

Rang	Nr	Name	Club	Cat	Rank	Time Swim	Time Bike	Time Run	TimeTotal
1	101	Allegaert Matthias	T A6	M24 (1	1 *	00:14:20.66	02:23:39.95	00:37:04.01	03:16:15.78
2	218	Vandendriessche Kenneth	TCM	M24 (1	2 *	00:14:57.65	02:25:47.06	00:34:18.45	03:16:30.20
3	204	Van Den Buerie Hans	12BO4	M24 (1	3 *	00:16:31.76	02:23:19.47	00:37:10.79	03:18:32.00
4	210	Van Looy Diego	3VL	M24 (1	4	00:15:57.85	02:31:03.15	00:32:03.25	03:20:55.79
5	171	Lagae Kasper	ITC	M24 (1	5	00:13:16.86	02:31:51.60	00:35:05.45	03:21:20.94
6	52	Wouters Joery	LT	MU23	1 *	00:13:19.95	02:32:01.35	00:37:43.75	03:24:28.13
7	154	Dewilde Michael	SMO	M24 (1	6	00:15:26.10	02:34:15.57	00:35:11.09	03:26:01.06
8	248	Cardoen Olivier	XCD	M40 (1	1 *	00:15:54.71	02:31:43.04	00:39:12.21	03:28:21.47
9	187	Penne Pieterjan	LTTD	M24 (1	7	00:15:50.78	02:35:28.30	00:35:46.33	03:28:37.89
10	212	Van Ranst Gijs	3PT	M24 (1	8	00:15:00.57	02:35:38.21	00:37:04.03	03:29:21.62
11	182	Michiels Killian	TRIBE	M24 (1	9	00:17:55.55	02:30:40.31	00:39:56.72	03:30:11.60
12	193	Ros Niels		M24 (1	10	00:19:10.15	02:32:24.38	00:37:39.45	03:31:10.26
13	119	Couvreur Kenny		M24 (1	11	00:15:30.05	02:36:31.96	00:38:17.23	03:31:35.30
14	110	Brackx Brecht	MTC	M24 (1	12	00:16:19.73	02:36:24.74	00:37:41.80	03:31:58.64
15	132	de Korte Robert		M24 (1	13	00:15:57.41	02:36:26.15	00:38:21.04	03:32:13.36
16	172	Lagae Korneel	DVB	M24 (1	14	00:16:04.83	02:36:30.87	00:38:16.94	03:32:35.14
17	203	van den broeck jurgen		M24 (1	15	00:16:50.02	02:31:48.83	00:41:56.16	03:32:49.29
18	320	Vancoppenolle Kurt		M40 (1	2 *	00:16:16.32	02:35:33.90	00:39:53.24	03:34:04.70
19	200	Terweduwe Kenny	TRIBE	M24 (1	16	00:16:59.99	02:35:52.22	00:39:38.54	03:34:14.11
20	268	Dillo Peter-Johan		M40 (1	3 *	00:15:10.65	02:38:11.91	00:38:42.11	03:34:39.69
21	128	De Gendt Ruben		M24 (1	17	00:16:19.90	02:38:07.87	00:38:59.09	03:34:51.22
22	310	Taveirne Jeffrey	MTC	M40 (1	4	00:17:14.96	02:38:42.34	00:38:48.77	03:36:51.98
23	178	Maes Elewout		M24 (1	18	00:18:18.54	02:38:15.08	00:39:07.05	03:38:04.34
24	235	Willaert Maarten		M24 (1	19	00:17:53.79	02:41:01.53	00:37:37.30	03:38:11.21
25	162	Haeghebaert Lode		M24 (1	20	00:18:06.90	02:42:20.84	00:36:34.02	03:38:17.62
26	197	Sinteur Lorenzo		M24 (1	21	00:16:02.82	02:43:42.5	00:36:28.37	03:38:28.67
27	257	De Vos Gert	MTC	M40 (1	5	00:15:28.18	02:39:04.06	00:41:44.01	03:38:29.59
28	263	Depree Koen		M40 (1	6	00:19:24.01	02:36:10.68	00:41:06.71	03:39:09.41
29	164	Hendrickx Yves		M24 (1	22	00:20:22.76	02:36:59.20	00:39:27.63	03:39:25.07
30	239	Becquart Bart	ITC	M40 (1	7	00:17:14.54	02:39:20.62	00:41:11.07	03:39:26.67
31	104	Beernaert Jochen	TTR	M24 (1	23	00:17:20.18	02:34:05.88	00:46:00.48	03:39:34.56
32	307	Sonke Robert		M40 (1	8	00:19:34.79	02:35:37.63	00:42:28.33	03:39:42.29
33	161	Gravensteyn Brecht	ITC	M24 (1	24	00:15:05.50	02:36:31.05	00:48:39.66	03:41:44.87
34	137	De Smet Joren	BGSET	M24 (1	25	00:21:58.40	02:38:34.04	00:39:58.97	03:42:40.72
