

Rang	Nr	Name	Club	Cat	Rank	Time Swim	Time Bike	Time Run	TimeTotal
1	81	Van Vaerenbergh Neal	SP&O	MU23	1 *	00:12:04.80	01:12:55.09	00:37:20.13	02:05:23.93
2	5	Mets Tom	LTTD	M24 (1 *	00:12:08.19	01:15:19.30	00:37:55.29	02:08:38.60
3	1	Van Houtem Timothy	3PT	M24 (2 *	00:14:19.38	01:13:11.72	00:38:14.54	02:09:29.55
4	10	Priem Whytic	T A6	M24 (3 *	00:13:31.00	01:14:01.74	00:39:23.36	02:10:25.70
5	6	Odeyn Seppe	TRIPRO	M24 (4	00:15:20.87	01:14:47.88	00:37:27.25	02:11:02.35
6	167	VERSTRAETE EDOUARD	TRIGT	MU23	2 *	00:12:01.34	01:15:30.73	00:40:54.08	02:11:51.51
7	7	Cool Hannes	ITC	M24 (5	00:13:30.32	01:15:53.03	00:39:36.68	02:12:40.35
8	286	Degroote Jonas	-	MU23	3 *	00:15:15.70	01:16:39.20	00:40:26.09	02:16:13.40
9	3	Van Luyck Sven	3MD	M24 (6	00:13:39.56	01:17:26.11	00:41:03.39	02:16:21.28
10	64	Neel Tim	BrTC	M24 (7	00:13:36.66	01:14:02.42	00:45:49.16	02:16:56.76
11	162	Kooiman Jordi	TBT	M24 (8	00:13:27.41	01:17:08.03	00:43:00.70	02:17:18.43
12	110	Vandenbroucke Sven	LTTD	MU23	4	00:13:00.12	01:21:08.07	00:40:58.82	02:18:37.04
13	11	Penne Pieterjan	LTTD	M24 (9	00:14:36.51	01:19:01.46	00:41:46.81	02:18:57.43
14	12	Bonami Hannes	LTTD	M24 (10	00:15:44.75	01:19:47.77	00:40:30.05	02:19:51.58
15	15	Colpaert Kim	RTTO	M24 (11	00:14:07.07	01:20:02.82	00:41:58.30	02:20:05.79
16	62	Scherpereel Steven	3VL	M40 (1 *	00:14:00.89	01:19:54.44	00:42:13.83	02:20:09.97
17	8	Dewitte Lowie	SMO	M24 (12	00:12:11.62	01:19:38.51	00:44:30.96	02:20:20.78
18	50	Bogaert Mike	TBT	M24 (13	00:16:11.81	01:19:17.13	00:41:23.07	02:20:49.73
19	21	D'Hoossche Tom	WTDT	M40 (2 *	00:00:00.00	01:18:25.86	00:41:50.33	02:21:23.95
20	136	Cardon Germer	3MD	M24 (14	00:16:15.51	01:19:02.84	00:43:16.75	02:22:41.19
21	22	Zwaenepoel Jo	RTTO	M24 (15	00:16:15.31	01:19:28.90	00:43:26.61	02:22:52.29
22	18	Devenyns Toon	RTTO	M24 (16	00:19:17.04	01:17:27.57	00:43:05.89	02:24:06.15
23	59	Boussy Frederik	3VL	M24 (17	00:13:41.25	01:20:11.68	00:46:55.78	02:24:54.33
24	351	TONDEUR ALEXANDRA	TRIGT	F24 (S	1 *	00:14:36.51	01:24:41.07	00:41:45.33	02:24:55.07
25	14	Vercruysse Ruben	RTTO	M24 (18	00:15:58.60	01:22:03.16	00:43:21.92	02:25:09.93
26	200	Maes Elewout	-	M24 (19	00:17:46.66	01:20:27.29	00:42:36.46	02:25:13.51
27	83	De Waele Bert	UTR	M40 (3 *	00:18:00.31	01:17:47.43	00:44:53.08	02:25:24.03
28	47	Kerkhof Stefaan	DVB	M50 (1 *	00:17:54.06	01:17:25.59	00:44:46.49	02:25:34.38
29	271	Copers Ward	-	M24 (20	00:16:44.34	01:23:54.20	00:41:46.54	02:26:35.18
30	169	MALFEYT Gaetan	TDL	M24 (21	00:13:24.03	01:23:52.84	00:45:57.97	02:27:07.26
31	295	Doeraene Robin	-	M24 (22	00:16:26.34	01:22:23.39	00:42:40.36	02:27:10.72
32	163	Michiels Killian	TRIBE	M24 (23	00:16:58.34	01:16:30.99	00:49:33.20	02:27:30.01
33	80	Castermans Christophe	-	M40 (4	00:00:00.00	01:24:14.23	00:40:53.22	02:27:36.51
34	73	Deprez Ruben	NLT	MU23	5	00:13:26.41	01:21:10.09	00:49:35.23	02:27:47.26
35	46	Bruyneel Jurgen	WTDT	M24 (24	00:13:59.66	01:24:42.75	00:44:40.35	02:28:01.95
36	16	Vergalle Francis	RTTO	M24 (25	00:16:18.61	01:23:51.39	00:43:55.57	02:28:13.74
37	226	Seynaeve Jannes	-	M24 (26	00:15:46.13	01:22:44.42	00:45:11.96	02:28:23.78
38	91	Couwet Xavier	NLT	M24 (27	00:16:53.39	01:21:57.22	00:45:04.42	02:29:06.98
