

34e Challenge Almere-Amsterdam 10-09-2016

Unofficial Result Long Distance Individual Overall

Plts	RaceNaam	Woonplaats	Cat	CatNK	Nat	Swim	#S	Bike	#B	AftBike	#aftB	Run	#R	Total
1	3 Jan Raphael	Hemmingen	Mpro		GER	00:48:13	3	04:18:44	1	05:09:02	1	02:52:25	3	08:03:43
2	1 Dirk Wijnalda	Bunnik	Mpro	Hpro	NED	00:53:33	18	04:27:22	5	05:23:03	6	02:49:59	2	08:14:48
3	8 Marek Jaskolka	Köln	Mpro		POL	00:48:18	4	04:41:03	20	05:31:34	14	02:49:57	1	08:23:48
4	6 Erik-simon Strijk	Stein	Mpro	Hpro	NED	00:52:26	12	04:28:20	8	05:23:01	4	02:59:27	5	08:24:46
5	16 Diederik Scheltinga	Arnhem	Mpro	Hpro	NED	00:52:27	14	04:28:14	7	05:23:02	5	03:00:49	6	08:26:13
6	19 Peter Seidel	Nordhausen	Mpro		GER	00:52:23	10	04:36:01	14	05:31:31	13	02:58:12	4	08:32:04
7	10 Graeme Stewart	Inverness	Mpro		GBR	00:52:25	11	04:25:47	4	05:21:10	2	03:08:38	9	08:32:29
8	25 Pascal Ramali	Mörfelden-w	Mpro		GER	00:58:10	41	04:22:22	3	05:23:04	7	03:09:40	10	08:35:12
9	27 Till Schramm	Köln	Mpro		GER	00:52:29	15	04:28:09	6	05:23:01	3	03:18:38	18	08:43:57
10	14 Daniel Mugica	Alcala De Hei	Mpro		ESP	00:52:26	13	04:39:44	17	05:34:34	16	03:09:45	11	08:46:48
11	9 Allan Hovda	Oslo	Mpro		NOR	00:59:28	48	04:28:20	9	05:30:02	12	03:16:29	13	08:48:52
12	11 Youri Severin	Almere	Mpro	Hpro	NED	00:48:09	2	04:36:16	15	05:26:26	10	03:25:14	32	08:54:08
13	22 Stefan Overmars	Hilversum	Mpro	Hpro	NED	00:53:26	16	04:31:29	10	05:27:06	11	03:24:37	31	08:54:52
14	15 Christian Otto	Leipzig	Mpro		GER	00:48:09	1	04:35:32	13	05:25:41	9	03:26:15	34	08:56:00
15	18 Josef Krivanek	Troubsko	Mpro		CZE	00:55:16	23	04:40:10	18	05:38:10	18	03:17:00	15	08:57:37
16	26 Patrick Hansen	Odense	Mpro		DEN	00:55:01	22	04:50:38	29	05:48:18	24	03:08:26	8	08:59:06
17	2 Sergio Marques	Murganhal	Mpro		POR	00:53:29	17	04:56:02	47	05:51:55	27	03:06:14	7	09:01:19
18	17 Jarmo Rissanen	Kuopio	Mpro		FIN	01:07:39	138	04:35:26	12	05:45:19	21	03:17:14	16	09:04:52
19	244 Stefan van der Pal	Leeuwarden	M24		NED	00:53:59	20	04:44:03	23	05:41:01	19	03:21:56	23	09:07:25
20	170 Frederik Waer	Olen	M24		BEL	01:01:28	62	04:42:27	21	05:49:12	25	03:16:39	14	09:10:14
21	56 Camille Deligny	Billère	Wpro		FRA	00:59:55	50	04:43:11	22	05:45:41	22	03:30:04	43	09:18:15
22	52 Mirjam Weerd	Amersfoort	Wpro	Dpro	NED	00:52:17	8	04:51:50	32	05:47:02	23	03:31:23	45	09:20:59
23	350 Jeroen Tiebie	Callandsoog	M45	H45	NED	00:58:18	43	04:51:57	33	05:53:49	30	03:23:05	25	09:21:01
24	208 Jan Fischer	Köln	M24		GER	00:51:58	7	04:54:59	42	05:49:36	26	03:31:58	49	09:24:17

25	106	Stef Zwitter	Voorhout	M24		NED	01:04:14	91	04:49:18	28	05:56:43	33	03:24:33	29	09:24:29