35	256	De Hon Erwin	SMO	M40 (1	9	00:17:33.55	02:40:26.04	00:43:44.55	03:43:28.15
36	146	Decoene Frederik		M24 (1	26	00:20:02.05	02:39:06.18	00:41:22.35	03:43:28.84
37	199	Taecke Klaas	TBT	M24 (1	27	00:16:23.02	02:42:11.67	00:43:10.05	03:43:40.35
38	174	Laureys Matthias	LTTD	M24 (1	28	00:14:49.30	02:49:52.75	00:37:07.25	03:43:45.13
39	51	Sanders Jeffrey	T A6	MU23	2 *	00:16:57.54	02:41:59.82	00:43:01.64	03:43:59.66
40	266	Devos Wim	MTTG	M40 (1	10	00:19:05.92	02:40:31.54	00:42:29.47	03:44:13.98
41	386	Vanassche Marc	LTTD	M50 (1	1 *	00:18:16.07	02:40:08.00	00:44:19.22	03:44:23.70
42	179	Malfait Gianni	ITC	M24 (1	29	00:15:26.45	02:44:11.84	00:42:28.79	03:44:28.07
43	131	De Jongh Pieter		M24 (1	30	00:19:16.00	02:43:16.04	00:39:39.34	03:44:29.72
44	211	Van Poucke Laurens		M24 (1	31	00:19:50.11	02:43:33.65	00:38:35.61	03:44:32.68
45	328	Veranneman Tom	T A6	M40 (1	11	00:16:45.47	02:41:16.91	00:43:45.46	03:44:35.48

46	113	Christiaens Frederik		M24 (I	32	00:21:56.81	02:43:12.00	00:37:11.31	03:44:49.14
47	254	De Bent Johan	AATT	M40 (I	12	00:17:12.54	02:44:04.80	00:42:08.19	03:45:12.34
48	129	De Geyter Benjamin	BGSET	M24 (I	33	00:17:48.04	02:41:44.00	00:43:40.93	03:45:12.85
49	157	Ghillebert Stef		M24 (I	34	00:17:21.07	02:40:04.70	00:44:55.70	03:45:14.69
50	5	Couckuyt Ine	ITC	F24 (S 1 *		00:14:48.27	02:49:44.78	00:39:40.50	03:45:18.29
51	285	Lievens Karel		M40 (I	13	00:18:02.64	02:41:47.96	00:44:19.22	03:46:14.66
52	112	CAVEZ BENJAMIN		M24 (I	35	00:17:52.78	02:46:09.71	00:39:53.07	03:46:16.13
53	117	Coppin Frederik	DDTT	M24 (I	36	00:20:01.56	02:46:56.00	00:37:57.94	03:47:34.28
54	276	Gobert Christian	DVB	M40 (I	14	00:15:38.99	02:46:31.42	00:43:55.62	03:48:05.63
55	175	Leus Gert	DDTT	M24 (I	37	00:19:58.58	02:43:36.53	00:42:59.64	03:48:47.80
56	43	Rombaut Amber	TCM	FU23 (I 1 *		00:14:16.53	02:52:29.70	00:40:54.70	03:48:59.46
57	244	Bruggeman Karel	BGSET	M40 (I	15	00:19:45.01	02:44:36.91	00:43:11.22	03:49:15.01
58	221	Vandromme Evert	ITC	M24 (I	38	00:17:26.47	02:38:09.23	00:51:47.28	03:49:42.92
59	315	van Ooij Mark		M40 (I	16	00:18:26.83	02:50:06.45	00:39:19.53	03:50:12.46
60	350	De Decker Bruno	3MD	M50 (I 2 *		00:18:03.60	02:45:13.00	00:44:23.91	03:50:19.88
61	106	Bonamie Davey	TCPO	M24 (I	39	00:17:56.93	02:48:03.45	00:43:16.77	03:50:52.26
62	216	Vande Castele Justin		M24 (I	40	00:17:37.15	02:42:44.43	00:47:30.84	03:51:05.89
63	228	Verhamme Anthony	TTR	M24 (I	41	00:18:27.80	02:46:34.42	00:43:32.58	03:51:33.38
64	209	Van Londersele Sven		M24 (I	42	00:20:17.34	02:51:02.67	00:37:42.42	03:51:46.23
65	258	De Vos Glenn	MTC	M40 (I	17	00:18:47.41	02:46:03.51	00:44:25.01	03:52:13.71
66	368	Himbrecht Gv <sup>n</sup> ther	TTR	M50 (I 3 *		00:16:25.77	02:48:11.27	00:45:07.21	03:52:24.14
67	297	Sanders Frederik		M40 (I	18	00:21:33.49	02:44:31.83	00:43:51.43	03:52:54.19
68	123	Daeseleire Tim	LTTD	M24 (I	43	00:18:10.24	02:53:29.36	00:39:19.70	03:53:03.36
69	351	De Lannoy Didier	DVB	M50 (I	4	00:19:23.85	02:43:22.29	00:46:50.57	03:53:10.12
