:07:43	1056	00:32:58	00:34:42	00:38:48	01:46:28	415	06:01:40
865	2944	Mike Stelzer	Strijen	M45	GER	00:37:29	369	01:16:10	01:50:00	03:06:10	960	03:50:12	842	00:38:55	00:40:02	00:46:45	02:05:41	892	06:01:43
866	4060	Sabrina Wegner	Dortmund	W25	GER	00:48:01	1087	01:16:30	01:49:40	03:06:10	959	03:59:43	971	00:36:20	00:41:13	00:40:18	01:57:50	702	06:01:45
867	4439	Jolanda Kroese	Almere	W45	NED	00:39:23	511	01:16:21	01:44:41	03:01:01	862	03:46:48	779	00:41:05	00:42:59	00:44:41	02:08:44	948	06:01:51
868	4320	Tessa Pirie	Aviemore	W40	GBR	00:39:13	494	01:14:52	01:47:31	03:02:23	895	03:48:34	815	00:40:23	00:43:24	00:45:43	02:09:29	964	06:01:52
869	2321	Thiago Valsani	Amsterdam	M30	BRA	00:45:37	960	01:17:19	01:49:26	03:06:45	972	04:04:01	1025	00:36:31	00:37:24	00:36:49	01:50:43	512	06:01:57
870	3441	Jan van Duuren	Woerden	M55	NED	00:48:28	1104	01:14:41	01:48:55	03:03:35	922	04:00:20	985	00:36:17	00:39:04	00:41:06	01:56:25	664	06:02:03
871	3229	Uwe Weiner	Essen	M50	GER	00:42:54	790	01:17:20	01:55:25	03:12:44	1040	04:02:09	1007	00:37:13	00:38:11	00:39:50	01:55:13	633	06:02:11
872	2616	Koen Vossen	Kranenburg-wyler	M35	NED	00:44:06	872	01:16:39	01:49:44	03:06:22	964	03:57:58	955	00:38:36	00:38:10	00:39:16	01:56:01	653	06:02:23
873	3296	Auke Jongblod	Schiedam	M50	NED	00:41:48	709	01:13:30	01:40:07	02:53:37	681	03:42:41	697	00:37:33	00:45:32	00:48:20	02:11:23	988	06:02:31
874	4348	Petra Vissers	Breda	W40	NED	00:35:59	269	01:13:13	01:44:12	02:57:25	780	03:38:44	620	00:40:09	00:48:19	00:51:13	02:19:39	1101	06:02:34
875	4422	Vitia Akkerman	Harderwijk	W45	NED	00:36:23	299	01:15:42	01:50:17	03:05:59	957	03:49:07	825	00:38:07	00:42:37	00:48:09	02:08:52	950	06:02:35
876	3090	Ralph Dullens	Amsterdam	M45	NED	00:37:56	400	01:14:53	01:43:56	02:58:48	818	03:43:16	712	00:38:28	00:46:04	00:50:32	02:15:03	1048	06:02:35
877	3123	Daniel Fitzpatrick	Frankfurt Am Main	M45	USA	00:42:09	733	01:14:34	01:42:26	02:57:00	765	03:46:01	764	00:40:48	00:43:39	00:45:58	02:10:24	976	06:02:40
878	4338	Cindy Visser	Groningen	W40	NED	00:44:53	925	01:15:49	01:45:34	03:01:23	869	03:53:16	886	00:37:46	00:39:53	00:42:15	01:59:53	764	06:02:48
879	2620	Thijs Urlings	Utrecht	M35	NED	00:56:29	1251	01:12:54	01:48:13	03:01:06	864	04:05:20	1033	00:34:36	00:38:12	00:40:53	01:53:40	589	06:02:49
880	2316	Dylan Mathieu	Stembert	M30	BEL	00:42:47	779	01:12:43	01:48:18	03:01:01	861	03:51:49	868	00:39:51	00:41:47	00:44:33	02:06:10	903	06:03:06
881	3042	Jan-Willem Stegeman	Weert	M45	NED	00:35:53	262	01:12:26	01:46:26	02:58:51	820	03:42:38	694	00:40:28	00:45:32	00:48:46	02:14:45	1043	06:03:11
882	3058	Boris Baetings	Hilversum	M45	NED	00:52:41	1203	01:14:14	01:56:13	03:10:26	1020	04:14:40	1101	00:31:56	00:32:49	00:37:37	01:42:21	302	06:03:14
883	3008	Wouter Borst	Boskoop	M45	NED	00:40:52	636	01:14:45	01:45:35	03:00:20	848	03:48:13	807	00:40:12	00:41:52	00:46:24	02:08:28	942	06:03:26
884	3445	Wim Driessen	Asten	M55	NED	00:41:29	692	01:11:10	01:42:55	02:54:05	691	03:43:23	714	00:39:14	00:43:25	00:50:57	02:13:34	1015	06:03:33
885	3405	Patrick Rival	Essey Les Nancy	M55	FRA	00:38:54	469	01:15:31	01:45:23	03:00:54	860	03:47:11	785	00:41:16	00:43:45	00:45:47	02:10:47	982	06:03:34
886	4411	Sabine Specht	Neuss	W45	GER	00:47:44	1077	01:14:50	01:51:02	03:05:51	955	04:00:46	990	00:36:59	00:40:02	00:40:58	01:57:58	709	06:03:36
887	4223	Marloes van Nistelrooij	Nuland	W35	NED	00:40:47	626	01:13:14	01:41:28	02:54:41	707	03:40:16	651	00:40:21	00:44:25	00:49:54	02:14:40	1039	06:03:37
888	3001	Christian Nyqvist	Weesp	M45	NED	00:41:42	703	01:16:47	01:52:51	03:09:37	1005	04:00:20	986	00:36:27	00:38:37	00:39:48	01:54:52	621	06:03:41
889	2771	Niels de Kleijn	Almere	M40	NED	00:50:28	1157	01:10:00	01:45:09	02:55:09	717	03:56:09	928	00:37:06	00:39:55	00:42:56	01:59:56	767	06:03:48
890	4430	Brigitte van Gerwen	Dreischor	W45	NED	00:40:59	648	01:17:06	01:52:17	03:09:23	1003	03:58:07	959	00:38:20	00:40:32	00:42:11	02:01:02	787	06:03:51
891	4248	Silke Schubert	Best	W35	GER	00:44:42	913	01:17:52	01:49:33	03:07:25	978	04:02:24	1010	00:38:01	00:37:15	00:40:26	01:55:40	643	06:03:54
892	3521	Frank van de Gender	Weesp	M60	NED	00:37:28	366	01:18:27	01:49:50	03:08:17	989	03:55:01	913	00:40:29	00:40:45	00:41:11	02:02:24	817	06:04:02
893	2395	Pieter Sturm	Amsterdam	M30	NED	00:47:17	1057	01:11:05	01:43:09	02:54:13	695	04:00:16	982	00:38:44	00:38:40	00:39:20	01:56:44	673	06:04:13
894	2654	Rinke Nijland	Ijsselstein	M35	NED	00:44:10	878	01:10:03	01:43:09	02:53:11	665	03:43:07	705	00:43:25	00:43:42	00:48:18	02:15:24	1053	06:04:29
895	3246	Gert Smolders	Best	M50	NED	00:45:06	936	01:07:41	01:37:07	02:44:47	426	03:40:49	668	00:44:14	00:43:56	00:45:53	02:14:02	1027	06:04:45
896	2405	Marcel Lagerwerf	Nederhemert	M30	NED	00:36:42	326	01:11:07	01:41:15	02:52:22	645	03:33:40	504	00:45:51	00:52:26	00:48:06	02:26:23	1154	06:04:52
897	2614	Pieter van den Hengel	Wijk Bij Duurstede	M35	NED	00:49:32	1128	01:12:53	01:44:37	02:57:29	784	03:56:36	931	00:38:14	00:41:05	00:43:00	02:02:18	816	06:05:02
898	2751	Niels van Dijk	Arnhem	M40	NED	00:47:45	1079	01:08:17	01:35:19	02:43:36	396	03:38:02	607	00:45:48	00:46:21	00:48:03	02:20:11	1103	06:05:03
899	3089	Jeff Kater	Almere	M45	NED	00:44:09	876	01:13:54	01:43:02	02:56:55	761	03:47:54	800	00:41:57	00:43:09	00:46:09	02:11:14	986	06:05:14
900	4444	Arianne Berkouwer	Haarlem	W45	NED	00:45:08	938	01:15:14	01:48:18	03:03:31	921	03:54:33	906	00:39:08	00:41:56	00:45:03	02:06:07	901	06:05:34
901	2308	Michael Gedeah	Liège	M30	BEL	00:39:27	516	01:19:20	01:55:16	03:14:35	1062	04:03:14	1016	00:37:32	00:38:01	00:39:40	01:55:13	632	06:05:43
902	2389	Niels de Water	Den Haag	M30	NED	00:44:05	869	01:14:13	01:47:52	03:02:04	885	03:55:14	917	00:41:29	00:42:16	00:41:24	02:05:08	879	06:06:08
903	3509	Michel Mas	Heillecourt	M60	FRA	00:46:19	1012	01:14:11	01:47:55	03:02:05	886	03:55:52	922	00:37:40	00:40:32	00:45:17	02:03:28	839	06:06:12
904	3439	Marcel Beentjes	Zwaag	M55	NED	00:43:36	843	01:20:07	01:54:54	03:15:01	1068	04:05:37	1036	00:36:42	00:37:41	00:40:06	01:54:28	608	06:06:13
905	3276	Egbert Schelhaas	Best	M50	NED	00:44:24	892	01:14:09	01:46:23	03:00:32	853	03:56:20	930	00:38:13	00:41:15	00:44:33	02:04:00	851	06:06:27
906	2538	Dirk Stütgen	Solingen	M35	GER	00:33:28	140	01:11:48	01:54:22	03:06:09									

914	2621	Remko Wakker	Geldrop	M35	NED	00:37:10	343	01:17:46	01:51:52	03:09:38	1006	03:53:28	891	00:39:31	00:42:55	00:47:11	02:09:36	966	06:07:31
915	3079	Remo van Rest	Almere	M45	NED	00:44:42	914	01:16:13	01:52:27	03:08:39	995	04:02:18	1009	00:37:20	00:40:17	00:41:59	01:59:35	749	06:07:36
916	3128	Jean-Pierre de Jonge	Bergschenhoek	M45	NED	00:45:51	980	01:14:51	01:39:36	02:54:26	700	03:51:02	858	00:36:48	00:45:09	00:47:14	02:09:11	957	06:07:45
917	3261	Patrick Houtkamp	Amstelveen	M50	NED	00:42:54	789	01:13:19	01:44:34	02:57:53	795	03:52:06	872	00:40:03	00:42:07	00:44:02	02:06:12	905	06:07:49
918	4402	Valerie van Assche	Lauwe	W45	BEL	00:42:52	787	01:15:46	01:52:16	03:08:01	985	03:57:52	952	00:41:15	00:41:34	00:42:36	02:05:24	887	06:08:11
919	3107	Dennis Kleefman	Almere	M45	NED	00:46:01	994	01:18:18	01:54:21	03:12:39	1039	04:06:06	1042	00:38:36	00:38:21	00:38:52	01:55:48	647	06:08:16