26	57	Simona Krivankova	Troubsko	Wpro		CZE	01:06:41	124	05:01:32	58	06:11:05	62	03:11:19	12	09:24:48
27	117	Ronald Prins	Veenendaal	M24		NED	00:55:32	25	05:00:19	54	05:59:09	36	03:24:35	30	09:27:33
28	54	Erika Csomor	Szazhalomba	Wpro		HUN	01:00:13	53	05:04:11	67	06:07:12	51	03:18:09	17	09:27:58
29	108	Stefan Staartjes	Almere	M24		NED	00:58:02	38	04:55:48	45	05:56:21	32	03:28:52	41	09:28:19
30	172	Wim van Verre	Steenhuffel	M24		BEL	01:03:56	87	04:59:28	52	06:06:38	48	03:19:59	19	09:29:04
31	127	Niels Ros	Leiden	M24		NED	01:13:12	215	04:36:29	16	05:53:09	28	03:33:55	52	09:31:01
32	384	Joachim Reitan	Rælingen	M45		NOR	01:09:15	157	04:55:24	44	06:08:58	56	03:21:15	21	09:33:45
33	197	Mikko Vekkele	Helsinki	M24		FIN	01:07:42	140	04:51:42	31	06:02:45	42	03:27:12	36	09:34:23
34	109	Lennard Elenbaas	Amsterdam	M24		NED	00:58:08	40	05:01:39	60	06:02:11	39	03:32:23	51	09:36:45
35	130	Marten Visser	Almere	M24		NED	01:01:23	61	05:00:53	57	06:04:52	46	03:29:26	42	09:37:21
36	253	Dennis van de Worp	Maasland	M40	H40	NED	00:57:28	34	04:52:27	34	05:53:16	29	03:42:08	69	09:39:48
37	110	Jorn Bagijn	Veldhoven	M24		NED	01:07:05	133	05:03:13	63	06:13:33	71	03:22:51	24	09:39:55
38	21	Tjerk Tjallema	Almere	Mpro	Hpro	NED	00:48:22	5	05:20:11	128	06:10:57	61	03:30:23	44	09:43:21
39	209	Thorsten Dürr	Niederkassel	M24		GER	01:09:41	166	04:57:55	49	06:12:56	66	03:27:33	38	09:43:22
40	314	Sascha Burkhard	Kronshagen	M40		GER	00:58:29	47	04:58:05	51	05:59:41	37	03:42:05	68	09:44:56
41	62	Julia Mai	Offenbach	Wpro		GER	00:59:59	52	05:08:06	80	06:10:43	59	03:31:26	46	09:45:06
42	210	Oliver Bungert	Kempenich	M24		GER	01:09:55	174	04:53:48	36	06:06:45	49	03:36:04	59	09:45:30
43	175	Tom Jansen	Lommel	M24		BEL	01:00:15	54	05:05:21	73	06:08:31	55	03:34:03	53	09:45:51
44	285	Dimitri Tops	Tremelo	M40		BEL	01:07:04	132	04:54:35	38	06:05:25	47	03:38:33	63	09:47:18
45	59	Vanessa Pereira	Lisbon	Wpro		POR	01:00:15	55	05:08:10	81	06:11:48	64	03:31:31	47	09:47:23
46	139	Stephan van Brummelen	Dunston	M24		NED	01:05:41	112	04:54:32	37	06:08:26	54	03:31:38	48	09:47:52
47	145	Daniël Oosterwaal	Amsterdam	M24		NED	01:06:49	129	05:03:03	61	06:13:22	68	03:34:21	54	09:50:17
48	64	Lucie van Genugten	Nijmegen	Wpro	Dpro	NED	01:06:48	128	05:03:25	66	06:13:31	70	03:36:04	58	09:52:17
49	251	Bernard Hilferink	Zelhem	M40	H40	NED	00:57:38	37	05:01:36	59	06:02:11	40	03:46:30	75	09:52:42
50	436	Aart van Wijk	Sliedrecht	M55	H55	NED	01:01:06	59	05:04:47	69	06:10:29	57	03:34:37	55	09:53:05
51	194	Fernando Concha	Rheinberg	M24		ESP	01:09:16	158	05:11:03	94	06:23:52	96	03:27:20	37	09:53:52