70	270	Dult Michel	3VL	M40 (I	19	00:21:06.04	02:46:09.76	00:42:56.49	03:53:16.13
71	18	Van Troyen Ines	ATRIAC	F24 (S 2 *		00:16:46.08	02:54:10.48	00:41:14.49	03:53:30.77
72	279	Hannaert Jurgen	SP&O	M40 (I	20	00:18:35.22	02:45:58.04	00:46:31.57	03:53:31.12
73	105	Beukelaers Stijn		M24 (I	44	00:19:17.98	02:52:21.02	00:39:21.51	03:53:36.02
74	115	condic behov robin		M24 (I	45	00:17:45.49	02:51:06.22	00:42:04.81	03:53:48.91
75	189	Plyser Ewoud		M24 (I	46	00:18:05.44	02:47:08.36	00:46:54.06	03:54:11.92
76	19	Vanclooster Lore	LTTD	F24 (S 3 *		00:16:08.85	02:53:15.91	00:43:27.97	03:54:19.32
77	329	Verfaillie Emmanuel	LENTRIAC	M40 (I	21	00:17:39.36	02:42:57.58	00:50:23.38	03:54:24.00
78	165	Heylen Roel		M24 (I	47	00:17:54.47	02:47:23.02	00:46:25.68	03:54:28.92
79	345	Byttebier Geert	TCD	M50 (I	5	00:20:40.16	02:46:51.34	00:43:45.35	03:54:34.48
80	292	Ranson Bruno	NLT	M40 (I	22	00:16:00.92	02:45:56.37	00:50:26.47	03:54:41.34
81	262	Denoulet Ward		M40 (I	23	00:20:04.06	02:47:41.05	00:44:41.91	03:54:52.74
82	322	Vanderbeke Koen	MTT	M40 (I	24	00:18:30.49	02:57:17.99	00:37:16.68	03:54:55.52
83	196	Schotte Sammy	LENTRIAC	M24 (I	48	00:17:56.96	02:52:29.01	00:42:13.75	03:55:26.65
84	151	Desender Matthias		M24 (I	49	00:17:50.79	02:50:42.65	00:44:40.35	03:55:38.70
85	275	Glorie Romeo	MTC	M40 (I	25	00:18:06.59	02:52:31.62	00:43:05.90	03:55:42.19
86	363	Gheysens Jan		M50 (I	6	00:18:17.07	02:52:54.60	00:42:20.82	03:55:55.63
87	140	Debaeke Jelmer	TCD	M24 (I	50	00:19:13.54	02:50:26.37	00:44:52.60	03:56:11.97
88	120	Croes Peter	ATRIAC	M24 (I	51	00:13:59.56	02:41:01.84	00:59:44.69	03:56:15.53
89	121	D'Haene Gert-Jan	3VL	M24 (I	52	00:16:31.04	02:46:27.70	00:51:28.44	03:56:15.73
90	369	Homblv© Peter	TVZW	M50 (I	7	00:18:21.91	02:53:10.15	00:42:14.34	03:56:23.91
91	357	Dewitte Bart	TBT	M50 (I	8	00:17:51.02	02:53:11.23	00:43:20.43	03:56:47.38

92	173	Langelaan Paul		M24 (I	53	00:15:32.38	02:51:53.00	00:47:04.13	03:56:50.49
93	245	Buffel Bruno	TCPO	M40 (I	26	00:18:34.44	02:49:10.75	00:46:54.85	03:56:57.83
94	202	Vaeyens Niels	DDTT	M24 (I	54	00:21:16.05	02:53:14.32	00:40:03.63	03:57:12.45
95	269	Dujeux Stv@phane	TBT	M40 (I	27	00:19:51.36	02:53:45.64	00:40:53.75	03:57:25.24
96	252	Damen Patrick	MTR	M40 (I	28	00:20:49.25	02:48:21.34	00:46:14.73	03:57:34.56
97	170	Labaere Alexander	TTR	M24 (I	55	00:19:41.07	02:55:42.14	00:40:00.57	03:57:52.38
98	226	Verbruggen Thijs	L3A	M24 (I	56	00:19:23.10	02:55:47.72	00:39:47.51	03:58:04.75
99	325	Vannecke Nico	TDTI	M40 (I	29	00:17:57.43	02:48:03.06	00:49:38.25	03:58:36.33
100	145	Declercq Bjorn	NLT	M24 (I	57	00:18:36.69	02:56:04.43	00:42:25.51	03:59:06.57
101	144	Decaesstecker Simon		M24 (I	58	00:20:48.74	02:50:14.81	00:45:40.59	03:59:08.37
102	318	Van Reeth Luc	KTT	M40 (I	30	00:18:48.30	02:51:15.67	00:47:29.36	03:59:35.55
103	141	Debisschop Kenny	RTTO	M24 (I	59	00:20:58.39	02:51:31.38	00:44:28.17	03:59:38.98
104	381	Seen Tony	3TK	M50 (I	9	00:21:14.15	02:46:16.77	00:50:24.19	03:59:49.82