39	192	Wauters Robin	-	M24 (28	00:14:42.76	01:20:05.51	00:49:50.24	02:29:07.06
40	53	De Decker Bruno	3MD	M50 (2 *	00:15:50.24	01:21:49.85	00:47:16.71	02:30:08.98
41	75	Maes Sven	BST	M24 (29	00:18:13.78	01:25:27.59	00:43:04.09	02:30:25.30
42	307	Gheerardyn AurV©lian	-	M24 (30	00:18:01.71	01:24:46.90	00:42:31.52	02:30:58.39
43	350	Goos Sofie	ATRIAC	F24 (S	2 *	00:14:39.17	01:25:59.97	00:46:09.65	02:31:04.22
44	32	De Vos Fabien	-	M40 (5	00:17:32.12	01:22:29.67	00:46:17.99	02:31:23.55
45	170	Martens Rob	-	M24 (31	00:15:55.59	01:25:23.10	00:45:57.54	02:32:13.49
46	86	Debryne Dieter	ITC	M24 (32	00:15:01.16	01:24:19.11	00:46:31.90	02:32:29.85
47	37	Harinck David	WTDT	M40 (6	00:16:16.74	01:23:01.07	00:48:17.77	02:32:54.33
48	98	De Geyter Benjamin	BGSET	M24 (33	00:15:56.50	01:22:10.72	00:50:23.18	02:32:58.60
49	130	hemelsoen Bram	MTC	M24 (34	00:16:39.86	01:25:03.86	00:45:46.88	02:32:59.50
50	331	Vanderveken Stefaan	-	M50 (3 *	00:15:42.21	01:24:30.24	00:47:40.89	02:33:03.33
51	17	De Wulf Thomas	RTTO	M24 (35	00:00:00.00	01:26:15.12	00:46:12.43	02:33:23.35
52	239	Van De Velde Kurt	-	M40 (7	00:17:18.61	01:25:58.67	00:45:54.33	02:33:28.96
53	51	Vanassche Marc	LTTD	M50 (4	00:16:40.97	01:23:00.54	00:49:49.38	02:33:55.84

54	39	Deman Kevin	AP3T	M40 (8	00:15:51.89	01:23:42.80	00:49:54.52	02:33:59.18
55	131	Vandenbrande Steven	TDW	M24 (36	00:21:48.14	01:22:33.60	00:45:33.21	02:34:22.56
56	332	Lauwereys Kristof	-	M24 (37	00:19:22.86	01:25:34.11	00:44:54.17	02:34:28.49
57	19	Naessens Dees	RTTO	M24 (38	00:14:57.08	01:25:58.10	00:49:09.93	02:34:32.57
58	352	Truyers Tuyers	-	F24 (S 3	*	00:14:41.26	01:28:13.69	00:47:20.39	02:34:32.96
59	111	vanoosthuysen evert	TDTI	M24 (39	00:16:29.50	01:25:54.10	00:48:02.90	02:35:16.90
60	290	devos ward	-	M40 (9	00:18:39.95	01:25:36.54	00:45:08.47	02:35:20.74
61	119	Borry Davy	3VL	M24 (40	00:17:35.58	01:25:04.67	00:48:25.44	02:36:04.35
62	300	Eversdijk Alex	-	M24 (41	00:13:52.86	01:28:14.69	00:49:36.32	02:36:20.27
63	283	De Vreese Dirk	-	M40 (10	00:17:52.72	01:25:20.30	00:48:22.51	02:36:44.28
64	68	De Jaeger Luc	BGSET	M50 (5	00:18:20.15	01:28:45.34	00:45:12.30	02:36:45.49
65	107	Vermeulen Bram	MTV	M24 (42	00:18:25.36	01:26:52.53	00:45:14.47	02:36:46.30
66	127	deforce joey	3VL	M24 (43	00:16:08.12	01:28:11.09	00:47:20.21	02:36:56.02
67	106	De Jaeger Hendrik	ATRIAC	M40 (11	00:16:27.25	01:28:12.89	00:47:01.67	02:36:58.29
68	61	Halsberghe Brecht	AP3T	M40 (12	00:15:41.53	01:27:51.77	00:48:12.25	02:37:09.93
69	49	Van der Jeugt Koen	3KTL	M40 (13	00:18:33.52	01:24:55.42	00:48:44.32	02:37:14.68
70	277	De Haes Tim	-	M24 (44	00:17:52.31	01:25:52.86	00:46:58.76	02:37:23.06
71	296	Doutreloigne Kurt	-	M24 (45	00:18:05.34	01:28:09.18	00:45:39.10	02:37:26.80
72	33	De Ro Luc	BrTC	M40 (14	00:16:31.12	01:25:33.09	00:50:39.56	02:37:51.24
73	20	Vergalle Lieven	RTTO	M24 (46	00:17:25.41	01:27:19.91	00:49:38.87	02:37:53.22
74	190	Vervaet Stijn	-	M24 (47	00:18:33.07	01:28:33.35	00:45:26.45	02:37:55.42
75	48	Duquet Joris	PRIDE	M24 (48	00:17:57.04	01:28:23.17	00:47:30.82	02:38:00.76
76	282	De Smul Filip	-	M40 (15	00:17:11.19	01:24:54.97	00:50:13.77	02:38:06.77
77	85	Librecht Kim	RTTO	M50 (6	00:17:10.54	01:29:06.23	00:46:51.07	02:38:10.15