920	3275	Paul Eversteijn	Breda	M50	NED	00:41:57	718	01:15:51	01:50:25	03:06:16	963	03:56:40	932	00:39:10	00:42:14	00:43:54	02:05:18	884	06:08:25
921	4446	Janneke Wijnhoven	Haselünne	W45	NED	00:46:32	1021	01:22:58	01:48:29	03:11:27	1032	04:04:39	1028	00:38:58	00:39:57	00:41:33	02:00:27	779	06:08:35
922	2569	Gerard de Jong	Almere	M35	NED	00:41:55	717	01:12:45	01:49:11	03:01:55	881	03:50:02	840	00:42:16	00:44:13	00:47:15	02:13:43	1023	06:08:38
923	2441	Bert van der Vegt	Wolvega	M30	NED	00:43:23	819	01:14:59	01:42:19	02:57:18	779	03:46:14	767	00:39:04	00:46:04	00:53:30	02:18:37	1091	06:08:48
924	3254	Bartjan Oskam	Nieuwegein	M50	NED	00:38:37	450	01:07:33	01:36:39	02:44:12	412	03:27:23	364	00:48:13	00:51:55	00:54:19	02:34:26	1195	06:08:51
925	4333	Miriam Celie	Harderwijk	W40	NED	00:47:07	1047	01:15:31	01:47:21	03:02:51	907	03:57:09	938	00:39:51	00:41:07	00:43:53	02:04:49	873	06:08:52
926	3335	Ruud Klever	Waspik	M50	NED	00:43:13	804	01:10:20	01:41:49	02:52:08	639	03:43:13	710	00:41:02	00:46:05	00:50:39	02:17:45	1083	06:08:53
927	2445	Erik Schopman	Almere	M30	NED	00:49:24	1124	01:05:28	01:35:16	02:40:44	321	03:37:58	602	00:45:04	00:50:20	00:50:29	02:25:52	1150	06:09:13
928	4440	Melissa Eestermans Ligtoet	Moerdijk	W45	NED	00:42:42	773	01:17:40	01:58:47	03:16:27	1084	04:06:38	1046	00:37:30	00:38:37	00:40:07	01:56:13	659	06:09:20
929	3447	Wim Breugelmans	Asten	M55	NED	00:35:32	242	01:15:11	01:47:45	03:02:56	910	03:44:57	734	00:40:29	00:44:24	00:53:49	02:18:41	1093	06:09:23
930	2583	Thomas Verheul	Amsterdam	M35	NED	00:50:44	1165	01:18:44	01:46:32	03:05:15	950	04:06:15	1044	00:34:29	00:38:19	00:43:28	01:56:15	660	06:09:25
931	3032	Jan Hubers	Wijchen	M45	NED	00:48:53	1111	01:11:48	01:39:54	02:51:42	630	03:47:49	798	00:39:48	00:43:59	00:50:59	02:14:45	1044	06:09:29
932	4328	Ingvaldur Hafdi Karlsdottir	Kopavogur	W40	ISL	00:56:09	1246	01:16:15	01:48:51	03:05:06	946	04:09:37	1067	00:36:22	00:38:31	00:38:55	01:53:48	593	06:09:30
933	3096	Manuel Dekker	Noordwijk	M45	NED	00:43:15	806	01:13:52	01:47:02	03:00:53	858	03:50:29	847	00:41:25	00:43:26	00:47:14	02:12:03	994	06:09:44
934	2515	Nicolas Storms	Loupigne	M35	BEL	00:46:11	1004	01:16:39	01:51:26	03:08:05	986	04:01:25	999	00:38:49	00:41:16	00:43:13	02:03:17	832	06:09:49
935	2837	Ronald Franken	Almere	M40	NED	00:51:21	1178	01:19:35	01:55:07	03:14:42	1063	04:12:37	1087	00:36:21	00:36:42	00:37:09	01:50:11	503	06:09:50
936	2440	Remco Bosma	Steggerda	M30	NED	00:38:29	436	01:16:45	01:47:12	03:03:56	928	03:48:29	814	00:40:46	00:45:57	00:49:28	02:16:10	1063	06:10:00
937	2639	Robin Schuring	Berkel En Rodenrijs	M35	NED	00:54:03	1226	01:13:18	01:48:21	03:01:38	872	04:03:15	1017	00:37:03	00:38:55	00:44:21	02:00:18	774	06:10:04
938	2615	Mark Verkerk	Capelle Aan Den IJssel	M35	NED	00:30:58	63	01:13:53	01:46:13	03:00:05	845	03:37:51	596	00:42:10	00:46:03	00:54:41	02:22:53	1123	06:10:12
939	4427	Anke de Boer - Van Genesen	Almere	W45	NED	00:47:35	1069	01:14:37	01:47:35	03:02:11	889	03:57:17	942	00:38:23	00:43:27	00:45:13	02:07:03	921	06:10:41
940	2949	Alexander Jurczyk	Preetz	M45	GER	00:39:46	550	01:15:16	01:45:08	03:00:24	851	03:48:05	804	00:41:00	00:44:55	00:48:48	02:14:42	1041	06:10:55
941	2598	Onno Schlebaum	Weesp	M35	NED	00:40:28	602	01:13:56	01:39:28	02:53:24	674	03:40:41	664	00:40:19	00:45:35	00:59:15	02:25:08	1145	06:10:56
942	4054	Roosa Saari	Uusikaupunki	W25	FIN	00:38:46	461	01:21:33	01:53:47	03:15:20	1070	03:59:57	976	00:40:30	00:41:48	00:45:02	02:07:20	923	06:10:58
943	3120	Alexander Luft	St-petersburg	M45	RUS	00:37:14	350	01:16:26	01:52:08	03:08:33	993	03:57:07	937	00:41:18	00:43:07	00:40:38	02:05:02	877	06:11:03
944	3310	Kees Spierings	Oosterhout	M50	NED	00:38:02	407	01:12:18	01:42:00	02:54:18	697	03:38:10	611	00:41:32	00:51:28	00:53:39	02:26:38	1156	06:11:11
945	3443	Peter de Pagter	Oost Souburg	M55	NED	00:52:58	1208	01:13:49	01:46:03	02:59:51	841	04:00:56	991	00:39:50	00:41:47	00:43:11	02:04:47	872	06:11:32
946	2363	Philipp Caprasse	Köln	M30	GER	00:44:36	905	01:17:57	01:57:55	03:15:51	1079	04:07:28	1050	00:35:51	00:40:50	00:42:51	01:59:31	746	06:11:47
947	4114	Marianne Schilder	Almere	W30	NED	00:39:07	486	01:19:42	01:49:40	03:09:22	1002	03:53:05	882	00:42:44	00:43:44	00:47:07	02:13:35	1016	06:11:48
948	2722	Ashley Hutchinson	Trowbridge	M40	GBR	00:36:29	305	01:07:01	01:40:32	02:47:32	498	03:31:30	444	00:46:58	00:48:37	00:56:39	02:32:14	1187	06:11:54
949	3071	Jaap Kruijsifix	Waddinxveen	M45	NED	00:45:05	935	01:10:08	01:43:21	02:53:29	676	03:45:49	758	00:43:20	00:47:34	00:50:28	02:21:21	1110	06:12:12
950	4228	Anнемieke Koekebakker	Almere	W35	NED	00:48:16	1097	01:14:30	01:46:55	03:01:24	870	03:57:14	941	00:40:39	00:42:53	00:45:34	02:09:06	955	06:12:16
951	3084	Ivo Keulards	Hooglanderveen	M45	NED	00:36:27	301	01:11:34	01:47:48	02:59:22	828	03:43:12	709	00:41:29	00:47:47	00:54:18	02:23:33	1131	06:12:29
952	2592	Ronald Fontijn	Spijkenisse	M35	NED	00:45:40	965	01:16:00	01:47:28	03:03:28	919	03:55:39	919	00:41:08	00:45:00	00:45:28	02:11:36	990	06:12:51
953	3270	Michel van West	Almere	M50	NED	00:39:12	493	01:10:33	01:39:21	02:49:53	568	03:35:53	554	00:39:11	00:47:25	01:05:14	02:31:49	1183	06:13:00
954	3504	Patrick Lauwers	Meinerzhagen	M60	BEL	00:42:26	756	01:16:35	01:49:50	03:06:25	965	03:58:03	957	00:40:15	00:44:07	00:45:30	02:09:52	968	06:13:07
955	3324	Ronald Jansen	Almere	M50	NED	00:43:22	816	01:14:59	01:55:00	03:09:58	1013	04:00:30	987	00:37:09	00:40:17	00:48:37	02:06:01	898	06:13:28
956	2552	Stefan Heidschuster	Bielefeld	M35	GER	00:36:59	337	01:20:11	01:53:24	03:13:35	1054	03:58:05	958	00:40:36	00:42:42	00:47:24	02:10:41	981	06:13:32
957	3056	Frans van Zuilen	Reeuwijk	M45	NED	00:47:22	1059	01:19:29	01:59:24	03:18:53	1105	04:18:45	1123	00:33:03	00:36:32	00:39:46	01:49:21	487	06:13:56
958	3201	Jean Michel Hoebanckx	Brussel	M50	BEL	00:40:59	646	01:09:29	01:49:06	02:58:35	810	03:47:52	799	00:39:04	00:43:31	00:52:38	02:15:12	1049	06:14:04
959	4057	Kerstin Schulz	Aachen	W25	GER	00:42:19	745	01:09:40	01:38:43	02:48:22	516	03:38:25	613	00:44:09	00:50:33	00:55:53	02:30:35	1173	06:14:12
960	3268	Mark Peter Rooduijn	Rotterdam	M50	NED	00:47:25	1065	01:13:43	01:43:04	02:56:47	755	03:57:41	950	00:39:26	00:41:49	00:49:53	02:11:07	985	06:14:36
961	3101	Joop Hessels	Woerden	M45	NED	00:44:02	866	01:13:02	01:45:28	02:58:30	808	03:49:08	826	00:43:05	00:47:35	00:48:42	02:19:20	1097	06:14:44
962	2715	Jakob Thusgaard	Huizen	M40	DEN	00:45:31	956	01:15:55	01:49:13	03:05:07	949	04:02:05	1006	00:40:01	00:45:32	00:42:27	02:07:58	934	06:14:44
963	4423	Oda Berends	Arnhem	W45	NED	00:40:57	643	01:16:17	01:49:13	03:05:29	953	03:53:53	895	00:42:58	00:45:18	00:48:07	02:16:23	1066	06:15:29
964	4317	Helen Tones	Durham	W40	GBR	00:47:24	1061	01:20:45	02:00:59	03:21:44	1135	04:17:55	1117	00:35:57	00:37:27	00:39:35	01:52:58	566	06:15:29
965	3105	Marco Heijstek	Geldrop	M45	NED	00:42:44	777	01:13:31	01:51:04	03:04:35	937	03:55:58	925	00:39:05	00:44:57	00:50:38	02:14:39	1037	06:15:32
966	2366	Stefan Grabinski-Frihmelt	Limburg	M30	GER	00:43:25	822	01:18:17	01:50:10	03:08:27	991	03:57:14	940	00:38:39	00:44:36	00:50:25	02:13:39	1021	06:15:47