106	324	Vanhove Dave		M40 (I	31	00:18:12.45	02:49:22.80	00:49:48.80	03:59:57.79
107	152	Detemmerman Wouter	SMO	M24 (I	60	00:19:50.70	02:53:57.14	00:44:15.39	03:59:59.89
108	111	Carrein Peter		M24 (I	61	00:23:25.16	02:51:56.94	00:42:25.33	04:00:00.26
109	147	Defauw Lieven	TTR	M24 (I	62	00:17:08.53	02:56:30.42	00:44:32.35	04:00:01.37
110	332	Verniers Steven		M40 (I	32	00:22:42.04	02:51:21.98	00:42:14.06	04:00:08.65
111	343	Blondeel Reggie	SMO	M50 (I	10	00:21:02.05	02:53:57.37	00:42:56.69	04:00:10.17
112	205	Van der Veken Dries	TTBR	M24 (I	63	00:18:23.54	02:55:30.24	00:44:43.98	04:01:01.10
113	237	Withouck Robin		M24 (I	64	00:23:53.43	02:51:45.80	00:42:59.67	04:01:03.18
114	394	Wouters Peter	LT	M50 (I	11	00:18:01.38	02:54:41.90	00:45:52.65	04:01:10.75
115	289	MOREEL Merijn		M40 (I	33	00:16:46.15	02:55:39.37	00:45:25.82	04:01:32.84
116	114	Claes Kristof		M24 (I	65	00:22:03.75	02:42:58.47	00:51:28.67	04:01:33.00
117	249	Courtyrn Bert	RTTO	M40 (I	34	00:22:50.31	02:52:43.53	00:44:06.48	04:01:47.13
118	382	Sigmans Peter	TCD	M50 (I	12	00:20:04.74	02:52:08.96	00:47:30.56	04:01:53.00
119	229	Vermeir Lee	GETT	M24 (I	66	00:19:07.51	02:48:00.10	00:50:40.94	04:02:00.90
120	163	Hallewaert Steven		M24 (I	67	00:20:43.47	02:53:17.36	00:46:09.19	04:02:36.30
121	361	Fioen Harold		M50 (I	13	00:20:40.83	02:58:18.92	00:41:32.12	04:03:00.80
122	389	Vanderswalmen Tony	WTDT	M50 (I	14	00:16:04.61	02:52:40.37	00:51:06.12	04:03:07.31
123	225	Vantorre Robin		M24 (I	68	00:21:55.90	02:50:04.05	00:47:30.31	04:03:08.93
124	15	Sap Julie	TCPO	F24 (S	4	00:18:08.56	02:54:23.28	00:48:51.12	04:03:18.48
125	149	deforce joey		M24 (I	69	00:17:05.58	03:01:21.57	00:41:52.78	04:03:19.33
126	370	koen pansaers koen		M50 (I	15	00:21:20.51	02:49:37.50	00:50:14.95	04:03:49.49
127	392	Verduyn Eddy	TCD	M50 (I	16	00:19:43.62	02:54:30.20	00:46:58.06	04:03:57.85
128	220	vandevelde jasper	ETZ	M24 (I	70	00:20:05.65	02:49:32.37	00:51:55.08	04:04:08.70
129	177	Luyckx Sam		M24 (I	71	00:19:16.82	02:56:29.51	00:45:28.47	04:04:20.37
130	44	Vandekerkhove Margot	ITC	FU23 (2 *		00:19:30.93	03:00:31.38	00:43:19.48	04:04:45.92
131	326	Vansteenhuyse Stefan	12BO4	M40 (I	35	00:20:50.98	02:54:33.54	00:46:03.71	04:05:18.88
132	236	windels mathias	AP3T	M24 (I	72	00:18:57.97	02:58:49.29	00:46:01.99	04:06:18.13
133	302	Servaege Vincent	AP3T	M40 (I	36	00:20:34.94	03:01:10.43	00:42:45.25	04:06:43.26
134	240	Boone Pascal	TRIBE	M40 (I	37	00:22:39.69	03:01:24.28	00:40:31.61	04:07:02.78
135	334	Versieren Petro	ITC	M40 (I	38	00:21:20.95	02:52:21.69	00:50:46.62	04:07:04.10
136	214	Van Thillo Jonas		M24 (I	73	00:20:08.29	03:00:12.22	00:44:49.71	04:07:38.74
137	206	van der Velde Nick		M24 (I	74	00:21:12.59	03:03:22.24	00:41:49.39	04:09:00.32
138	314	Van Dyck Peter		M40 (I	39	00:20:54.41	03:03:36.30	00:41:46.06	04:09:13.66

139	190	Robbers Jeroen		M24 (I	75	00:19:12.92	02:52:15.24	00:55:43.09	04:09:44.66
140	300	segaert jurgen		M40 (I	40	00:21:05.27	02:58:18.07	00:48:27.41	04:10:17.16