52	321	Edward Hertsenberg	Hengelo	M45	H45	NED	01:03:42	83	05:16:36	112	06:23:51	95	03:27:58	39	09:54:03
53	118	Joël Cox	Zwolle	M24		NED	01:01:48	65	05:23:19	150	06:30:10	113	03:21:51	22	09:55:38
54	391	Mark de Haan	Pijnacker	M50	H50	NED	00:57:33	36	05:13:40	104	06:14:16	72	03:38:46	64	09:55:55

55	151	Anton Theo Borger	Surhuisterveen	M24		NED	00:58:28	46	05:12:18	98	06:13:27	69	03:40:22	67	09:56:36
56	150	Sander Bon	Lelystad	M24		NED	00:58:13	42	04:51:00	30	05:54:03	31	03:58:53	96	09:56:54
57	60	Carla van Rooijen	Aalsmeer	Wpro	Dpro	NED	01:15:52	255	05:07:20	79	06:26:42	108	03:28:20	40	09:57:44
58	256	Martijn van Ouwerkerk	Almere	M40	H40	NED	00:57:32	35	04:54:35	39	05:57:49	34	03:56:07	89	09:58:07
59	254	Wannie Friderichs	Almere	M40	H40	NED	01:27:39	351	04:48:00	25	06:20:09	82	03:34:58	56	09:58:55
60	325	Martin Kleinjan	Rotterdam	M45	H45	NED	01:13:33	218	05:17:48	120	06:35:45	140	03:20:45	20	09:59:21
61	116	René Vosters	Reusel	M24		NED	00:55:36	27	05:04:15	68	06:12:43	65	03:44:25	71	10:00:41
62	395	Nico Coelen	Nuland	M50	H50	NED	01:16:45	278	05:09:57	89	06:31:27	118	03:25:27	33	10:01:19
63	364	Raf Peeters	Oostmalle	M45		BEL	01:16:39	275	05:13:55	107	06:34:54	133	03:23:15	27	10:01:19
64	199	Florent Amicel	Givenchy Les	M24		FRA	01:06:06	117	05:11:37	95	06:21:34	86	03:35:26	57	10:01:41
65	182	Lieven Breeemeersch	Kortrijk	M24		BEL	01:02:43	71	05:17:59	122	06:24:41	101	03:36:36	60	10:04:15
66	179	Wim Sterckx	Geel	M24		BEL	01:08:31	150	05:09:45	88	06:22:46	89	03:37:10	62	10:04:22
67	173	Bruno de Rynck	Poperinge	M24		BEL	01:11:43	192	05:03:19	64	06:21:06	85	03:39:38	66	10:05:11
68	115	Hessel Dreteler	Amsterdam	M24		NED	01:07:06	134	05:26:28	165	06:37:45	144	03:23:47	28	10:05:11
69	353	Bastiaan de Wild	Callantsoog	M45	H45	NED	01:09:55	172	05:08:51	86	06:23:15	92	03:39:19	65	10:07:35
70	257	Remco Berendsen	Oegstgeest	M40	H40	NED	01:02:12	66	05:00:19	55	06:06:49	50	03:57:40	94	10:07:51
71	138	Cees Schep	Weesp	M24		NED	01:05:54	115	05:12:18	97	06:22:01	87	03:43:14	70	10:09:12
72	413	Arnaud Vincent	Rotterdam	M50	H50	NED	01:14:27	231	05:11:54	96	06:33:04	124	03:32:04	50	10:11:03
73	264	Leon Lankester	Naaldwijk	M40	H40	NED	01:09:41	167	05:05:16	72	06:19:29	79	03:48:07	76	10:11:06
74	281	Michiel van der Geest	Saetre	M40		NED	01:09:56	175	05:00:29	56	06:15:27	76	03:53:02	83	10:12:34
75	193	Alfonso Iglesias	Seville	M24		ESP	01:04:02	89	05:06:05	74	06:15:02	73	03:55:02	86	10:13:19
76	513	Karolin Krause	Essen	W24		GER	01:03:10	78	05:18:17	124	06:24:45	102	03:48:15	78	10:17:15
77	354	Waldo Duin	Tiel	M45	H45	NED	01:03:53	84	04:48:47	26	05:58:41	35	04:15:45	141	10:18:24