967	3446	Gerard Verheij	Hendrik Ido Ambacht	M55	NED	00:41:01	651	01:13:14	01:47:01	03:00:15	847	03:50:22	845	00:41:25	00:45:09	00:52:07	02:18:40	1092	06:15:54
968	3015	Sascha Merkus	Beek	M45	NED	00:39:34	525	01:19:37	01:53:21	03:12:58	1042	04:00:38	989	00:38:40	00:42:59	00:46:29	02:08:06	936	06:16:11
969	4224	Eva Timmermans	Nijmegen	W35	NED	00:43:20	813	01:17:43	01:50:52	03:08:35	994	03:58:58	966	00:41:42	00:43:13	00:44:23	02:09:17	959	06:16:19
970	3264	Eric Jansen	Schijndel	M50	NED	00:42:06	728	01:10:23	01:42:51	02:53:13	668	03:44:54	732	00:45:25	00:46:34	00:49:12	02:21:10	1107	06:16:19

972	2986	Lenno Huizer	Den Haag	M45	NED	00:45:08	939	01:15:46	01:54:25	03:10:11	1015	04:02:12	1008	00:36:04	00:41:18	00:49:30	02:06:52	918	06:16:30
973	3304	John van de Laar	Rhoon	M50	NED	00:55:26	1238	01:13:33	01:44:09	02:57:42	790	04:01:46	1001	00:37:42	00:42:49	00:47:52	02:08:22	940	06:16:33
974	3085	Eelco Randwijk	Ede	M45	NED	00:45:22	951	01:16:01	01:47:25	03:03:25	917	03:55:54	923	00:39:40	00:42:39	00:51:48	02:14:06	1029	06:16:45
975	3234	Andreas Morick	Bergisch Gladbach	M50	GER	00:50:47	1168	01:14:01	01:44:06	02:58:07	799	03:54:23	904	00:43:53	00:45:16	00:47:36	02:16:45	1070	06:16:54
976	2139	Tobias Heymann	Lingen	M25	GER	00:38:32	443	01:18:20	01:52:27	03:10:47	1025	03:57:38	949	00:41:31	00:43:45	00:46:01	02:11:16	987	06:16:58
977	2642	Harrie van der Vegt	Rosmalen	M35	NED	00:44:05	870	01:19:36	01:52:02	03:11:38	1033	04:02:00	1003	00:37:50	00:44:22	00:48:45	02:10:56	983	06:17:02
978	2850	Leon Geelink	Groenlo	M40	NED	00:45:05	934	01:15:44	01:49:03	03:04:47	939	04:00:09	979	00:41:28	00:43:26	00:44:31	02:09:24	962	06:17:03
979	2796	Martijn Dorlas	Hilversum	M40	NED	00:45:01	932	01:19:15	01:55:00	03:14:14	1059	04:07:35	1053	00:37:47	00:41:59	00:44:11	02:03:56	848	06:17:27
980	2358	Tobias Berthold	Mönchengladbach	M30	GER	00:50:01	1145	01:14:37	01:53:34	03:08:10	988	04:03:58	1024	00:40:18	00:43:01	00:45:02	02:08:20	939	06:17:28
981	4557	Aukje Bijlsma	Almere	W55	NED	00:40:30	603	01:22:09	01:57:37	03:19:45	1114	04:07:40	1054	00:41:18	00:41:20	00:41:57	02:04:35	867	06:17:29
982	2189	Robin van den Heuvel	Leiden	M25	NED	00:45:38	962	01:23:10	01:50:11	03:13:21	1051	04:06:09	1043	00:38:18	00:42:29	00:45:24	02:06:11	904	06:17:31
983	4358	Evelien van der Meel	Utrecht	W30	NED	00:43:35	838	01:20:53	01:52:18	03:13:10	1048	04:02:27	1011	00:43:00	00:42:18	00:45:07	02:10:24	977	06:17:56
984	2157	Max van Lambalgen	Delft	M25	NED	00:41:51	712	01:24:07	02:05:30	03:29:37	1190	04:19:52	1130	00:37:05	00:37:09	00:37:48	01:52:01	544	06:18:00
985	3003	Alfred van Groningen	Doornenburg	M45	NED	00:43:47	853	01:20:35	01:50:21	03:10:56	1027	04:02:56	1014	00:39:00	00:42:38	00:47:22	02:08:59	953	06:18:14
986	4408	Liisu Saavalainen	Helsinki	W45	FIN	00:40:22	589	01:19:56	01:55:46	03:15:41	1076	04:01:17	997	00:43:25	00:44:22	00:45:28	02:13:15	1009	06:18:20
987	4346	Melanie Goertz	Immenstaad	W40	NED	00:46:32	1022	01:11:39	01:44:32	02:56:11	746	03:48:50	822	00:46:52	00:48:59	00:49:36	02:25:26	1148	06:18:42
988	4347	Sonja Stengewis	Purmerend	W40	NED	00:39:41	538	01:13:10	01:46:43	02:59:52	842	03:45:23	747	00:45:56	00:49:31	00:53:13	02:28:39	1165	06:19:01
989	4119	Patty Kuiper	Den Haag	W30	NED	00:51:02	1174	01:20:33	02:01:13	03:21:45	1136	04:22:03	1150	00:35:18	00:36:47	00:38:42	01:50:45	513	06:19:09
990	4213	Beate Wendland	Willich	W35	GER	00:55:40	1239	01:12:54	01:45:51	02:58:44	815	04:01:26	1000	00:43:00	00:43:57	00:46:16	02:13:12	1007	06:19:15
991	4204	Kelly Kuyken	Leopoldsburg	W35	BEL	00:44:20	887	01:16:04	01:48:53	03:04:56	944	03:56:49	934	00:44:21	00:46:12	00:46:57	02:17:29	1081	06:19:22
992	3049	Arie Robbemond	Almere	M45	NED	00:40:11	579	01:15:24	01:52:29	03:07:53	982	04:04:36	1027	00:41:27	00:40:37	00:41:49	02:03:51	847	06:19:28
993	4349	Sanne Goosen	Almere	W40	NED	00:38:20	423	01:17:41	01:57:03	03:14:43	1065	03:58:34	964	00:41:43	00:44:58	00:48:22	02:15:03	1047	06:19:28
994	4350	Esther Aikens	Almere	W40	NED	00:45:32	957	01:16:38	01:51:27	03:08:05	987	04:01:57	1002	00:41:46	00:44:33	00:47:19	02:13:37	1018	06:20:14
995	4321	Tash Pirie-burley	Aviemore	W40	GBR	00:44:03	868	01:21:28	01:57:34	03:19:01	1106	04:08:35	1061	00:43:47	00:42:22	00:41:22	02:07:30	926	06:20:25
996	2301	Martin Dieste	London	M30	AUS	00:39:06	484	01:10:04	01:48:16	02:58:20	804	03:44:16	724	00:44:50	00:50:09	00:52:33	02:27:31	1161	06:20:29
997	4220	Willeke de Groot	Almere	W35	NED	00:43:29	829	01:19:01	01:51:29	03:10:30	1022	03:59:45	972	00:40:46	00:44:29	00:49:59	02:15:13	1052	06:20:30
998	3266	Ilko Bosman	Arnhem	M40	NED	00:52:35	1200	01:13:37	01:47:36	03:01:12	867	03:59:02	968	00:42:48	00:45:37	00:48:30	02:16:54	1072	06:20:48
999	3224	Michael Maus	Solingen	M50	GER	00:52:15	1194	01:18:44	02:01:58	03:20:41	1125	04:18:57	1126	00:35:05	00:38:47	00:44:16	01:58:07	714	06:21:02
1000	3098	Martijn Veltenaar	Amsterdam	M45	NED	00:49:06	1118	01:20:16	01:55:31	03:15:47	1078	04:14:26	1099	00:37:59	00:39:08	00:42:28	01:59:33	748	06:21:03
1001	2795	Roger Palmen	Arnhem	M40	NED	00:55:20	1236	01:12:40	01:47:31	03:00:11	846	04:03:12	1015	00:41:29	00:43:52	00:46:54	02:12:15	995	06:21:05
1002	2071	Edward Rieck	Amsterdam	M40	NED	00:45:10	941	01:21:03	01:58:05	03:19:08	1108	04:13:20	1093	00:37:26	00:40:05	00:44:17	02:01:48	803	06:21:06
1003	3256	Jacques Damen	Almere Hout	M50	NED	00:46:53	1038	01:19:11	01:59:32	03:18:42	1103	04:10:41	1074	00:38:20	00:40:49	00:46:27	02:05:35	890	06:21:12
1004	2752	Tarique Arsiwalla	Zeist	M40	NED	00:44:26	895	01:19:32	01:59:49	03:19:21	1110	04:13:54	1096	00:37:58	00:41:21	00:42:19	02:01:38	801	06:21:16
1005	3303	Eric Borninkhof	Soest	M50	NED	00:46:46	1028	01:19:38	01:54:32	03:14:10	1057	04:09:18	1065	00:40:26	00:40:54	00:44:41	02:06:00	897	06:21:17
1006	4343	Renee Duurincq - Jansen	Amsterdam	W40	NED	00:49:48	1139	01:18:10	01:49:34	03:07:44	980	04:02:44	1013	00:42:12	00:45:48	00:45:28	02:13:28	1013	06:21:17
1007	2173	Bert Molenaar	Amsterdam	M25	NED	00:51:36	1185	01:22:09	02:01:08	03:23:17	1150	04:21:31	1145	00:35:01	00:36:30	00:41:20	01:52:50	563	06:21:36
1008	4503	Sibylle Jung	Rheinfelden	W50	GER	00:48:31	1105	01:15:31	01:54:07	03:09:38	1007	04:07:32	1051	00:40:48	00:43:04	00:45:06	02:08:57	952	06:21:53
1009	2785	Walter Langedijk	Wognum	M40	NED	00:46:57	1041	01:17:55	01:58:52	03:16:46	1086	04:11:27	1080	00:41:30	00:41:33	00:42:12	02:05:14	883	06:22:05
1010	3037	Martijn Bohmer	Harderwijk	M45	NED	00:53:59	1224	01:20:15	01:54:46	03:15:00	1067	04:20:02	1132	00:35:34	00:38:15	00:40:36	01:54:24	606	06:22:07
1011	3213	Miloud Bouchnafa	Gennevilliers	M50	FRA	00:45:37	961	01:20:19	01:51:40	03:11:58	1036	04:12:54	1090	00:37:53	00:39:38	00:41:14	01:58:43	723	06:22:21
1012	2838	Barry van Engelen	Koudekerk Aan Den Rijn	M40	NED	00:50:41	1164	01:11:32	01:45:40	02:57:12	774	04:00:10	981	00:40:33	00:44:03	00:48:37	02:13:13	1008	06:22:27
1013	4404	Karen Telford	Maple Ridge	W45	CAN	00:40:04	568	01:15:11	01:49:07	03:04:17	931	03:57:25	945	00:43:42	00:45:17	00:48:26	02:17:25	1079	06:22:48
1014	3329	Erik Feenstra	Rotterdam	M50	NED	00:50:09	1148	01:09:58	01:39:17	02:49:14	541	03:46:11	766	00:44:03	00:50:06	00:56:36	02:30:44	1176	06:22:48