141	331	Verlee Wim		M40 (I	41	00:20:49.49	03:02:06.11	00:44:54.96	04:10:18.87
142	207	Van der Vloet David		M24 (I	76	00:19:38.77	03:00:21.28	00:46:33.78	04:10:19.43
143	265	Desmet Bert	WTDT	M40 (I	42	00:20:27.21	02:56:43.83	00:50:48.00	04:11:00.06
144	201	Tournoy GV <sup>n</sup> ther	Mc3TB, Mc	M24 (I	77	00:19:15.33	03:01:59.88	00:46:22.90	04:11:26.34
145	284	Lepinoy Stefan	BrTC	M40 (I	43	00:18:09.98	03:04:33.09	00:46:17.44	04:12:02.64
146	358	Dufour Filip		M50 (I	17	00:21:25.20	02:55:05.09	00:53:32.96	04:12:38.07
147	155	Doise Wim	ITC	M24 (I	78	00:22:32.60	02:57:01.57	00:50:21.29	04:13:00.10
148	379	Poppe Alain	12BO4	M50 (I	18	00:23:31.00	03:00:31.78	00:46:50.76	04:13:18.89
149	267	Diependaele Steven		M40 (I	44	00:21:05.65	02:58:48.70	00:48:39.24	04:13:35.80
150	278	Goethals Frederik		M40 (I	45	00:22:15.29	02:58:45.37	00:47:49.14	04:13:42.31
151	230	Verplancke Wim		M24 (I	79	00:23:03.53	02:59:51.37	00:47:57.28	04:13:42.58
152	309	Tanghe FrV©dv©rique	TBT	M40 (I	46	00:18:00.81	03:02:16.52	00:50:07.40	04:13:47.96
153	25	De Boeck Gina		F40 (M 1 *	00	00:19:09.56	03:03:06.24	00:49:27.43	04:13:57.17
154	142	Debruyne Kevin	TBT	M24 (I	80	00:20:50.44	03:04:27.28	00:46:42.28	04:14:47.47
155	213	Van Ryckeghem Bram		M24 (I	81	00:19:40.24	03:02:12.93	00:49:46.61	04:15:28.55
156	233	Vincent Joeri		M24 (I	82	00:18:51.71	03:02:32.69	00:50:25.62	04:15:44.45
157	103	Beauprez Ronan	L3A	M24 (I	83	00:21:30.74	03:00:24.69	00:51:27.71	04:16:36.27
158	321	vandenbulcke kenneth		M40 (I	47	00:22:56.91	03:06:30.28	00:42:55.35	04:16:37.23
159	184	Neetens Pieter-Jan	BGSET	M24 (I	84	00:18:30.50	03:10:35.55	00:45:05.14	04:16:45.22
160	338	Weyns Kristof	3VL	M40 (I	48	00:22:06.90	03:04:04.65	00:47:28.16	04:16:59.38
161	153	Devos Jelle	L3A	M24 (I	85	00:23:03.63	03:04:31.00	00:47:12.43	04:17:11.92
162	341	Angillis Eddy	TDL	M50 (I	19	00:20:01.86	03:04:03.23	00:50:23.43	04:17:24.04
163	24	Willemze Annemiek		F24 (S	5	00:16:49.08	03:07:45.88	00:50:31.11	04:17:39.06
164	388	Vander Plaetse Jan		M50 (I	20	00:26:06.86	02:51:48.37	00:55:24.78	04:17:46.99
165	108	Boury Steven	TTR	M24 (I	86	00:22:36.47	02:57:32.03	00:55:11.83	04:17:51.70
166	143	Debusschere Kevin		M24 (I	87	00:21:06.53	03:03:53.33	00:50:02.53	04:17:52.65
167	219	Vanderbeke Thomas	RTTO	M24 (I	88	00:17:47.46	03:04:43.67	00:50:42.38	04:17:56.64
168	135	De Meyer Thomas	MTV	M24 (I	89	00:19:51.67	03:14:00.66	00:41:10.57	04:18:05.57
169	3	Bouwmeister Francien		F24 (S	6	00:19:00.90	03:09:39.68	00:47:33.99	04:18:10.65
170	253	De Baere Erwin	WTDT	M40 (I	49	00:18:05.24	03:01:18.70	00:54:21.33	04:18:27.12
171	250	Cuypers Walter	LT	M40 (I	50	00:19:00.83	03:04:32.78	00:50:25.23	04:18:39.14
172	109	Bracke Yves	ITTT	M24 (I	90	00:22:38.87	02:58:35.88	00:48:04.41	04:19:10.62
173	287	Matthysen Hans		M40 (I	51	00:22:32.96	03:02:32.00	00:51:25.29	04:19:13.77
174	390	Vanrysselberghe Philippe		M50 (I	21	00:23:21.61	02:57:12.77	00:55:44.22	04:19:16.17