78	111	Robert van der Toorn	Schiedam	M24		NED	01:06:58	131	04:49:07	27	06:01:31	38	04:12:12	132	10:18:25
79	120	Pepijn Bomas	Noordwijkerhout	M24		NED	01:14:58	244	04:52:40	35	06:11:45	63	04:04:13	109	10:19:46
80	352	Aalt Hagedoorn	Wierden	M45	H45	NED	01:03:07	76	05:22:56	147	06:32:26	123	03:44:56	73	10:21:35
81	252	Remon van Drogenbroek	Woerden	M40	H40	NED	01:10:37	176	04:55:54	46	06:10:33	58	04:08:50	121	10:23:35
82	361	Peter Wouters	Lommel	M45		BEL	01:00:29	56	05:22:56	146	06:30:13	114	03:48:14	77	10:24:15
83	207	Fabian Wittig	Hamburg	M24		GER	01:04:48	96	05:16:00	111	06:24:10	97	04:00:26	100	10:28:06
84	205	Gareth Hall	Newport	M24		GBR	01:02:46	72	05:17:39	118	06:24:26	98	04:00:16	99	10:28:14

85	146	Wouter van Dijk	Amsterdam	M24		NED	01:01:42	64	05:12:32	100	06:16:51	77	04:07:55	118	10:29:25
86	131	Dennis Jansen	Sassenheim	M24		NED	01:11:47	196	04:56:44	48	06:13:11	67	04:10:49	124	10:29:35
87	501	Lizette van der Vegt	Leek	W24		NED	01:02:51	73	05:23:36	153	06:29:41	111	03:57:11	93	10:29:50
88	547	Geke Venema	Easterlittens	W50	D50	NED	01:20:28	307	05:06:42	76	06:31:58	121	03:55:26	87	10:30:30
89	184	Mehdi de Roeck	Haasdonk	M24		BEL	00:56:56	33	05:13:00	101	06:15:07	74	04:11:01	127	10:31:26
90	255	Gerrit van Egmond	Rijnsburg	M40	H40	NED	01:13:39	220	05:13:46	105	06:33:27	126	03:52:26	82	10:31:45
91	125	Herbert Idink	Arnhem	M24		NED	01:04:43	94	05:07:17	78	06:15:24	75	04:12:09	131	10:31:48
92	419	Dany Vlietinck	Knokke-heist	M50		BEL	01:24:57	341	05:17:00	114	06:49:17	184	03:37:09	61	10:32:10
93	157	Dennis de Knijff	Almere	M24		NED	01:13:42	221	05:15:07	108	06:33:10	125	03:57:04	91	10:33:14
94	240	Witte Christian	Blomberg	M24		GER	01:20:22	305	04:54:39	40	06:21:00	84	04:08:19	119	10:33:38
95	375	Holger Brandt	Wetter	M45		GER	01:14:53	242	05:15:59	110	06:34:48	131	03:56:45	90	10:34:30
96	212	Sören Weichert	Braunschwei	M24		GER	01:03:12	79	05:21:03	133	06:27:39	110	04:02:18	104	10:35:06
97	149	Martijn Wietzes	Peize	M24		NED	01:04:54	101	04:55:06	43	06:04:41	44	04:26:49	176	10:35:09
98	315	Torge Szczepanek	Bonn	M40		GER	01:14:50	241	05:17:37	117	06:41:56	165	03:48:28	79	10:35:14
99	196	Andrei Tserednik	Tallinn	M24		EST	01:05:36	109	05:28:32	175	06:37:25	143	03:54:45	84	10:36:55
100	186	Jonas Schalenbourg	Zelem	M24		BEL	01:08:22	147	05:13:21	102	06:26:03	106	04:08:28	120	10:37:07
101	273	Jurgen Heemskerk	Noordwijkert	M40	H40	NED	01:06:48	127	05:13:36	103	06:25:25	104	04:06:50	116	10:37:19
102	142	Paul Langelaan	Leiderdorp	M24		NED	01:04:52	100	05:18:14	123	06:26:35	107	04:06:07	113	10:38:14
103	329	Michel Elshof	Kilder	M45	H45	NED	01:11:30	187	05:26:27	164	06:44:00	170	03:49:18	80	10:38:48