1015	2402	Jip van Seeters	Utrecht	M30	NED	00:46:31	1020	01:16:51	01:56:29	03:13:19	1050	04:04:58	1030	00:42:10	00:45:42	00:45:17	02:13:09	1005	06:23:00
1016	3508	Jean-Luc Arnaud	Nancy	M60	FRA	00:55:12	1235	01:14:12	01:55:47	03:09:58	1014	04:15:28	1104	00:39:01	00:39:42	00:41:37	02:00:19	775	06:23:02
1017	4310	Maya Coene	Aalst	W40	BEL	00:45:06	937	01:18:18	01:51:59	03:10:17	1019	04:12:06	1083	00:39:37	00:40:38	00:42:37	02:02:51	821	06:23:08
1018	2074	Marciano Philippi	Almere	MU24	NED	00:50:34	1162	01:14:01	01:55:11	03:09:11	1001	04:08:56	1063	00:41:20	00:41:14	00:45:18	02:07:52	931	06:23:11
1019	4113	Anita Klein	Odoorn	W30	NED	00:46:49	1034	01:20:33	01:57:20	03:17:53	1098	04:09:54	1071	00:39:18	00:42:39	00:47:48	02:09:44	967	06:23:15
1020	4327	Claudia Klok	Delingsdorf	W40	GER	00:44:28	899	01:17:32	01:51:22	03:08:54	998	04:00:16	983	00:42:45	00:46:36	00:47:40	02:16:59	1074	06:23:16
1021	3119	Victor Goldrin	Regensburg	M45	RUS	00:40:15	581	01:15:47	01:50:00	03:05:47	954	03:54:12	900	00:41:18	00:46:02	00:50:00	02:17:19	1078	06:23:18
1022	2961	Thorsten Rehberg	Witten	M45	GER	00:52:02	1192	01:14:26	01:58:50	03:13:15	1049	04:13:30	1095	00:37:09	00:39:35	00:42:04	01:58:47	725	06:23:30
1023	3100	Boele de Jong	Amsterdam	M45	NED	00:48:13	1095	01:19:24	01:58:26	03:17:50	1097	04:11:33	1082	00:37:32	00:41:05	00:47:54	02:06:30	911	06:23:55
1024	2619	Job Bilsen	Utrecht	M35	NED	00:49:48	1140	01:17:45	01:53:15	03:11:00	1030	04:08:01	1057	00:40:10	00:44:14	00:47:25	02:11:48	993	06:24:19
1025	3273	Howard Rijpaert	Zoetermeer	M50	NED	00:49:43	1137	01:19:27	01:58:03	03:17:29	1093	04:17:07	1113	00:35:45	00:43:36	00:40:32	01:59:52	762	06:24:28
1026	2649	Rik de Lange	Almere	M35	NED	00:45:28	954	01:15:41	01:46:13	03:01:53	880	03:52:37	880	00:44:48	00:49:24	00:52:21	02:26:32	1155	06:24:32
1027	2180	Frank Boesten	Leiden	M25	NED	00:55:04	1233	01:16:26	01:55:53	03:12:19	1038	04:18:32	1122	00:38:29	00:39:31	00:42:04	02:00:03	769	06:24:50
1028	4250	Janneke van Meel	Utrecht	W30	NED	00:44:13	881	01:18:59	01:57:02	03:16:01	1080	04:05:41	1039	00:43:27	00:44:47	00:46:59	02:15:12	1050	06:25

1034	4065	Lena Steden	Herne	W25	GER	00:39:40	536	01:22:31	02:01:38	03:24:09	1154	04:12:44	1088	00:40:57	00:42:34	00:45:43	02:09:12	958	06:26:39
1035	3344	Volker Meyer	Ratingen	M50	GER	01:04:23	1276	01:15:56	01:52:23	03:08:19	990	04:21:56	1149	00:35:35	00:39:31	00:44:43	01:59:47	759	06:27:07
1036	4504	Heike Ahrens	Köln	W50	GER	00:48:54	1112	01:18:33	02:01:53	03:20:26	1122	04:18:58	1127	00:39:23	00:40:46	00:40:58	02:01:06	789	06:27:36
1037	3501	Yves Lancelot	Ghlin	M60	BEL	00:44:06	871	01:11:34	01:48:18	02:59:51	840	03:51:58	871	00:45:23	00:49:37	00:55:54	02:30:52	1177	06:27:48
1038	2591	Wilfred Wiene	Almere	M35	NED	00:48:06	1091	01:12:12	01:48:34	03:00:45	856	03:54:48	909	00:41:06	00:49:51	00:57:43	02:28:39	1164	06:27:48
1039	2958	Alexander van Laar	Mettmann	M45	GER	00:39:27	515	01:09:02	01:40:44	02:49:46	561	03:35:17	541	00:50:43	00:53:57	01:01:50	02:46:29	1221	06:27:54
1040	2667	Jos Bakker	Velsen-zuid	M35	NED	00:46:02	995	01:14:09	01:49:01	03:03:09	911	03:58:28	963	00:42:28	00:44:57	00:50:57	02:18:21	1088	06:27:56
1041	2400	Joeri Nanov	Amsterdam	M30	NED	00:38:28	435	01:06:59	01:42:33	02:49:31	550	03:34:00	508	00:54:55	00:55:56	00:58:47	02:49:37	1226	06:28:08
1042	4072	Paula Dencher	Amsterdam	W25	NED	00:40:04	572	01:20:34	01:56:52	03:17:25	1092	04:04:58	1031	00:42:27	00:44:11	00:50:26	02:17:03	1075	06:28:31
1043	3070	Arthur Zürcher	Harderwijk	M45	NED	00:44:43	917	01:19:25	01:51:34	03:10:58	1028	04:05:39	1038	00:39:45	00:44:41	00:49:59	02:14:24	1034	06:28:33
1044	4307	Ronald Strijker	Nieuw Buinen	M40	NED	00:45:46	972	01:18:16	01:58:40	03:16:55	1089	04:09:47	1069	00:41:32	00:44:34	00:47:18	02:13:23	1012	06:28:45
1045	3109	Dennis Voogt	Den Haag	M45	NED	00:44:18	885	01:13:15	01:51:03	03:04:17	930	03:55:03	914	00:40:10	00:47:23	00:55:58	02:23:30	1130	06:29:07
1046	3065	Olaf Lautenschütz	Schoorl	M45	NED	00:50:18	1151	01:14:23	01:48:15	03:02:38	903	04:02:01	1004	00:45:14	00:48:18	00:47:55	02:21:26	1111	06:29:18
1047	3437	Rolf Daalder	Voorhout	M55	NED	00:42:51	786	01:19:40	01:51:22	03:11:01	1031	04:01:01	992	00:42:55	00:46:40	00:52:24	02:21:58	1113	06:29:25
1048	2417	Maarten van Megen	Nijmegen	M30	NED	00:44:22	891	01:19:47	01:59:54	03:19:40	1112	04:11:11	1076	00:40:21	00:44:48	00:47:24	02:12:32	1000	06:29:35
1049	3452	Hans van der Meer	Moordrecht	M55	NED	00:45:17	945	01:17:10	01:52:19	03:09:28	1004	04:03:49	1023	00:42:21	00:46:42	00:48:51	02:17:52	1085	06:29:52
1050	2629	Marijn Bunnik	s-gravenhage	M35	NED	00:44:27	897	01:19:59	02:05:42	03:25:41	1163	04:18:30	1121	00:37:38	00:41:17	00:46:35	02:05:30	889	06:30:23
1051	4221	Suzanne Kortekaas	Almere	W35	NED	00:43:32	835	01:22:15	02:00:04	03:22:18	1143	04:12:52	1089	00:39:47	00:43:20	00:49:20	02:12:26	998	06:30:27
1052	4513	Annemiek Nusteling	Ridderkerk	W50	NED	00:47:29	1067	01:22:15	02:00:52	03:23:07	1148	04:21:17	1143	00:40:19	00:43:02	00:41:20	02:04:41	870	06:30:30
1053	2967	Roberto Arauz	Amstelveen	M45	MEX	00:45:54	983	01:14:15	01:44:48	02:59:03	822	03:56:13	929	00:41:30	00:46:09	00:59:31	02:27:09	1158	06:30:35
1054	3526	Roel Timmerman	Tynaarlo	M60	NED	00:55:53	1241	01:12:51	01:48:18	03:01:09	866	04:05:32	1034	00:44:18	00:46:19	00:47:45	02:18:21	1089	06:31:13
1055	2396	Mareijn Willems	Amsterdam	M30	NED	00:55:50	1240	01:11:09	01:43:12	02:54:21	699	04:00:19	984	00:39:44	00:49:47	00:54:18	02:23:48	1134	06:31:17
1056	4231	Gineke Oosterhuis	Den Helder	W35	NED	00:42:59	795	01:21:12	01:54:16	03:15:27	1071	04:07:04	1048	00:42:02	00:44:54	00:49:20	02:16:15	1064	06:31:38
1057	4003	Nina Schulz	Willich	WU24	GER	00:47:43	1075	01:12:41	01:47:09	02:59:50	839	03:54:25	905	00:45:02	00:50:18	00:56:11	02:31:30	1181	06:32:06
1058	3339	Evgeny Trofimov	Moscow	M50	RUS	00:54:53	1232	01:18:33	01:57:08	03:15:40	1075	04:20:12	1135	00:39:59	00:41:55	00:41:58	02:03:51	844	06:32:22
1059	2194	Wes Rijckaert	Valkenswaard	M25	NED	00:44:14	882	01:17:49	01:51:51	03:09:40	1009	04:03:39	1022	00:38:14	00:39:39	01:05:06	02:22:58	1125	06:32:43
1060	2668	Chris Matser	Ijmuiden	M35	NED	00:49:18	1120	01:17:17	01:55:37	03:12:53	1041	04:09:41	1068	00:41:43	00:44:06	00:50:37	02:16:25	1067	06:32:51
1061	4527	Dalva Hubert	Almere	W50	NED	00:42:59	796	01:26:21	02:07:19	03:33:39	1210	04:24:59	1170	00:36:48	00:40:02	00:43:06	01:59:55	766	06:33:13
1062	3514	Thijs Venneman	Breda	M35	NED	00:53:56	1223	01:21:43	02:00:28	03:22:11	1142	04:28:25	1192	00:39:57	00:39:59	00:39:37	01:59:32	747	06:33:19
1063	4560	Paula Visser	Katwijk	W55	NED	00:42:29	758	01:20:52	02:00:10	03:21:01	1128	04:12:36	1086	00:43:03	00:44:17	00:46:42	02:14:00	1026	06:33:52
1064	2953	Ralph Koch	Ludwigsburg	M45	GER	00:42:08	730	01:18:59	01:56:31	03:15:29	1072	04:05:06	1032	00:45:43	00:49:01	00:49:59	02:23:51	1136	06:33:55
1065	4508	Kerstin Tews	Kaltenkirchen	W50	GER	00:36:39	323	01:22:45	02:03:30	03:26:15	1165	04:10:51	1075	00:42:49	00:45:55	00:49:03	02:17:46	1084	06:34:02
1066	4517	Jacky Ledebøer Pronk	Den Haag	W50	NED	00:47:46	1080	01:27:31	02:10:20	03:37:50	1231	04:33:20	1209	00:36:10	00:37:36	00:39:56	01:53:40	590	06:34:02
1067	4216	Janine Fischer	Salem	W35	GER	00:47:10	1052	01:20:45	01:59:35	03:20:20	1121	04:14:30	1100	00:43:15	00:44:47	00:46:39	02:14:40	1040	06:34:13