78	252	Vandenberghen Jen	-	M24 (49	00:20:34.17	01:26:29.90	00:46:12.88	02:38:11.79
79	289	Desimpelaere Mike	-	M40 (16	00:18:51.49	01:28:36.54	00:45:30.00	02:38:33.83
80	35	Quartier Christophe	XCD	M50 (7	00:16:36.73	01:27:52.87	00:49:54.78	02:38:49.64
81	133	Coussement Wouter	3VL	M24 (50	00:16:24.56	01:27:19.10	00:49:58.03	02:38:54.69
82	158	Vanbrabant Bjorn	LENTRIAC	M24 (51	00:13:48.61	01:30:04.19	00:51:29.64	02:39:01.39
83	25	Ringoot Kevin	RTTO	M24 (52	00:16:16.82	01:28:18.16	00:50:07.04	02:39:07.57
84	9	Viaene Kristof	RTTO	M40 (17	00:19:16.58	01:26:58.40	00:48:38.14	02:39:21.42
85	369	Vandekerckhove Margot	ITC	FU23 (1	*	00:18:23.29	01:29:04.16	00:48:10.78	02:39:29.23
86	206	Matthijs Edward	-	M50 (8	00:21:53.20	01:43:25.84	00:28:11.92	02:39:30.89
87	231	Tahon Pierre	-	M24 (53	00:17:43.99	01:27:06.32	00:47:33.88	02:39:35.64
88	257	Vanduyver Dimi	-	M24 (54	00:17:12.41	01:28:07.45	00:48:43.14	02:39:56.33
89	38	Van de Poel Jan	ATRIAC	M50 (9	00:16:15.07	01:27:28.68	00:51:17.81	02:39:59.23
90	78	De Meyer Dominique	LTC	M40 (18	00:19:55.21	01:31:26.01	00:43:44.07	02:39:59.45
91	155	Courtyn Bert	RTTO	M40 (19	00:19:23.08	01:26:46.36	00:49:14.40	02:40:19.53
92	223	Renson Bernard	-	MU23	6	00:18:59.71	01:30:20.78	00:45:47.52	02:40:40.82
93	44	Nellen Maik	WTDT	M40 (20	00:14:31.41	01:25:44.81	00:55:29.95	02:40:42.42
94	164	Heyerick Miguel	BGSET	M24 (55	00:24:52.49	01:22:05.47	00:48:26.38	02:40:48.06
95	114	Lernout Peter	ITC	M40 (21	00:00:00.00	01:26:12.78	00:51:32.23	02:40:52.31
96	94	Verschaeve Rutger	AP3T	M24 (56	00:20:18.31	01:29:51.37	00:45:32.93	02:40:52.67
97	183	Vanspranghe Thibaut	-	M40 (22	00:17:06.30	01:30:18.88	00:47:19.10	02:41:03.25
98	256	Vanderlinden Nico	-	M24 (57	00:18:37.88	01:28:22.33	00:48:30.20	02:41:14.71
99	251	vandeburie philippe	-	M40 (23	00:21:44.95	01:24:35.81	00:49:53.05	02:41:16.59
100	323	Verniers Steven	-	M40 (24	00:20:42.66	01:26:56.46	00:47:10.77	02:41:27.63
101	217	Pauwels Stijn	-	M24 (58	00:26:14.25	01:20:01.66	00:48:30.24	02:41:36.33
102	316	Huysman Andy	-	M24 (59	00:23:53.14	01:25:09.33	00:47:33.30	02:41:44.46
103	356	Trenson Bieke	3TK	F24 (S	4	00:15:51.51	01:29:30.81	00:51:41.20	02:41:48.62
104	235	Van Antwerpen Dimitri	-	M24 (60	00:16:27.70	01:33:43.72	00:47:00.92	02:41:51.35
105	113	Bekaert Michiel	RTTO	M24 (61	00:17:02.23	01:25:14.40	00:55:27.74	02:42:12.63
106	181	Vanlancker Ivo	-	M40 (25	00:18:41.37	01:27:11.27	00:51:09.47	02:42:38.80
107	303	Follens Stef	-	M24 (62	00:20:46.14	01:25:09.05	00:51:04.91	02:42:41.03

108	276	De Groote Dominique	-	M40 (26	00:21:44.27	01:27:25.96	00:47:16.75	02:42:41.27
109	30	Lepez Bart	RTTO	M24 (63	00:17:00.66	01:29:31.65	00:51:04.80	02:42:54.70
110	185	Verhofstede Peter	-	M24 (64	00:20:32.20	01:30:04.86	00:47:14.47	02:43:08.43
111	329	Gerritse Marco	-	M24 (65	00:17:55.36	01:30:33.80	00:49:03.19	02:43:19.10
112	23	De Craene Wouter	RTTO	M24 (66	00:18:06.25	01:28:34.84	00:52:01.37	02:43:20.05
113	141	Claus Dieter	3MD	M24 (67	00:18:35.96	01:34:11.33	00:45:45.08	02:43:21.82
114	157	Schotte Sammy	LENTRIAC	M24 (68	00:00:00.00	01:32:37.56	00:48:27.49	02:43:22.74
115	321	kazimoto Jonathan	-	M24 (69	00:18:29.55	01:31:06.01	00:47:57.69	02:43:44.07