175	188	Pijkels Werner		M24 (I	91	00:18:36.25	03:00:32.88	00:56:31.18	04:19:17.12
176	356	Devloo Stefaan	TTR	M50 (I	22	00:21:39.09	03:02:54.70	00:50:44.76	04:19:30.99
177	138	de weerd nico	MTR	M24 (I	92	00:22:03.02	03:01:36.63	00:52:50.56	04:19:34.10
178	35	verhelst catherine		F40 (M 2 *	00	00:21:17.61	03:08:56.18	00:47:56.37	04:19:43.76
179	30	Jonckheere Peggy	TRIBE	F40 (M 3 *	00	00:21:14.03	03:08:45.81	00:47:44.76	04:19:46.53
180	215	Vanbrabant Bjorn	LENTRIAC	M24 (I	93	00:16:28.51	03:11:04.19	00:49:19.07	04:20:30.44
181	398	Nachtergaele Luc	TRIBE	M60 (I 1 *	00	00:20:44.55	03:09:16.59	00:46:19.33	04:20:34.53
182	227	Verbruggen Yannick	12BO4	M24 (I	94	00:23:31.25	03:04:26.10	00:49:57.79	04:20:41.00
183	281	Hillewaere Dries	TCPO	M40 (I	52	00:22:38.65	03:00:16.54	00:53:19.03	04:20:53.23
184	9	Denys Rebecca		F24 (S	7	00:19:06.56	03:02:45.94	00:52:12.28	04:21:46.62

185	283	Janssens Andy		M40 (I	53	00:19:13.52	03:05:37.53	00:53:23.59	04:22:30.27
186	313	van Dijk Mark		M40 (I	54	00:24:27.92	03:00:33.56	00:54:24.89	04:22:44.52
187	374	Meeus Peter	12BO4	M50 (I	23	00:21:10.57	03:06:55.37	00:50:22.40	04:22:53.14
188	223	Vanmullem Christoph	L3A	M24 (I	95	00:23:03.03	03:09:29.13	00:48:25.42	04:23:16.15
189	148	Defever Stefaan		M24 (I	96	00:22:14.50	03:05:50.77	00:51:47.56	04:23:23.98
190	167	Hubreght Bart	TCD	M24 (I	97	00:22:22.80	03:11:33.76	00:48:08.48	04:24:33.46
191	192	Roels Gregory	Mc3TB	M24 (I	98	00:17:54.03	03:15:44.44	00:48:35.01	04:24:48.15
192	251	D'Haeseleer Bart		M40 (I	55	00:19:38.74	03:01:12.14	01:00:14.89	04:24:50.51
193	20	Vandecaveye Katia	TTR	F24 (S	8	00:20:48.30	03:12:05.26	00:49:44.95	04:25:05.25
194	340	Ameys Koenraad		M50 (I	24	00:24:09.23	03:02:28.31	00:55:18.52	04:26:25.80
195	10	Dufoer Sjoukje	TCPO	F24 (S	9	00:19:30.60	02:59:29.36	01:04:12.96	04:26:29.44
196	6	Coulon Marie	ATRIAC	F24 (S	10	00:18:44.59	03:10:21.82	00:54:42.03	04:26:34.90
197	260	De Vreese Kurt	BGSET	M40 (I	56	00:20:22.26	03:18:15.70	00:45:43.81	04:26:44.16
198	158	Goekint Mathijs	12BO4	M24 (I	99	00:20:21.43	03:05:55.07	00:57:27.49	04:27:06.84
199	271	Fierens Wim	MTC	M40 (I	57	00:19:01.02	03:18:44.22	00:47:02.22	04:27:15.65
200	23	Willems Yasmine		F24 (S	11	00:18:22.44	03:08:41.81	00:57:43.93	04:27:26.08
201	399	Thielemans Patrick	TRIBE	M60 (I 2 *	00	00:24:30.14	03:04:54.86	00:54:38.19	04:27:35.08
202	282	Janssen Martijn		M40 (I	58	00:19:42.65	03:09:04.29	00:56:23.40	04:27:51.79
203	127	De Brabandere Emile		M24 (I	100	00:25:40.73	03:08:04.21	00:49:41.90	04:27:56.63
204	125	Danneels Wouter	SMO	M24 (I	101	00:20:32.52	03:08:07.60	00:56:25.19	04:28:00.45
205	290	Nelissen Jo		M40 (I	59	00:22:01.95	03:02:26.98	00:59:20.67	04:28:38.50
206	377	Mullie Jean-Marc		M50 (I	25	00:22:56.18	03:08:26.63	00:53:09.90	04:28:49.73
207	130	De Graeve Steven		M24 (I	102	00:21:59.99	02:59:34.13	01:04:49.83	04:29:28.10
208	311	Van camp Kurt		M40 (I	60	00:23:36.96	03:07:11.71	00:56:57.23	04:30:05.73
209	280	Herman Serge	TRIBE	M40 (I	61	00:22:23.5	03:11:13.99	00:52:45.88	04:30:17.19