1068	2768	Ramon Kinneging	Nieuwegein	M40	NED	00:40:40	614	01:19:46	01:56:24	03:16:10	1082	04:05:52	1041	00:43:17	00:46:35	00:52:21	02:22:13	1118	06:34:19
1069	2823	Sebastiaan de Vries	Laren	M40	NED	00:52:04	1193	01:13:24	01:49:54	03:03:18	912	04:02:02	1005	00:47:05	00:47:52	00:51:56	02:26:52	1157	06:34:20
1070	2469	Marcel Buijs	Volendam	M30	NED	01:01:16	1268	01:11:04	01:49:19	03:00:22	850	04:15:12	1102	00:39:11	00:42:08	00:43:01	02:04:20	859	06:34:54
1071	4234	Marlies Mulders	Utrecht	W35	NED	00:41:13	670	01:22:12	01:58:22	03:20:34	1124	04:08:25	1060	00:43:57	00:47:07	00:50:24	02:21:27	1112	06:35:01
1072	2397	Leon Pouwels	Nijmegen	M30	NED	00:41:23	687	01:14:46	01:51:27	03:06:12	961	03:55:03	915	00:46:06	00:51:56	00:55:41	02:33:42	1192	06:35:10
1073	2933	David Mccarry	Aberdeen	M45	GBR	00:37:44	379	01:19:07	02:09:24	03:28:31	1184	04:12:54	1091	00:43:02	00:45:15	00:47:52	02:16:08	1062	06:35:11
1074	4502	Martina Pflocks	Hamburg	W50	GER	00:43:27	824	01:20:28	01:53:33	03:14:01	1055	04:06:22	1045	00:45:43	00:48:04	00:49:24	02:23:11	1126	06:35:30
1075	2401	Ralph Kooijman	Diemen	M30	NED	00:47:54	1082	01:20:14	02:05:24	03:25:37	1162	04:21:31	1146	00:35:01	00:44:44	00:47:04	02:06:48	916	06:35:34
1076	3212	Mustapha Diboune	Valenton	M50	FRA	00:45:34	959	01:20:13	02:00:55	03:21:08	1129	04:21:55	1148	00:39:23	00:40:47	00:44:24	02:04:33	866	06:36:25
1077	2327	Xavier Lucia Troncho	Eindhoven	M30	ESP	00:46:09	1001	01:23:58	02:03:46	03:27:43	1176	04:24:43	1169	00:39:09	00:42:26	00:44:54	02:06:28	909	06:36:33
1078	3520	Frits Cloutd	Heythuysen	M60	NED	00:40:38	611	01:17:43	01:50:58	03:08:40	996	03:57:32	946	00:46:57	00:49:54	00:56:24	02:33:14	1190	06:36:35
1079	2333	John Elder	Nieuw-vennep	M30	GBR	00:46:50	1035	01:13:17	01:56:33	03:09:49	1011	04:05:35	1035	00:40:27	00:54:40	00:50:09	02:25:14	1146	06:36:44
1080	3047	Edmar Hagen	Almere	M45	NED	00:46:04	996	01:36:09	02:01:32	03:37:41	1230	04:30:37	1201	00:36:41	00:39:44	00:43:18	01:59:42	758	06:36:51
1081	3094	Eric Smit	Almere	M45	NED	00:41:25	689	01:14:50	01:44:40	02:59:30	833	03:48:41	819	00:46:59	00:51:31	01:03:12	02:41:41	1210	06:36:52
1082	4314	Liisa Männistö	Klaukkala	W40	FIN	00:47:07	1048	01:21:16	02:05:59	03:27:14	1171	04:23:51	1164	00:40:46	00:41:19	00:44:24	02:06:28	910	06:37:00
1083	3318	Maurice Zwart	Helmond	M50	NED	00:50:20	1152	01:22:58	02:07:53	03:30:50	1199	04:28:28	1193	00:37:53	00:41:23	00:42:06	02:01:21	796	06:37:02
1084	2901	Walter Tesch	Laxenburg	M45	AUT	00:59:04	1264	01:16:38	01:52:11	03:08:49	997	04:15:27	1103	00:43:00	00:46:09	00:47:26	02:16:35	1068	06:37:21
1085	2793	Leon Schuurbijs	Bergen Op Zoom	M40	NED	00:52:01	1190	01:17:12	02:00:25	03:17:37	1094	04:17:15	1114	00:39:54	00:44:20	00:49:21	02:13:34	1014	06:37:26
1086	4330	Ingrid Kerstges	Geleen	W40	NED	00:42:31	761	01:19:07	02:00:47	03:19:53	1116	04:08:08	1058	00:45:15	00:48:01	00:49:38	02:22:53	1124	06:37:33
1087	3290	Raymond Haagmans	Nuth	M50	NED	00:47:09	1050	01:11:47	01:44:01	02:55:47	733	03:49:45	836	00:48:52	00:52:19	01:00:21	02:41:30	1209	06:37:56
1088	3283	Mark Groenen	Enschede	M50	NED	00:42:41	772	01:26:00	02:08:40	03:34:39	1213	04:27:28	1184	00:38:56	00:41:16	00:44:33	02:04:44	871	06:38:24
1089	4406	Rikke Bjerrum Thomsen	Vejle	W45	DEN	00:41:08	662	01:22:08	01:56:36	03:18:43	1104	04:07:32	1052	00:43:47	00:51:25	00:50:52	02:26:04	1152	06:38:43
1090	4410	Marta Riek	Tschingel	W45	GER	01:03:38	1274	01:16:28	02:00:51	03:17:19	1091	04:29:02	1197	00:38:06	00:40:50				

1098	3025	Brugman	Haarlem	M45	NED	00:54:06	1227	01:22:39	01:59:03	03:21:42	1134	04:24:39	1168	00:38:21	00:41:08	00:46:34	02:06:02	899	06:40:13
1099	2959	Jens Görres	Jülich	M45	GER	00:50:06	1146	01:11:59	01:49:48	03:01:46	875	04:00:06	977	00:47:39	00:53:01	00:54:01	02:34:40	1196	06:40:20
1100	4432	Sandra Montagne	Weesp	W45	NED	00:43:58	864	01:20:35	01:56:19	03:16:53	1088	04:08:45	1062	00:44:18	00:48:37	00:51:32	02:24:25	1139	06:40:39
1101	3216	Jean-Yves Mathieu	Hettange Grande	M50	FRA	00:40:49	631	01:17:30	01:53:11	03:10:40	1023	03:59:02	967	00:47:25	00:51:32	00:58:00	02:36:57	1202	06:40:39
1102	3408	Tim Matthews	Durham	M55	GBR	00:56:22	1250	01:18:59	02:00:51	03:19:50	1115	04:25:27	1173	00:42:48	00:43:25	00:41:15	02:07:27	925	06:41:07
1103	2158	Thomas Quaedvlieg	Utrecht	M25	NED	01:04:20	1275	01:18:39	01:51:49	03:10:27	1021	04:26:36	1180	00:42:41	00:43:49	00:40:30	02:06:59	920	06:41:37
1104	4238	Maryvonne van den Berg	Almere	W35	NED	00:33:39	148	01:23:26	02:01:45	03:25:11	1161	04:03:31	1021	00:45:56	00:50:53	00:53:25	02:30:13	1172	06:41:47
1105	2964	Björn Scheferling	Siegburg	M45	GER	00:46:15	1009	01:17:18	01:58:49	03:16:06	1081	04:18:02	1119	00:42:10	00:43:32	00:48:18	02:13:59	1025	06:42:02
1106	2365	Patrick Bull	Hamburg	M30	GER	00:43:42	849	01:17:17	01:56:18	03:13:35	1053	04:04:35	1026	00:48:54	00:53:10	00:49:52	02:31:55	1185	06:42:27
1107	2442	Hurly Holtrop	Hillegom	M30	NED	00:48:18	1098	01:20:05	01:55:00	03:15:04	1069	04:10:16	1072	00:42:55	00:47:42	00:54:52	02:25:28	1149	06:42:42
1108	3117	Patrick Baransky	Utrecht	M45	RSA	00:58:01	1257	01:17:06	02:16:26	03:33:32	1208	04:42:21	1240	00:35:01	00:37:12	00:40:46	01:52:59	568	06:43:07
1109	2955	Thorsten Stahl	Limburg	M45	GER	01:01:10	1267	01:16:29	01:56:40	03:13:09	1047	04:24:35	1166	00:40:12	00:43:02	00:46:08	02:09:21	961	06:43:15
1110	2848	Karel Brouwers	Sprang Capelle	M40	NED	00:49:05	1117	01:17:24	01:49:54	03:07:18	977	04:03:20	1019	00:44:39	00:51:43	00:57:38	02:33:58	1193	06:43:37
1111	4416	Carmen Jäger	Lipporn	W45	GER	00:53:17	1213	01:21:45	01:59:49	03:21:33	1131	04:22:03	1151	00:44:30	00:45:01	00:46:13	02:15:43	1058	06:43:38
1112	4062	Alexandra Scholz	Aschaffenburg	W25	GER	00:34:33	192	01:26:20	02:08:22	03:34:42	1214	04:18:05	1120	00:44:23	00:47:20	00:46:23	02:18:05	1086	06:43:44
1113	4561	Siepke van den Burg	Woerden	W30	NED	00:45:57	989	01:20:34	01:56:22	03:16:56	1090	04:09:03	1064	00:41:39	00:53:54	00:54:29	02:30:01	1171	06:44:11
1114	4074	Patty Cramer	Almere-haven	W25	NED	00:43:28	827	01:20:45	02:03:13	03:23:57	1153	04:15:33	1105	00:43:33	00:46:30	00:54:04	02:24:06	1138	06:44:20
1115	4229	Cindy Frisvert	Dordrecht	W35	NED	00:49:42	1136	01:22:14	02:07:31	03:29:44	1192	04:26:51	1182	00:42:35	00:43:32	00:44:26	02:10:32	979	06:44:21
1116	3345	Antonio Liconti	Pescara	M50	ITA	01:04:35	1277	01:17:35	01:58:38	03:16:13	1083	04:31:19	1204	00:40:01	00:41:24	00:43:45	02:05:09	881	06:44:29
1117	3286	Willem Jan de Graaff	Vught	M50	NED	00:57:11	1253	01:23:10	02:04:15	03:27:24	1174	04:35:00	1218	00:40:17	00:40:25	00:42:35	02:03:16	831	06:44:29
1118	4414	Nicola Rosenberger	Bocholt	W45	GER	00:42:57	793	01:22:14	02:04:13	03:26:26	1168	04:20:07	1134	00:44:05	00:45:52	00:45:46	02:15:42	1057	06:44:39
1119	4505	Marion Franz	Berlin	W50	GER	00:50:57	1172	01:22:44	02:04:48	03:27:31	1175	04:27:10	1183	00:41:15	00:42:41	00:49:02	02:12:57	1002	06:45:07
1120	3060	Dick Boumans	Almere	M45	NED	00:49:44	1138	01:20:36	02:00:59	03:21:35	1132	04:22:26	1155	00:41:57	00:46:05	00:47:42	02:15:44	1060	06:45:14
1121	2414	Wouter van Dijk	Amsterdam	M30	NED	00:53:55	1222	01:21:35	02:09:38	03:31:13	1201	04:35:11	1219	00:38:56	00:39:49	00:44:17	02:03:00	824	06:45:18