116	279	De Moor Ben	-	M24 (70	00:19:15.75	01:28:42.72	00:50:50.74	02:43:54.53
117	84	Van Den Broeke Patrick	RTTO	M60 (1 *	00:16:13.79	01:28:55.18	00:52:24.91	02:43:58.65	
118	363	Verhaegen Charlotte	HULS	F24 (S	5	00:13:38.72	01:33:58.92	00:52:01.14	02:44:05.54
119	156	DeKeyser Wim	BGSET	M40 (27	00:19:03.94	01:31:51.49	00:48:28.28	02:44:16.74
120	241	Van Dyck Peter	-	M40 (28	00:19:58.78	01:32:47.28	00:46:29.45	02:44:29.22
121	29	PV@lyi DV°vid	-	M24 (71	00:14:02.73	01:33:32.14	00:52:11.36	02:44:32.63
122	161	Vaeyens Niels	DDTT	M24 (72	00:20:37.36	01:30:13.30	00:48:19.05	02:44:47.79
123	221	Rabout Theo	-	M40 (29	00:18:24.91	01:34:56.47	00:47:07.24	02:45:24.61
124	129	Vanderbeke Thomas	RTTO	M24 (73	00:15:36.52	01:28:47.10	00:55:12.97	02:45:29.33
125	326	de Vroet Matthew	-	MU23	7	00:17:56.55	01:19:46.12	01:01:14.71	02:45:32.76
126	67	Capiau Maarten	RTTO	M40 (30	00:20:27.52	01:31:50.05	00:47:52.15	02:45:52.25
127	353	De Smet Tine	RTTO	F24 (S	6	00:15:14.04	01:36:12.91	00:49:57.35	02:45:54.46
128	216	Paul van Gent Paul	-	M40 (31	00:19:35.54	01:33:02.79	00:48:12.80	02:45:58.92
129	284	De Vuyst Filip	-	M50 (10	00:17:49.42	01:31:04.26	00:51:22.84	02:46:26.14
130	123	Verstraete Pieter	RTTO	M24 (74	00:00:00.00	01:31:03.43	00:52:58.89	02:46:42.27
131	186	Verhulst Tom	-	M24 (75	00:19:27.11	01:27:56.98	00:52:41.32	02:46:44.25
132	56	Paelinckx Bert	SPTC	M40 (32	00:17:58.63	01:33:37.68	00:49:49.01	02:47:12.36
133	142	VANHOVE GREGORY	TRIGT	M40 (33	00:17:30.33	01:28:32.59	00:55:14.45	02:47:14.54
134	138	Cousaert Kenny	BGSET	M24 (76	00:19:09.92	01:32:11.40	00:50:51.69	02:47:23.27
135	93	Meert Tom	AP3T	M40 (34	00:15:23.03	01:38:30.15	00:47:49.10	02:47:30.52
136	120	Marchal Ludwig	SOLID	M40 (35	00:18:38.17	01:34:39.15	00:48:21.78	02:47:34.42
137	87	Dezwarte Benny	ITC	M24 (77	00:16:01.40	01:29:04.13	00:57:00.73	02:47:46.71
138	147	De paepe Koen	RTTO	M40 (36	00:20:25.29	01:30:24.65	00:51:48.16	02:47:56.04
139	291	Devos Ynsen	-	M24 (78	00:19:37.27	01:33:15.06	00:49:52.59	02:47:58.84
140	112	Mels Geert	TDW	M40 (37	00:17:51.51	01:34:34.98	00:50:06.65	02:47:59.06
141	313	Heyvaert Pieter-Jan	-	M24 (79	00:15:30.09	01:24:25.41	01:03:08.34	02:48:15.17
142	144	Weemaels Pascal	BGSET	M40 (38	00:23:47.95	01:27:40.65	00:51:34.13	02:48:34.20
143	266	Bogaert Tom	-	M24 (80	00:21:35.28	01:24:03.03	00:57:28.04	02:48:45.86
144	365	Sap Julie	TCPO	F24 (S	7	00:16:45.33	01:30:01.27	00:57:07.60	02:49:02.91
145	179	Zwagemaker Bart	-	M50 (11	00:16:57.77	01:34:48.89	00:52:38.89	02:49:48.38
146	309	Goossens Kris	-	M40 (39	00:17:58.72	01:31:54.39	00:53:04.11	02:49:57.44
147	328	deprez bavo	-	M24 (81	00:18:44.52	01:31:07.87	00:54:03.99	02:50:09.56
148	361	Peeters Lien	T-MnK	F24 (S	8	00:15:17.76	01:39:16.49	00:50:37.34	02:50:14.75
149	96	Verhelst Christof	TBT	M40 (40	00:18:37.33	01:34:48.59	00:50:55.07	02:50:19.53
150	220	Poppe Diego	-	M24 (82	00:16:54.10	01:35:23.33	00:53:06.34	02:50:32.56
151	115	Dewulf Matthias	AP3T	M24 (83	00:15:49.21	01:33:10.78	00:56:20.80	02:50:42.76
152	188	Vermeersch Nicky	-	M24 (84	00:19:40.09	01:30:55.43	00:54:03.58	02:50:48.45
153	135	Decoodt Wim	TDW	M24 (85	00:19:29.68	01:32:26.36	00:52:49.44	02:51:10.73