210	305	Soenen Bjvdrn	TTR	M40 (I	62	00:22:05.65	03:10:06.37	00:53:56.57	04:30:33.60
211	37	Wybouw Katrien		F40 (M	4	00:20:21.77	03:15:48.72	00:51:42.15	04:30:36.71
212	359	Eggenhuizen Sander		M50 (I	26	00:20:30.59	03:18:57.45	00:48:44.02	04:30:38.65
213	327	Vansteenkiste Stephan	DVB	M40 (I	63	00:22:37.15	03:13:07.14	00:50:58.96	04:30:48.02
214	372	Lemmens Kris		M50 (I	27	00:24:34.87	03:14:24.81	00:49:01.67	04:31:17.89
215	383	Van Acker Henk	Mc3TB	M50 (I	28	00:24:57.95	03:15:31.10	00:47:49.43	04:31:39.50
216	367	Gyselinck Johan	UNIC	M50 (I	29	00:22:07.93	03:08:57.93	00:56:35.30	04:32:32.79
217	241	Boonen Kristof		M40 (I	64	00:22:31.21	03:09:47.30	00:56:21.02	04:33:17.30
218	38	Leys Sabine		F50 (M 1 *	00	00:19:56.56	03:19:20.10	00:51:44.15	04:33:27.89
219	387	Vanden Bilcke Peter		M50 (I	30	00:28:38.94	03:05:16.02	00:55:10.70	04:33:41.07
220	246	Buffel Frederik	L3A	M40 (I	65	00:18:31.10	03:12:46.33	00:57:43.21	04:34:13.21
221	243	Bousba Hakim	L3A	M40 (I	66	00:24:57.63	03:16:54.25	00:49:27.42	04:34:43.45
222	308	Spruytte Stefaan	LENTRIAC	M40 (I	67	00:21:00.19	03:06:35.59	01:05:18.21	04:35:19.32
223	238	Ballyn Korneel		M40 (I	68	00:23:54.85	03:18:31.47	00:48:33.31	04:35:30.32
224	247	buyle christophe		M40 (I	69	00:20:06.42	03:10:26.94	01:01:23.06	04:35:41.59
225	366	gordijn mark		M50 (I	31	00:21:43.62	03:11:35.11	00:58:36.03	04:35:57.32
226	259	de vos joris		M40 (I	70	00:20:48.14	03:17:41.83	00:53:58.44	04:36:01.49
227	301	Segers Patrick	TCD	M40 (I	71	00:22:04.87	03:13:50.62	00:56:03.88	04:36:14.78
228	32	Vandycke Els	12BO4	F40 (M	5	00:21:24.46	03:14:53.41	00:56:35.98	04:37:00.96
229	34	Vanmassenhove Katty	TVZW	F40 (M	6	00:21:30.64	03:18:50.18	00:54:25.22	04:37:43.34
230	360	Fidlers Luc	ITC	M50 (I	32	00:22:38.95	03:22:12.76	00:49:51.08	04:38:24.83

231	319	Vancoillie Christophe		M40 (I	72	00:18:01.99	03:17:07.05	00:59:39.17	04:38:26.05
232	362	Geschier Philip	L3A	M50 (I	33	00:25:26.69	03:19:16.10	00:49:16.01	04:38:38.83
233	41	carine Vandermeersch carine		F50 (M 2 *		00:25:41.39	03:19:52.18	00:48:13.85	04:38:46.86
234	42	Witteveen Yolanda	TRIBE	F50 (M 3 *		00:21:08.80	03:20:02.18	00:54:36.05	04:39:11.08
235	28	Huygelen Annemie		F40 (M	7	00:21:02.64	03:22:58.54	00:52:16.12	04:40:45.04
236	385	Van Ryckeghem Guy		M50 (I	34	00:20:39.79	03:19:03.80	00:57:49.98	04:40:59.43
237	198	Staelens Sam		M24 (I	103	00:22:05.27	03:13:18.46	01:02:13.26	04:41:17.23
238	349	De Coster Michel		M50 (I	35	00:25:12.23	03:17:33.37	00:55:43.70	04:42:13.63
239	312	Van De Keere Stefaan	Mc3TB	M40 (I	73	00:26:34.42	03:14:59.04	00:58:48.98	04:43:29.68
240	400	VANDEVENNE CHRISTIAN		M60 (I 3 *		00:25:21.61	03:21:59.74	00:51:22.65	04:44:59.71
241	12	Naessens Elke	TTR	F24 (S	12	00:22:38.29	03:21:04.75	00:58:55.57	04:45:17.90
242	330	Verhelst Christof	TBT	M40 (I	74	00:21:22.19	03:21:58.87	00:57:53.68	04:45:18.46
243	176	Lievens Jeremy	TTR	M24 (I	104	00:31:13.29	03:13:48.31	00:55:00.38	04:45:31.84