1122	4526	Marianne Zwart	Helmond	W50	NED	00:42:39	768	01:22:39	02:08:47	03:31:26	1202	04:20:12	1136	00:47:57	00:46:18	00:45:51	02:20:05	1102	06:46:29
1123	4071	Frejanne Ruoff	Amsterdam	W25	NED	00:50:53	1170	01:24:40	02:10:51	03:35:31	1219	04:34:33	1215	00:39:21	00:41:38	00:43:52	02:04:50	874	06:46:31
1124	3901	Bas Parinussa	Weesp	PARA	NED	00:27:55	17	01:49:42	02:45:21	04:35:02	1270	05:09:12	1263					0	06:46:39
1125	3253	Eduard Sporken	Amsterdam	M50	NED	00:47:41	1074	01:20:14	01:59:16	03:19:29	1111	04:15:45	1107	00:47:02	00:46:45	00:49:29	02:23:15	1128	06:46:50
1126	2191	Leander Sikma	Amsterdam	M25	NED	00:42:48	781	01:19:18	02:11:17	03:30:35	1197	04:21:46	1147	00:43:13	00:46:40	00:47:00	02:16:51	1071	06:46:55
1127	3068	Luc Peeters	Zwolle	M45	NED	00:46:48	1033	01:17:42	02:00:18	03:18:00	1099	04:14:16	1097	00:45:03	00:47:50	00:51:02	02:23:54	1137	06:46:58
1128	3230	Holger Kassen	Duisburg	M50	GER	00:53:39	1218	01:19:40	02:00:02	03:19:42	1113	04:21:14	1142	00:41:26	00:46:39	00:50:16	02:18:20	1087	06:47:06
1129	4319	Julie Robb	Inverness	W40	GBR	00:47:29	1068	01:28:19	02:13:16	03:41:35	1240	04:39:18	1232	00:36:13	00:41:44	00:40:49	01:58:45	724	06:47:23
1130	4309	Julie Englebin	Bruxelles	W40	BEL	00:50:35	1163	01:20:03	02:02:06	03:22:09	1141	04:20:04	1133	00:46:23	00:47:01	00:48:40	02:22:03	1116	06:47:27
1131	3507	Jean-Paul Delbert	Marcq En Baroeul	M60	FRA	00:43:35	840	01:18:53	01:54:10	03:13:03	1044	04:05:43	1040	00:46:16	00:50:31	00:57:58	02:34:44	1197	06:47:30
1132	2954	Matthias Dugaro	Wedel	M45	GER	00:46:14	1008	01:15:54	01:58:17	03:14:11	1058	04:07:43	1055	00:46:12	00:51:23	00:55:34	02:33:08	1188	06:47:35
1133	2943	Dirk Leonhardt	Marxzell	M45	GER	00:48:05	1090	01:19:26	02:02:26	03:21:52	1137	04:24:13	1165	00:42:19	00:46:56	00:48:25	02:17:39	1082	06:47:38
1134	2184	Erik Panhuijzen	Oss	M25	NED	00:38:18	419	01:14:37	01:49:08	03:03:45	925	03:49:42	835	00:46:35	00:59:47	01:05:40	02:52:01	1229	06:47:40
1135	4352	Elena Chugunova	Moscow	W40	RUS	00:48:37	1108	01:23:27	02:09:23	03:32:50	1206	04:29:51	1198	00:41:42	00:43:44	00:46:10	02:11:35	989	06:47:59
1136	3512	Martin Auth	Kalbach	M60	GER	00:43:51	857	01:22:29	02:05:40	03:28:08	1182	04:26:02	1177	00:43:54	00:43:01	00:48:03	02:14:57	1046	06:48:20
1137	3281	Gerard Timmermans	Waalwijk	M50	NED	00:39:44	544	01:30:15	02:17:15	03:47:29	1252	04:38:30	1229	00:38:21	00:40:03	00:42:28	02:00:51	784	06:48:34
1138	4111	Amanda Schot	Schagen	W30	NED	00:44:57	928	01:27:22	02:17:25	03:44:46	1249	04:36:54	1227	00:41:57	00:42:00	00:42:40	02:06:36	913	06:49:19
1139	3214	Xavier Ruef	Provin	M50	FRA	00:45:17	944	01:21:14	02:02:37	03:23:50	1151	04:18:51	1124	00:39:33	00:43:14	01:00:43	02:23:29	1129	06:49:22
1140	4211	Doris Schoger	Berlin	W35	GER	00:53:01	1211	01:25:50	02:05:56	03:31:46	1204	04:33:57	1211	00:40:42	00:43:58	00:44:07	02:08:46	949	06:49:25
1141	4004	Elana Meijer	Hillegom	WU24	NED	00:47:01	1045	01:27:15	02:07:54	03:35:08	1216	04:28:59	1196	00:45:21	00:45:19	00:44:56	02:15:35	1055	06:49:39
1142	2439	Ruud Moerkens	Dronten	M30	NED	00:47:53	1081	01:15:25	01:53:07	03:08:31	992	04:03:16	1018	00:51:46	00:52:42	00:56:17	02:40:44	1207	06:49:58
1143	2766	Sander Althoff	Groenlo	M40	NED	00:40:44	618	01:23:05	02:12:06	03:35:10	1217	04:22:13	1153	00:42:35	00:48:45	00:50:43	02:22:02	1115	06:50:00
1144	2408	Maikel de Lauw	Roermond	M30	NED	00:49:05	1116	01:18:19	02:04:37	03:22:56	1146	04:19:18	1129	00:42:08	00:48:19	00:55:45	02:26:10	1153	06:50:01
1145	3403	Mogens Rahbek	Vejle	M55	DEN	00:47:00	1044	01:23:16	02:01:36	03:24:51	1159	04:20:58	1140	00:44:10	00:46:03	00:50:06	02:20:17	1104	06:50:05
1146	3312	Dennis van Oudheusden	Almere	M50	NED	00:56:12	1247	01:18:41	02:01:51	03:20:31	1123	04:25:03	1171	00:42:58	00:48:56	00:49:09	02:21:01	1106	06:50:35
1147	3064	Armand Bloem	Voorburg	M45	NED	00:56:16	1248	01:23:38	02:02:50	03:26:28	1169	04:34:10	1214	00:39:42	00:41:41	00:44:46	02:06:08	902	06:50:37
1148	2456	Peter van Beek	Zeewolde	M30	NED	00:50:31	1161	01:24:37	02:04:51	03:29:27	1188	04:28:04	1191	00:40:00	00:42:15	00:54:42	02:16:56	1073	06:51:20
1149	3095	Maaike Warnars	Weesp	M45	NED	00:49:33	1129	01:22:10	02:03:51	03:26:01	1164	04:25:57	1176	00:43:12	00:44:57	00:48:56	02:17:05	1076	06:51:29
1150	4552	Deborah Evers	Newhaven	W55	GBR	00:43:36	842	01:26:13	02:10:55	03:37:07	1228	04:28:56	1195	00:42:13	00:45:23	00:46:43	02:14:18	1033	06:51:39
1151	2153	Karolis Damanskas	Amsterdam	M25	LTU	00:55:25	1237	01:19:57	02:02:12	03:22:08	1140	04:26:23	1178	00:43:54	00:47:15	00:48:25	02:19:33	1098	06:51:44
1152	4217	Saskia Martin	Meinerzhagen	W35	GER	00:48:59	1115	01:23:55	02:11:57	03:35:52	1221	04:34:55	1216	00:41:05	00:43:24	00:44:28	02:08:56	951	06:51:44
1153	2152	Vinit Dighe	Delft	M25	IND	00:50:09	1149	01:19:26	01:58:52	03:18:18	1101	04:18:01	1118	00:46:06	00:48:22	00:49:21	02:23:48	1135	06:52:08
1154	2947	Oliver Duhr	Hammerkeln	M45	GER	00:48:19	1100	01:21:02	02:06:15	03:27:16	1172	04:25:19	1172	00:42:09	00:46:58	00:51:54			

1162	3289	Ruud Kaitjily	Ankeveen	M50	NED	00:53:55	1221	01:24:59	02:05:30	03:30:28	1196	04:34:03	1212	00:40:18	00:44:25	00:49:22	02:14:04	1028	06:55:16
1163	4080	Aglaia Hage	Rozenburg	W25	NED	00:50:56	1171	01:22:02	01:59:26	03:21:28	1130	04:21:02	1141	00:46:37	00:49:24	00:53:33	02:29:33	1169	06:56:23
1164	3341	Mike van Wichen	Zoetermeer	M50	USA	00:54:23	1228	01:17:11	02:02:51	03:20:01	1118	04:27:29	1185	00:37:36	00:44:39	00:56:44	02:18:58	1094	06:56:48
1165	4425	Marjolijn van Dijk	Akurery	W45	NED	00:39:20	503	01:25:44	02:10:45	03:36:28	1225	04:25:43	1175	00:41:54	00:46:04	00:57:04	02:25:00	1143	06:56:57
1166	4102	Helga Christensen	Stenstrup	W60	DEN	01:02:30	1272	01:19:44	01:58:39	03:18:22	1102	04:30:12	1199	00:45:48	00:45:49	00:47:29	02:19:05	1096	06:56:58
1167	4303	Nathalie Vryghem	Zwevegem	W40	BEL	00:41:53	715	01:20:38	01:59:41	03:20:19	1120	04:08:14	1059	00:48:24	00:54:17	00:58:38	02:41:18	1208	06:57:15
1168	2951	Niklas Heldt	Witten	M45	GER	00:52:20	1196	01:19:41	02:01:05	03:20:45	1126	04:22:34	1156	00:47:38	00:48:31	00:52:06	02:28:14	1162	06:57:33
1169	4509	Anke Floeth	Frankfurt	W50	GER	00:53:15	1212	01:24:27	02:14:17	03:38:43	1233	04:40:45	1236	00:41:59	00:42:11	00:44:21	02:08:30	945	06:57:57
1170	4556	Anneliese Kok - van Bommel	Spijkenisse	W55	NED	00:45:51	979	01:21:45	02:01:17	03:23:02	1147	04:16:33	1109	00:48:00	00:50:11	00:55:56	02:34:07	1194	06:58:01
1171	3019	Alexander Egressy	Haarlem	M45	NED	00:48:04	1089	01:21:15	02:09:37	03:30:51	1200	04:26:41	1181	00:42:30	00:47:13	00:55:39	02:25:21	1147	06:58:51
1172	4519	Jeannette Michaeli Van Opdorp	Ramat Hakovesh	W50	NED	00:46:05	997	01:24:07	02:07:29	03:31:36	1203	04:27:46	1187	00:45:18	00:46:47	00:52:39	02:24:43	1141	06:59:47
1173	2437	Frank Henselmans	Dommelen	M30	NED	00:39:45	547	01:26:04	02:07:39	03:33:42	1211	04:22:37	1157	00:47:21	00:50:12	00:53:38	02:31:09	1179	06:59:53
1174	4076	Mireille Beukers	Assen	W25	NED	00:44:43	916	01:31:57	02:12:18	03:44:15	1245	04:36:02	1221	00:43:39	00:47:10	00:44:55	02:15:44	1059	07:00:15
1175	4417	Evelyn Verch	Kassel	W45	GER	00:47:59	1086	01:19:57	02:06:19	03:26:16	1166	04:23:25	1161	00:46:34	00:52:01	00:52:20	02:30:54	1178	07:00:37