154	189	Verpoorten Massimo	-	M24 (86	00:19:13.21	01:29:55.72	00:57:18.46	02:51:24.99
155	28	Roels Julien	RTTO	M24 (87	00:18:32.45	01:31:57.55	00:55:45.02	02:51:37.70
156	308	Goossens Geert	-	M24 (88	00:19:10.77	01:35:13.10	00:51:11.26	02:51:40.80
157	176	Moonen Kevin	-	M24 (89	00:12:48.09	01:37:44.69	00:55:10.16	02:51:59.60
158	152	Decock Bert	BGSET	M24 (90	00:21:01.08	01:32:39.33	00:53:18.46	02:52:02.60
159	306	Geldhof Peter	-	M40 (41	00:21:20.26	01:38:27.16	00:47:53.73	02:52:39.58
160	367	Van Leuven Sharon	KTT	FU23 (2 *	00:16:42.02	01:35:13.51	00:56:14.04	02:52:41.87	
161	227	Smulders Stijn	-	M24 (91	00:26:05.67	01:33:55.35	00:47:12.99	02:52:48.63

162	54	Callens Bjorn	TTA	M40 (I	42	00:17:56.61	00:48:55.00	00:49:41.28	02:52:53.94
163	386	Renema Louise	-	F24 (S	9	00:18:06.52	01:36:57.93	00:52:53.17	02:52:54.42
164	299	eggermont Pieter	-	M24 (I	92	00:21:22.65	01:35:47.44	00:49:57.19	02:52:56.50
165	317	Huysman Kenny	-	M24 (I	93	00:23:51.47	01:33:22.18	00:50:01.18	02:52:59.18
166	102	Hanoulle Sebastiaan	-	M24 (I	94	00:16:19.38	01:38:45.31	00:52:29.09	02:53:08.30
167	99	Moeyaert Robin	TTR	M24 (I	95	00:20:03.42	01:33:39.47	00:53:08.50	02:53:12.47
168	172	Bellet Jean-Francois	-	M40 (I	43	00:15:12.27	01:39:53.75	00:52:59.63	02:53:16.88
169	76	De Decker Bart	MTV	M40 (I	44	00:18:13.16	01:34:53.61	00:54:18.17	02:53:29.11
170	215	Pannecoucke Ruben	-	M24 (I	96	00:18:18.75	01:34:17.75	00:54:17.22	02:53:36.03
171	275	De Geyter Kilian	-	M24 (I	97	00:21:23.57	01:31:00.38	00:53:53.09	02:53:42.66
172	175	Jeroen Abbink	-	M24 (I	98	00:14:59.38	01:38:25.25	00:54:50.45	02:53:57.72
173	63	Degroote Filip	RTTO	M50 (I	12	00:20:29.63	01:31:36.23	00:55:34.59	02:54:03.50
174	194	Wullaert Dimitri	-	M24 (I	99	00:20:36.82	01:36:11.98	00:50:34.31	02:54:13.64
175	171	Ansems Ruud	-	M24 (I	100	00:13:59.23	01:38:46.03	00:56:28.02	02:54:42.91
176	260	Audenaerd Bart	-	M24 (I	101	00:19:57.27	01:32:19.73	00:55:59.94	02:54:43.18
177	199	Leysens Sam	-	M24 (I	102	00:22:42.15	01:28:45.47	00:58:15.18	02:54:50.92
178	69	Vervaet Martin	MTV	M40 (I	45	00:16:38.94	01:35:43.71	00:56:37.09	02:55:08.88
179	394	Geets Lisa	-	F24 (S	10	00:19:24.16	01:38:06.84	00:52:33.04	02:55:13.29
180	92	Deweirt Andy	NLT	M24 (I	103	00:17:18.95	01:39:21.44	00:52:49.18	02:55:18.36
181	315	Houdaert Tim	-	M24 (I	104	00:18:38.71	00:00:00.00	00:57:09.43	02:55:19.54
182	377	Van de Kerckhove Annelore	-	F24 (S	11	00:19:04.30	01:38:29.74	00:52:57.44	02:55:23.72
183	70	Vandepoele Bert	MTTG	M24 (I	105	00:15:54.28	01:36:45.08	00:57:25.51	02:56:08.97
184	273	de Boever Maxim	-	M24 (I	106	00:22:43.90	01:35:15.92	00:51:02.20	02:56:10.71
185	89	Moerman Nick	12BO4	M40 (I	46	00:18:56.30	01:38:19.11	00:53:21.48	02:56:19.92
186	297	Durable Valentino	-	M24 (I	107	00:18:26.71	01:41:29.58	00:50:18.96	02:56:29.11
187	254	VANDENDRIESSCHE STIJN	-	M24 (I	108	00:25:09.10	01:33:47.60	00:50:36.68	02:56:31.69
188	214	Olsson Stefan	-	M50 (I	13	00:20:27.33	01:37:22.37	00:50:47.02	02:56:40.29
189	263	Beckers Johan	-	M24 (I	109	00:20:17.86	01:29:05.73	01:01:15.69	02:57:10.19
190	148	Depraeter Wim	TSN	M40 (I	47	00:24:35.08	01:35:56.64	00:48:50.18	02:57:13.13