244	273	GHEERAERT Vincent		M40 (I	75	00:21:52.49	03:22:11.75	00:57:55.95	04:45:49.54
245	33	Vanhoegaerden Ingrid	TRIBE	F40 (M	8	00:25:07.98	03:23:15.16	00:54:38.84	04:46:05.67
246	295	RONSMANS KRIS		M40 (I	76	00:24:20.96	03:23:57.62	00:53:45.19	04:47:17.89
247	17	Van Bleyenbergh Saskia	DDTT	F24 (S	13	00:18:09.60	03:25:59.75	01:00:12.26	04:47:18.17
248	156	Gadeyne Jan		M24 (I	105	00:28:51.79	03:16:29.55	00:56:48.24	04:47:37.83
249	391	Verdickt Jef	ATRIAC	M50 (I	36	00:26:05.22	03:15:18.89	01:02:22.94	04:47:56.55
250	26	De Iepeleire Tineke		F40 (M	9	00:26:41.10	03:27:06.41	00:50:54.95	04:48:01.10
251	7	De Loof Joyce	TBT	F24 (S	14	00:20:29.58	03:25:53.99	00:57:54.76	04:49:18.36
252	344	Bullynck Nick		M50 (I	37	00:22:46.34	03:24:05.30	00:56:56.66	04:51:01.22
253	29	Huys Sabine		F40 (M	10	00:21:13.08	03:22:20.89	01:04:48.31	04:51:35.23
254	293	Ribas Philippe	L3A	M40 (I	77	00:22:40.62	03:20:34.11	01:02:19.56	04:51:37.64
255	222	vanheerentals niels		M24 (I	106	00:21:33.16	03:26:49.67	01:00:29.17	04:51:42.97
256	2	Bogaert Ellen	TBT	F24 (S	15	00:17:44.19	03:29:55.85	01:00:22.12	04:51:46.77
257	126	De Bouvere Angelo		M24 (I	107	00:28:23.16	03:12:22.84	01:05:03.17	04:52:02.54
258	353	De Meyer Peter	TCD	M50 (I	38	00:23:22.78	03:38:23.49	00:47:07.73	04:52:26.54
259	133	De Laere Gregory	TTR	M24 (I	108	00:25:17.57	03:14:57.51	01:07:09.73	04:52:49.99
260	217	Vandenbergh Michel		M24 (I	109	00:25:03.99	03:22:10.16	01:01:19.61	04:53:15.69
261	261	Demarest Filip		M40 (I	78	00:27:25.89	03:26:16.06	00:52:46.88	04:54:35.42
262	16	Taillieu Carolien	TCD	F24 (S	16	00:26:03.77	03:21:14.15	01:02:57.57	04:54:42.31
263	181	Meirsschaut Jelle		M24 (I	110	00:27:30.60	03:23:53.78	00:59:00.50	04:55:04.67
264	336	Warnez Nico		M40 (I	79	00:21:28.02	03:26:10.39	01:03:10.81	04:57:17.80
265	347	Crevits Patrick		M50 (I	39	00:23:09.63	03:27:05.24	01:05:20.71	04:59:54.52
266	365	Goethals Geert		M50 (I	40	00:27:25.32	03:31:46.72	00:57:36.86	05:01:32.83
267	36	Wilssens Nele	TCD	F40 (M	11	00:22:42.88	03:34:13.67	01:01:52.37	05:02:55.28
268	396	De Bleeker Michel	3VL	M60 (I	4	00:28:22.61	03:27:32.06	01:02:27.91	05:03:22.52
269	122	Daems Sven		M24 (I	111	00:21:54.30	03:26:47.98	01:10:49.42	05:03:44.08
270	186	Pauwels Bart		M24 (I	112	00:22:33.92	03:29:51.83	01:03:19.49	05:03:56.56
271	384	Van Den Berghe Danny	NLT	M50 (I	41	00:23:39.83	03:34:20.87	01:01:39.85	05:04:35.94
272	39	Pyck Kristel		F50 (M	4	00:25:19.22	03:30:08.51	01:03:58.65	05:06:09.10
273	31	Milleville Hilde		F40 (M	12	00:28:49.27	03:42:26.36	00:52:18.63	05:07:57.34
274	397	Hallemeesch Norbert		M60 (I	5	00:24:39.01	03:39:37.63	00:56:37.58	05:08:05.83
275	277	Goemaere Peter		M40 (I	80	00:22:03.39	03:33:54.53	01:09:39.75	05:11:09.44
276	272	Gevaert Kris	Mc3TB	M40 (I	81	00:20:43.45	03:46:25.80	01:03:07.44	05:14:07.62

277	364	Ghyselen Hugo	12BO4	M50 (I	42	00:28:53.11	03:31:54.44	01:12:15.54	05:17:35.17
278	4	Casteleyn Marie	Mc3TB	F24 (S	17	00:20:03.06	03:53:17.88	01:06:17.00	05:23:24.85