1176	4245	Maya Shevlyakova	Lausanne	W35	RUS	00:51:56	1188	01:20:28	02:03:47	03:24:15	1155	04:25:36	1174	00:48:19	00:49:13	00:51:26	02:28:58	1167	07:01:17
1177	2637	Sebastiaan van den Berg	Houten	M35	NED	00:46:09	1002	01:17:42	02:11:39	03:29:21	1187	04:22:07	1152	00:44:14	00:54:27	00:52:42	02:31:23	1180	07:01:50
1178	2138	Nils Hartmann	Lingen	M25	GER	01:02:24	1271	01:12:26	02:01:05	03:13:30	1052	04:23:08	1160	00:45:08	00:51:12	00:52:36	02:28:56	1166	07:01:55
1179	2360	Marc Roettgermann	Greven	M30	GER	00:48:57	1113	01:21:33	02:06:22	03:27:54	1179	04:30:34	1200	00:45:22	00:47:14	00:48:45	02:21:20	1109	07:02:12
1180	2359	Tobias Habersack	Münster	M30	GER	00:51:28	1182	01:21:31	02:06:35	03:28:05	1181	04:30:46	1203	00:45:21	00:47:14	00:48:45	02:21:20	1108	07:02:13
1181	3317	Martin van Ginkel	Zwaag	M50	NED	00:49:37	1132	01:20:36	01:57:30	03:18:06	1100	04:17:52	1116	00:44:07	00:49:08	00:58:49	02:32:03	1186	07:02:59
1182	3211	Carsten von Holstein	Kbh S	M50	DEN	00:40:36	608	01:20:34	02:00:18	03:20:51	1127	04:11:20	1077	00:49:07	00:57:24	00:56:45	02:43:15	1213	07:03:10
1183	3513	Werner Thiel	Nettetal	M60	GER	00:52:36	1201	01:16:16	01:54:33	03:10:48	1026	04:12:26	1085	00:53:35	00:55:27	00:56:40	02:45:41	1219	07:03:23
1184	4342	Michele Reumers	Margraten	W40	NED	00:52:59	1209	01:26:32	02:14:47	03:41:19	1239	04:43:30	1242	00:41:10	00:44:34	00:48:27	02:14:09	1031	07:04:14
1185	4510	Antje Simone Strate	Witten	W50	GER	00:58:29	1262	01:21:12	02:02:04	03:23:15	1149	04:27:52	1189	00:48:26	00:52:55	00:50:32	02:31:51	1184	07:04:17
1186	4653	Elly van der Zijden	Almere	W65	NED	00:52:48	1204	01:23:22	02:06:21	03:29:42	1191	04:31:41	1206	00:45:24	00:49:08	00:49:03	02:23:33	1132	07:04:34
1187	3434	Herman Maat	Almere	M55	NED	00:53:54	1220	01:15:52	01:54:22	03:10:14	1017	04:14:16	1098	00:49:02	00:55:40	00:57:03	02:41:44	1211	07:05:38
1188	2926	Jocelyn Bart	Carvin	M45	FRA	00:54:46	1230	01:22:42	02:26:39	03:49:20	1256	04:52:33	1255	00:40:29	00:42:09	00:45:05	02:07:43	928	07:06:28
1189	3522	Ger Breure	Egmond Binnen	M60	NED	00:50:51	1169	01:20:30	01:58:51	03:19:21	1109	04:17:45	1115	00:48:39	00:54:29	01:00:21	02:43:28	1215	07:06:37
1190	3122	Jens Hoppe	Winterthur	M45	SUI	00:39:49	553	01:15:39	01:48:25	03:04:04	929	03:51:26	863	00:57:40	01:02:38	01:08:38	03:08:55	1240	07:07:23
1191	2640	Thijs Vermeulen	Moordrecht	M35	NED	00:50:46	1167	01:22:56	02:12:23	03:35:19	1218	04:34:06	1213	00:44:15	00:50:49	00:52:13	02:27:16	1159	07:08:33
1192	3454	Arno Teigeler	Scheveningen	M55	NED	01:05:16	1278	01:24:43	02:08:14	03:32:56	1207	04:48:21	1248	00:42:06	00:45:22	00:47:09	02:14:36	1036	07:08:59
1193	3603	Wietse Ritskes	Zwijndrecht	M65	NED	00:55:11	1234	01:24:15	02:00:41	03:24:55	1160	04:27:51	1188	00:46:11	00:51:32	00:55:44	02:33:26	1191	07:09:03
1194	2661	Arjan de Jong	Amsterdam	M35	NED	00:56:22	1249	01:20:03	02:06:22	03:26:24	1167	04:31:23	1205	00:46:43	00:49:33	00:54:21	02:30:37	1174	07:09:22
1195	4418	Andrea Böwing	Unterhaching	W45	GER	00:56:05	1244	01:26:13	02:10:09	03:36:21	1224	04:42:14	1239	00:45:59	00:47:36	00:48:27	02:22:01	1114	07:09:57
1196	2075	Kevin Sprong	Baarn	MU24	NED	00:52:56	1207	01:20:18	02:17:59	03:38:16	1232	04:40:09	1234	00:45:16	00:47:24	00:49:25	02:22:05	1117	07:10:15
1197	2675	Alexander Zverev	Moscow	M35	RUS	00:51:39	1186	01:18:15	02:08:54	03:27:08	1170	04:26:24	1179	00:45:44	00:53:44	00:59:07	02:38:34	1204	07:10:22
1198	4339	Prescilia Traa	Heeswijk-dinther	W40	NED	00:51:33	1183	01:25:34	02:09:15	03:34:49	1215	04:39:39	1233	00:50:38	00:46:28	00:47:48	02:24:54	1142	07:11:34
1199	4555	Silvia Thiel	Nettetal	W55	GER	00:50:31	1160	01:21:57	02:09:51	03:31:47	1205	04:32:20	1208	00:52:01	00:51:06	00:51:40	02:34:46	1198	07:13:05
1200	3314	Stef van der Heiden	Almere	M50	NED	00:57:24	1254	01:21:13	02:06:46	03:27:58	1180	04:37:07	1228	00:45:19	00:49:33	00:53:43	02:28:34	1163	07:14:23
1201	2420	Yannick van Harskamp	Nijmegen	M30	NED	00:58:58	1263	01:25:22	02:16:27	03:41:49	1241	04:48:50	1250	00:43:38	00:46:49	00:49:12	02:19:38	1100	07:14:23
1202	3305	Robbert Jansen	Rijswijk	M50	NED	00:56:08	1245	01:23:27	02:05:07	03:28:34	1185	04:36:26	1225	00:43:41	00:47:56	00:55:40	02:27:16	1160	07:14:24
1203	4324	Anja Leonhardt	Marxzell	W40	GER	00:50:07	1147	01:22:03	02:02:16	03:24:18	1156	04:23:45	1163	00:50:58	00:54:36	01:00:03	02:45:36	1218	07:15:58
1204	4601	Petra Moria	Almere	W60	NED	00:50:45	1166	01:20:40	01:59:32	03:20:11	1119	04:22:17	1154	00:49:07	00:56:21	00:58:09	02:43:36	1216	07:16:15
1205	4354	Tina Alenfors	Almere	W40	SWE	00:57:07	1252	01:28:13	02:11:22	03:39:34	1235	04:46:53	1245	00:41:57	00:48:11	00:52:22	02:22:29	1120	07:16:44
1206	2987	Daniel Jansen	Oss	M45	NED	01:07:38	1279	01:23:23	02:06:57	03:30:20	1194	04:51:08	1253	00:40:24	00:45:11	00:50:44	02:16:18	1065	07:17:01
1207	2665	Youri Gerritse	Utrecht	M35	NED	00:57:30	1255	01:20:44	02:16:38	03:37:22	1229	04:40:43	1235	00:48:25	00:51:04	00:51:15	02:30:43	1175	07:17:47
1208	4554	Helge Seeck	Nienburg	W55	GER	00:54:00	1225	01:31:07	02:13:27	03:44:33	1246	04:47:54	1247	00:44:10	00:49:27	00:49:39	02:23:15	1127	07:18:19
1209	4078	Mireille Pasop	Almere	W25	NED	00:50:28	1158	01:24:24	02:11:31	03:35:55	1223	04:36:18	1223	00:47:24	00:52:05	00:55:21	02:34:49	1199	07:18:40
1210	4443	Irene Alisjahbana	Singapore	W45	SGP	00:51:55	1187	01:27:42	02:13:15	03:40:57	1237	04:43:00	1241	00:45:33	00:52:46	00:54:54	02:33:12	1189	07:23:03
1211	4244	Maria Orasanu-Negrusa	Bistrita	W35	ROU	01:01:22	1269	01:27:32	02:23:02	03:50:34	1257	04:59:21	1258	00:47:51	00:44:34	00:46:37	02:19:02	1095	07:24:36
1212	4424	Judith van Kaathoven	Best	W45	NED	00:43:28	826	01:17:48	01:59:04	03:16:51	1087	04:10:32	1073	00:57:47	01:01:54	01:02:38	03:02:18	1233	07:24:37
1213	4652	Trijnie Roozendaal-Rep	Oostzaan	W65	NED	00:50:23	1153	01:25:05	02:02:43	03:27:47	1178	04:27:43	1186	00:51:37	00:55:25	01:03:29	02:50:30	1228	07:24:52
1214	4053	Natalia Nogueira	Rio De Janeiro	W25	BRA	00:44:36	906	01:32:41	02:23:10	03:55:50	1260	04:49:10	1252	00:48:54	00:51:00	00:49:29	02:29:23	1168	07:25:24
1215	4313	Vibeke Fisker	Vejle	W40	DEN	00:45:44	971	01:30:29	02:23:56	03:54:25	1259	04:48:24	1249	00:48:08	00:50:33	00:52:56	02:31:37	1182	07:26:13
1216	4559	Ineke van den Berg	Noordwijk	W55	NED	00:49:19	1121	01:24:28	02:05:19	03:29:46	1193	04:28:40	1194	00:53:55	00:56:35	00:58:23	02:48:52	1225	07:26:50
1217	4651	Anita van Bon	Huissen	W65	NED	00:52:26	1198	01:25:24	02:02:58	03:28:21	1183	04:30:46	1202	00:53:13	00:56:32	01:00:08	02:49:53	1227	07:27:55
1218	4357	Charlotte Saayman	Amsterdam	W40	RSA	00:47:59</													

1221	4109	Ayako Kusajima	Tagajyo	W30	JPN	01:10:01	1282	01:19:22	02:02:45	03:22:07	1139	04:46:59	1246	00:46:53	00:53:32	00:55:55	02:36:19	1201	07:29:49
1222	3242	Bernd Doktor	Recklinghausen	M50	GER	00:47:19	1058	01:26:25	02:10:04	03:36:28	1226	04:33:56	1210	00:51:40	00:58:07	00:57:33	02:47:19	1222	07:30:33
1223	2505	Sven van Roeyen	Burcht	M35	BEL	00:55:55	1242	01:20:07	01:55:30	03:15:36	1074	04:19:59	1131	00:56:34	01:01:45	01:03:02	03:01:19	1232	07:30:38
1224	4007	Natasja Brenninkmeijer	Meggen	WU24	USA	00:43:36	841	01:28:02	02:16:38	03:44:39	1247	04:39:08	1231	00:51:09	00:54:57	00:58:24	02:44:28	1217	07:30:55