191	202	Maes Reinout	-	M24 (I	110	00:25:13.22	02:22:43.61	00:55:12.57	02:57:44.81
192	121	De Jonghe Richie	ITC	M40 (I	48	00:20:21.37	01:34:17.02	00:57:23.82	02:57:51.27
193	58	Synaeve Wim	3TK	M40 (I	49	00:18:30.66	01:39:06.13	00:54:10.21	02:57:55.97
194	193	Wieland Max	-	M40 (I	50	00:21:58.50	01:29:35.46	00:59:42.13	02:58:02.34
195	258	Vanhouteghem Bert	-	M24 (I	111	00:18:43.08	01:37:57.24	00:54:53.08	02:58:12.25
196	132	Poppe Alain	12BO4	M50 (I	14	00:23:55.18	01:33:24.40	00:55:06.37	02:58:22.40
197	244	Van Hooreweghe Servaas	-	M24 (I	112	00:17:44.64	01:34:52.38	00:59:46.17	02:58:35.82
198	97	De Lepeleere Nico	TSN	M24 (I	113	00:18:22.27	01:37:40.96	00:57:46.10	02:59:04.73
199	298	Duyck Jan	-	M40 (I	51	00:18:35.87	01:35:05.92	00:58:58.14	02:59:13.56
200	88	Van Dijck Frederik	ATRIAC	M24 (I	114	00:16:55.73	01:35:52.22	01:00:27.12	02:59:17.14
201	218	PIERRE LIONEL	-	M50 (I	15	00:24:57.03	01:36:29.02	00:52:58.06	02:59:40.36
202	204	Marco Pairona	-	M40 (I	52	00:20:49.80	01:41:12.49	00:51:38.41	02:59:46.53
203	368	Hedebouw Haike	AATT	F24 (S	12	00:21:37.02	00:00:00.00	00:55:53.40	03:00:03.49
204	225	Rutten Jef	-	M24 (I	115	00:17:15.16	01:35:06.55	01:02:07.89	03:00:12.01
205	105	Demasure Woud	TTR	M24 (I	116	00:20:22.27	01:38:32.74	00:55:18.65	03:00:39.54
206	219	Plasschaert Simon	-	M24 (I	117	00:17:32.31	01:46:36.48	00:50:30.62	03:00:50.67
207	27	Beel Steven	-	M24 (I	118	00:22:13.80	01:27:22.81	01:02:50.99	03:00:59.81
208	26	Degroote Wesley	-	M40 (I	53	00:22:10.03	01:36:56.61	00:54:13.63	03:01:00.11
209	173	de Kreij Huig	-	M50 (I	16	00:15:20.21	01:40:44.21	00:57:20.74	03:01:00.93
210	233	Tyberghein Koen	-	M24 (I	119	00:19:50.13	01:33:58.40	01:01:27.86	03:01:03.49
211	24	De Bock Joris	RTTO	M24 (I	120	00:19:48.42	01:33:04.53	01:03:39.75	03:01:14.63
212	253	Vandenborre Arnold	-	MU23	8	00:21:55.00	01:35:06.39	00:58:07.00	03:01:16.76
213	72	Depuydt David	SMO	M24 (I	121	00:17:35.35	01:46:35.81	00:51:05.57	03:01:30.71
214	116	Serlet Pieter-Jan	ITTT	M24 (I	122	00:19:06.51	01:37:23.19	00:59:44.67	03:01:42.19
215	304	Fourneau Tom	-	MU23	9	00:22:13.00	01:41:10.08	00:51:57.77	03:01:44.11

216	66	De Potter Christophe	RTTO	M40 (I	54	00:18:25.42	01:47:08.36	00:49:30.83	03:01:44.53
217	243	Van Hecke Dries	-	MU23	10	00:19:20.05	01:35:14.06	01:01:11.49	03:01:49.76
218	166	Van der Massen Luc	-	M50 (I	17	00:21:41.29	01:32:10.88	01:00:21.86	03:01:52.82
219	229	Staelens Koen	-	M50 (I	18	00:17:25.61	01:39:24.39	00:58:13.74	03:01:58.66
220	362	Buschop Hilde	SJKT	F50 (M 1 *		00:19:21.66	01:39:47.63	00:57:17.15	03:02:12.46
221	305	Geboers Hans	-	M24 (I	123	00:20:29.55	01:39:48.63	00:56:24.30	03:02:34.85
222	364	Desmet Laurence	RTTO	F24 (S	13	00:18:35.06	01:41:57.41	00:56:52.59	03:02:45.51
223	77	Dhaenens Wouter	BGSET	M24 (I	124	00:21:14.66	01:35:00.09	01:01:04.60	03:02:57.18
224	134	Buelens Nico	3VL	M40 (I	55	00:21:31.12	01:38:04.46	00:56:12.94	03:03:06.02
225	180	Vanhoutte Thomas	-	M24 (I	125	00:21:38.29	01:36:27.88	00:59:05.43	03:03:14.57
226	117	Desmet Olivier	RTTO	M50 (I	19	00:19:33.99	01:36:15.87	01:00:14.13	03:03:21.91
227	390	Louwagie Nele	-	F40 (M 1 *		00:22:25.36	01:45:23.72	00:49:59.19	03:03:28.15