1225	4434	Sandra Huenders	Almere	W45	NED	00:46:34	1025	01:27:37	02:14:18	03:41:55	1243	04:38:32	1230	00:53:03	00:56:56	00:56:11	02:46:09	1220	07:32:38
1226	2735	Wolfgang Huang	Lindau	M40	GER	00:51:18	1177	01:20:28	02:13:53	03:34:21	1212	04:35:59	1220	00:51:43	00:56:31	01:00:05	02:48:17	1224	07:33:41
1227	3505	William Strobbe	Brecht	M60	BEL	00:46:13	1005	01:21:35	02:05:48	03:27:23	1173	04:20:45	1138	01:02:55	01:00:11	01:03:31	03:06:36	1238	07:35:32
1228	2624	Jeroen Schuitemaker	Almere	M35	NED	01:00:30	1266	01:24:40	02:17:44	03:42:23	1244	04:51:35	1254	00:53:55	00:52:18	00:51:45	02:37:57	1203	07:38:44
1229	4524	Simone de Klerk	Amsterdam	W50	NED	00:44:36	904	01:24:08	02:11:37	03:35:44	1220	04:27:57	1190	00:54:35	01:04:45	01:08:56	03:08:15	1239	07:46:34
1230	4122	Helen Procházka - Van Dam	Hoofddorp	W30	NED	00:53:25	1216	01:21:59	02:08:49	03:30:48	1198	04:34:57	1217	00:55:10	01:02:23	01:05:21	03:02:54	1235	07:47:12
1231	3340	Pascal Romen	Maastricht	M50	NED	01:02:05	1270	01:25:31	02:16:23	03:41:54	1242	04:53:50	1256	00:52:54	00:55:34	00:54:37	02:43:04	1212	07:48:16
1232	4121	Sanne Schoo	Voorhout	W30	NED	00:49:57	1143	01:29:51	02:15:55	03:45:45	1250	04:44:36	1243	00:54:12	01:00:54	01:00:40	02:55:45	1230	07:49:14
1233	2952	Jan Dylong	Nyborg	M45	DEN	00:48:01	1088	01:27:00	02:13:04	03:40:04	1236	04:36:28	1226	00:50:09	01:09:03	01:05:34	03:04:45	1236	07:49:41
1234	4052	Liesbeth Mackelbergh-van Langenhove	De Panne	W25	BEL	00:48:50	1110	01:32:11	02:13:40	03:45:51	1251	04:41:51	1238	00:59:50	01:00:12	01:05:54	03:05:55	1237	07:53:30
1235	2530	Stuart Jones	Sale	M35	GBR	00:58:19	1259	01:23:40	02:17:26	03:41:05	1238	04:45:14	1244	00:55:14	00:59:14	01:08:02	03:02:29	1234	07:54:16
1236	4345	Wanda Groffen-Heijboer	Dordrecht	W40	NED	00:49:23	1123	01:43:10	02:29:52	04:13:01	1266	05:12:10	1267	00:52:56	00:47:29	00:55:34	02:35:58	1200	07:56:55
1237	4405	Lijia Liu	Düsseldorf	W45	CHN	00:57:46	1256	01:37:54	02:37:00	04:14:54	1267	05:33:34	1269	00:45:01	00:45:23	00:46:22	02:16:45	1069	07:58:06
1238	3417	Ruud Horn	Almere	M55	NED	00:45:58	990	01:34:22	02:29:36	04:03:57	1264	05:03:23	1261	00:47:51	00:54:13	01:01:12	02:43:15	1214	07:58:24
1239	4420	Oshrit David	Kadima	W45	ISR	00:51:28	1181	01:34:23	02:27:09	04:01:31	1261	05:09:44	1264	00:49:55	00:54:27	00:54:53	02:39:13	1205	08:03:10
1240	3515	Olivier Apfelbaum	Tel Aviv	M60	ISR	00:51:28	1180	01:35:47	02:25:57	04:01:44	1262	05:09:47	1265	00:49:55	00:54:26	00:54:53	02:39:13	1206	08:03:11
1241	2151	Fabian Fisch	Witten	M25	GER	00:55:59	1243	01:27:02	02:24:48	03:51:50	1258	05:00:35	1260	00:54:57	00:59:21	01:04:59	02:59:17	1231	08:10:50
1242	4207	Sari Holmström	Turku	W35	FIN	00:51:28	1179	01:31:30	02:16:23	03:47:53	1253	04:48:58	1251	01:03:06	01:03:37	01:08:15	03:14:57	1241	08:15:13
1243	4551	Jane Patel	Preston	W55	GBR	00:45:55	986	01:33:16	02:29:17	04:02:33	1263	04:57:43	1257	01:04:38	01:08:01	01:10:33	03:23:10	1242	08:28:04
1244	4326	Jasmin Jabeur	Bochum	W40	GER	01:08:25	1281	01:44:57	02:51:09	04:36:06	1271	05:57:14	1270	01:15:08	01:14:53	01:25:55	03:55:56	1243	10:05:47
1245	2744	Daniël Oosterwaal	Amsterdam	M40	NED	00:34:19	177	01:00:55	01:24:21	02:25:16	53	03:03:08	56	00:29:52					0
1246	2053	Tobias Ström	Kastrup	MU24	DEN	00:31:40	79	01:02:50	01:23:48	02:26:38	64	03:03:22	60	00:41:46					0
1247	3106	Antonie de Kok	Veldhoven	M45	NED	00:42:33	762	01:08:20	01:33:47	02:42:06	355	03:30:33	427	00:38:02					0
1248	4242	Linda Helgerud	Drammen	W35	NOR	00:48:11	1094	01:09:12	01:39:17	02:48:28	519	03:42:16	689	00:35:55					0
1249	2571	Daniel van Vliet	Middelburg	M35	NED	00:43:35	839	01:13:31	01:43:32	02:57:02	769	03:50:35	849	00:36:06					0
1250	2335	Vanrisch Mclean	South Croydon	M30	GBR	00:30:16	48	00:56:54	01:17:42	02:14:35	4	02:48:00	6	00:28:57					0
1251	2567	Erwin Willems	Haarlem	M35	NED	00:35:03	219	01:12:05	01:41:53	02:53:57	690	03:34:46	527	00:38:21					0
1252	3456	Reiner Kastl	Büchen	M55	GER	00:38:34	445	01:17:36	01:44:44	03:02:19	893	03:47:18	789	00:36:11					0
1253	3048	Niels Mulder	Amsterdam	M45	NED	00:42:16	738	01:11:12	01:40:20	02:51:31	622	03:42:51	698	00:40:18					0
1254	3311	Huig de Kreijl	Sommelsdijk	M50	NED	00:42:48	780	01:13:53	01:42:07	02:56:00	741	03:46:15	769	00:39:49					0
1255	3442	Wout de Vries	Almere	M55	NED	00:47:25	1064	01:09:46	01:36:59	02:46:45	476	03:40:37	661	00:49:53					0
1256	3432	Willem Pals	Amsterdam	M55	NED	00:37:17	354	01:18:18	02:05:37	03:23:54	1152	04:06:47	1047	00:45:43					0
1257	2909	Olivier Habran	Erbiseoul	M45	BEL	00:44:07	874	01:22:16	01:59:20	03:21:35	1133	04:12:19	1084	00:45:44					0
1258	2311	Gabriel Scinta	Colfonatine	M30	BEL	00:47:44	1078	01:11:06	01:46:07	02:57:12	773	03:50:51	856	01:09:06					0
1259	2438	Maarten Blokland	Waddinxveen	M30	NED	00:48:37	1107	01:11:21	01:45:03	02:56:23	750	03:50:42	853	01:06:44					0
1260	2410	Cees Pronk	Barneveld	M30	NED	00:40:24	592	01:04:30	01:26:37	02:31:06	121	03:19:32	227						0
1261	2976	Marcel Kool	Almere	M45	NED	00:45:56	987	01:18:48	01:58:59	03:17:46	1096	04:11:23	1079						0
1262	2945	Heiko Rey	Bornheim	M45	GER	00:41:48	710	01:20:24	01:59:38	03:20:01	1117	04:09:32	1066						0
1263	4063	Kristina Scholz	Haibach	W25	GER	00:36:39	322	01:26:10	02:13:02	03:39:12	1234	04:22:50	1158						0
1264	2832	Robin Verhoek	Deventer	M40	NED	00:53:49	1219	01:28:44	02:47:55	04:16:39	1268	05:25:07	1268						0
1265	2539	Hasan Khândoker	Backnang	M35	GER	01:32:11	1285	01:42:33	02:51:02	04:33:35	1269	06:14:40	1271						0
1266	2941	Achim Klaps	Rheine	M45	GER	00:34:51	201	01:06:13	01:35:15	02:41:28	345	03:22:47	283						0
1267	2791	Lars de Gans	Amersfoort	M40	NED	00:32:43	110	01:14:41	01:59:47	03:14:28	1060	03:51:27	864						0
1268	3247	Marcel de Jonge	Deventer	M50	NED	00:53:22	1214	01:08:34	01:41:31	02:50:04	573	03:53:13	885						0
1269	2607	Arthur Meijers	Delft	M35	NED	00:39:18	500	01:19:40	02:04:59	03:24:39	1158	04:13:01	1092						0
1270	3009	Jacko Jansen	Utrecht	M45	NED	00:49:26	1125	01:18:06	01:56:37	03:14:42	1064	04:16:49	1111						0
1271	4115	Ellen Driesen	Rotterdam	W30	NED	00:46:10	1003	01:19:14	02:10:23	03:29:36	1189	04:24:38	1167						0
1272	3238	Jens Warschun	Bispingen	M50	GER	01:16:09	1284	01:25:10	02:23:12	03:48:22	1254	05:10:52	1266						0
1273	2205	Daniel Wit	Gowino	M25	POL	00:39:12	490	01:03:30					0						0
1274	2554	Benjamin Schwarz	Danndorf	M35	GER	00:38:23	427	01:06:20					0						0
1275	2540	Sebastian Winner	Hagen	M35	GER	00:47:16	1056	01:07:54					0						0
1276	2135	Tom Baker	München	M25	GER	00:34:50	200						0						0
1277	3240	Andreas Strate	Witten	M50	GER	00:42:22	749						0						0
1278	2773	Ferdinand Posno	Almere	M40	NED	00:43:13	805						0						0
1279	3450	Ron Stuurman	Boskoop	M55	NED	00:47:24	1062						0						0
1280	2932	David Shepherd	Milcombe	M45	GBR	00:58:24	1261						0						0
1281	2080	Pavlo Liahushyn	Lambersart	MU24	UKR	00:29:47	44						0						0
1282	3073	Stanley van Munster	Almere	M45	NED	00:03:13	1						0						0

1283	2409	Raymon Koopman	Lelystad	M30	NED	00:29:42	43	0	0	0
1284	3322	Piet Jonkers	Nijmegen	M50	NED	00:40:49	630	0	0	0
1285	4441	Niehk Senders	Geldrop	W45	NED	00:58:22	1260	0	0	0

MYLAPS Event Timing using MYLAPS ChampionChip 09-09-2018 11:21:36