228	373	Vankeirsbilck Sonja	MTTG	F50 (M 2 *		00:21:18.24	01:39:30.29	00:56:44.24	03:03:31.89
229	201	Maes Karel	-	M24 (I	126	00:20:33.31	02:25:37.01	00:58:08.30	03:03:35.06
230	358	Dewinter Charlotte	TSN	F50 (M 3 *		00:19:14.06	01:40:54.50	00:56:57.75	03:03:53.99
231	212	NEILL SIMON	-	M40 (I	56	00:21:41.53	01:39:01.08	00:54:58.51	03:03:59.15
232	312	Herman Pascal	-	M40 (I	57	00:21:07.82	01:41:30.10	00:55:15.48	03:04:07.95
233	238	Van Coillie Stijn	-	M24 (I	127	00:22:19.50	01:35:41.42	00:58:06.60	03:04:11.53
234	232	Tijtgat Wouter	-	M40 (I	58	00:21:44.74	01:36:12.49	00:58:54.99	03:04:40.53
235	293	Deweirdt Robbe	-	M24 (I	128	00:20:47.18	01:34:39.52	01:02:24.06	03:04:44.53
236	319	Jacobs Wout	-	M24 (I	129	00:20:38.61	01:34:34.64	01:02:24.89	03:04:48.65
237	376	Van Couwenbergh Gracy	-	F24 (S	14	00:20:24.65	01:43:17.51	00:54:30.19	03:05:10.76
238	150	Van Dorpe Steven	RTTO	M24 (I	130	00:19:39.91	01:43:23.23	00:56:08.13	03:05:15.27
239	292	Deweer Pieter	-	M40 (I	59	00:18:49.41	01:39:16.02	01:01:23.56	03:05:25.69
240	397	defoort Saartje	-	F40 (M 2 *		00:19:17.35	01:41:55.59	00:58:54.79	03:05:51.60
241	42	Peeters Michel	WTT	M60 (I 2 *		00:26:13.19	01:35:18.54	00:57:06.57	03:06:06.94
242	128	De Vlieger Bart	TRIBE	M24 (I	131	00:20:35.39	01:38:31.04	00:57:47.87	03:06:18.78
243	52	Raineri Renato	RTTO	M50 (I	20	00:20:28.58	01:40:30.70	00:59:34.75	03:08:26.18
244	247	Van Renterghem Peter	-	M24 (I	132	00:19:53.78	01:38:33.94	01:02:44.46	03:08:27.82
245	177	Ulusan Vñzkan	-	M24 (I	133	00:20:12.27	01:48:36.63	00:52:34.46	03:08:30.85
246	360	Droeshout Betty	RTTO	F40 (M 3 *		00:21:21.52	01:43:36.39	00:57:25.87	03:08:48.96
247	146	Lammens Thomas	TDW	M24 (I	134	00:20:05.54	01:44:09.72	00:58:40.12	03:08:50.61
248	191	Verzele Davy	-	M24 (I	135	00:23:41.28	01:38:09.17	01:01:23.21	03:09:07.40
249	36	Vanrysselberghe Philippe	TTA	M50 (I	21	00:21:24.55	01:33:16.87	01:08:08.95	03:09:26.52
250	126	crombez willem	TRIZER	M24 (I	136	00:19:45.44	01:48:36.04	00:55:25.34	03:09:27.74
251	302	Feijter de Simon	-	M50 (I	22	00:25:05.55	01:45:53.89	00:53:13.31	03:10:04.05
252	74	Ketele Johan	AP3T	M50 (I	23	00:20:50.52	01:39:52.25	01:03:24.61	03:10:08.79
253	322	Knockaert Korneel	-	M24 (I	137	00:18:32.33	01:35:46.63	01:10:06.77	03:10:20.99
254	182	Vanleeuw Bart	-	M24 (I	138	00:18:52.79	01:35:38.35	01:09:41.99	03:10:42.53
255	174	Gorel Koos	-	M50 (I	24	00:29:53.87	01:32:39.08	00:56:51.10	03:10:55.33
256	178	Verveer Martin	-	M50 (I	25	00:29:57.53	01:32:35.16	00:56:51.96	03:10:55.43
257	366	De Loof Joyce	TBT	F24 (S	15	00:19:10.71	01:39:15.57	01:05:33.16	03:11:30.80
258	154	Boutmans Beauregard	3VL	M24 (I	139	00:21:02.44	01:36:55.41	01:06:27.59	03:11:34.25
259	379	Van Ransbeeck Caroline	-	F40 (M	4	00:22:40.39	01:46:30.29	00:57:02.17	03:12:00.51
260	228	Soenens JV ^o rgen	TSN	M50 (I	26	00:19:56.54	01:40:35.25	01:04:33.96	03:12:20.77
261	145	Decubber Kristof	12BO4	M40 (I	60	00:23:58.10	01:38:12.11	01:01:42.17	03:13:09.66
262	208	Mees Bernd	-	M24 (I	140	00:19:18.34	01:34:17.15	01:13:25.27	03:13:14.37
263	203	Marchand Marijn	-	M24 (I	141	00:22:07.69	01:44:33.19	00:59:31.42	03:13:28.28
264	197	Lauwaert Thomas	-	M24 (I	142	00:16:19.70	01:44:23.10	01:05:31.74	03:13:35.48
265	100	Van Gele Philippe	BGSET	M50 (I	27	00:21:33.18	01:40:17.07	01:06:42.53	03:13:47.40
266	108	Vanhalst Tom	TDTI	M24 (I	143	00:18:40.83	01:42:49.14	01:05:26.68	03:14:14.55
267	327	Antonio Luis	-	M40 (I	61	00:19:07.03	01:41:22.75	01:05:16.45	03:14:18.21
268	262	Bal Glen	-	M24 (I	144	00:21:25.82	01:42:04.54	01:04:29.78	03:14:20.58
269	125	Wekhuizen Werner	AATT	M40 (I	62	00:19:35.27	01:41:01.65	01:06:35.01	03:14:31.69

270	267	Callewaert Gerd	-	M50 (I	28	00:20:03.10	01:44:12.40	01:01:34.37	03:14:52.01
271	288	Demeulemeester Jens	-	M24 (I	145	00:19:15.30	01:43:33.18	01:02:01.13	03:15:46.57
272	310	Haerbos Tom	-	M40 (I	63	00:18:09.31	01:49:34.92	01:00:48.83	03:16:17.18
273	43	Van Osselaer Jan	LTC	M60 (I 3 *	00:22:25.36	01:42:28.44	01:02:17.28	03:16:30.71	
274	269	Carmois Sebastien	-	M24 (I	146	00:21:15.26	01:46:40.21	01:00:56.19	03:16:44.35
275	272	De Bleecker Henri	-	M24 (I	147	00:19:24.76	01:44:51.05	01:06:20.90	03:16:57.09
276	393	Herman Roosmarijn	-	F40 (M	5	00:19:24.23	00:00:00.00	00:40:09.92	03:18:31.49
277	320	Keene James	-	M24 (I	148	00:19:42.56	01:49:51.52	01:02:05.61	03:18:45.31
278	387	nollet cindy	-	F40 (M	6	00:16:26.71	01:56:17.01	01:00:59.06	03:20:32.53
279	153	Van Meenen Johan	RTTO	M40 (I	64	00:19:37.11	01:41:52.05	01:12:48.34	03:21:16.08
280	259	Arno Henri	-	MU23	11	00:19:38.32	01:48:10.39	01:07:17.68	03:21:59.71
281	90	Godderis Luc	TDTI	M50 (I	29	00:25:08.65	01:42:46.78	01:10:00.50	03:24:11.55
282	383	Valepyn Kelly	-	F24 (S	16	00:19:03.15	01:58:08.44	01:01:06.98	03:24:35.58
283	392	Hubrecht Marjolein	-	F40 (M	7	00:21:03.72	01:50:30.24	01:06:42.93	03:24:59.75
284	151	Terras Jan	RTTO	M40 (I	65	00:22:37.61	01:47:41.08	01:06:23.76	03:25:11.97
285	370	Moerkerke Charlotte	AP3T	F24 (S	17	00:21:37.67	01:55:35.27	01:00:49.57	03:25:16.57
286	82	Capelle Ludovic	LENTRIAC	M40 (I	66	00:20:13.97	01:39:18.64	01:18:12.01	03:25:21.61
287	265	Bloem Thomas	-	M24 (I	149	00:17:21.34	01:48:00.43	01:12:51.37	03:25:33.94
288	314	Hollevoet Steven	TTR	M24 (I	150	00:21:34.73	01:52:42.57	01:04:34.14	03:25:52.60
289	195	Lambrecht Debby	-	M40 (I	67	00:19:50.24	01:52:23.75	01:04:44.26	03:26:54.69
290	104	Vandecasteele Manu	MTC	M24 (I	151	00:21:35.08	01:48:28.45	01:08:46.73	03:27:28.14
291	380	Van Rumst Thea	-	F50 (M	4	00:21:07.21	01:50:21.88	01:08:06.19	03:27:43.44
292	318	Ingelrelst Rudy	-	M40 (I	68	00:21:51.93	01:46:40.83	01:13:29.65	03:30:13.06
293	371	De Pesseroey Daphne	AP3T	F24 (S	18	00:24:27.47	01:51:41.85	01:06:35.85	03:30:40.71
294	236	Van Assche Thibaut	-	M40 (I	69	00:18:51.58	01:49:29.45	01:16:45.85	03:33:50.70
295	385	Browaeyts IrvØs	-	F24 (S	19	00:19:53.01	01:52:20.91	01:14:16.18	03:33:55.30
296	398	De Wulf Griet	-	F40 (M	8	00:19:15.05	01:56:09.25	01:13:17.16	03:34:54.10
297	359	Vereecke Kayleigh	RTTO	FU23 (I 3 *	00:19:26.11	01:57:53.69	01:11:40.07	03:35:29.14	
298	237	Van bellingen Stefan	-	M40 (I	70	00:23:55.43	01:51:54.00	01:13:58.19	03:36:45.57
299	207	Maurice Hendriks Maurice	-	M40 (I	71	00:16:52.51	01:57:27.32	01:15:33.71	03:37:16.98
300	395	Eggermont Marlies	-	F24 (S	20	00:25:02.74	02:02:23.14	01:05:18.45	03:39:30.30
301	71	Driesen Steven	ZLTC	M40 (I	72	00:27:12.24	01:51:39.28	01:17:47.39	03:44:36.99