104	213	Markus Dollt	Flörsheim	M24		GER	01:11:29	186	05:22:36	143	06:39:57	154	03:55:53	88	10:39:43
105	122	Hendrik Pieter Visser	Utrecht	M24		NED	01:04:07	90	05:37:42	204	06:46:08	178	03:52:16	81	10:42:21
106	143	Harm-jan Stuu	Groningen	M24		NED	01:06:14	121	05:10:32	91	06:20:34	83	04:19:42	154	10:42:48
107	123	Tony Stoffels	Amsterdam	M24		NED	01:08:36	152	05:10:45	92	06:23:32	94	04:16:55	145	10:43:57
108	412	Ronald van der Graaf	Brielle	M50	H50	NED	01:13:49	222	05:19:29	126	06:41:03	160	03:58:37	95	10:44:17
109	215	Karl-heinz Straub	Wolfsburg	M24		GER	01:13:03	212	05:17:41	119	06:34:55	134	04:05:25	112	10:45:09
110	300	Joachim Golliard	Delft	M40		FRA	01:07:52	143	05:27:41	171	06:40:33	158	04:01:33	101	10:45:27
111	148	Dennis Samar	Rijssen	M24		NED	01:08:26	148	05:26:50	166	06:38:25	151	04:04:39	110	10:46:01
112	420	Vincent de Cleer	Varsenare	M50		BEL	01:09:18	159	05:27:13	168	06:40:30	157	04:02:11	103	10:46:30
113	360	Kurt Debouck	Moorsele	M45		BEL	00:55:36	26	05:05:13	71	06:04:49	45	04:37:01	203	10:46:48
114	260	Jeroen van Zoelen	Berneau	M40	H40	NED	01:14:00	224	05:20:45	130	06:38:26	152	04:05:12	111	10:47:03

115	63	Ilona Eversdijk	Almere	Wpro	Dpro	NED	00:56:12	29	05:08:29	85	06:07:24	52	04:35:41	200	10:47:28
116	338	Arnoud Bosch	Sleeuwijk	M45	H45	NED	01:08:53	154	05:19:55	127	06:34:57	135	04:06:32	115	10:47:47
117	295	Peter Gamsboel	Vordingborg	M40		DEN	01:12:53	208	05:31:59	187	06:54:01	198	03:46:19	74	10:49:00
118	376	Knud Schneider	Bischofsheim	M45		GER	01:07:08	135	05:08:10	82	06:19:40	81	04:25:01	170	10:49:10
119	232	Kordian Staniszewski	Bergen	M24		NOR	01:06:45	125	05:21:46	139	06:32:03	122	04:13:00	133	10:49:31
120	439	Norbert van der Plas	Rosmalen	M55	H55	NED	01:15:54	256	05:03:23	65	06:24:37	100	04:19:54	156	10:49:36
121	317	Lüder Schulz-Nigmann	Birlenbach	M40		GER	01:19:19	297	05:16:53	113	06:40:02	155	04:06:13	114	10:51:55
122	362	Tom Thaels	Erpion	M45		BEL	01:04:50	97	05:12:22	99	06:24:35	99	04:21:02	160	10:52:09
123	165	Arnoldus van der Werff	Groningen	M24		NED	01:14:37	237	05:20:47	131	06:40:54	159	04:07:12	117	10:53:02
124	303	Torsten Steinbrecher	Heidesheim	M40		GER	01:15:56	258	05:26:05	163	06:45:52	175	04:03:57	108	10:53:22
125	272	Jurgen Lazaroms	Oud Gastel	M40	H40	NED	01:08:26	149	05:36:52	200	06:53:43	197	03:54:50	85	10:53:36
126	398	Albert van der Smissen	Enschede	M50	H50	NED	01:16:32	274	05:17:12	116	06:38:14	148	04:13:01	134	10:54:54
127	262	Jan de Jager	Utrecht	M40	H40	NED	01:19:36	299	05:09:30	87	06:36:07	141	04:13:54	136	10:55:15
128	297	Sami Ylisaari	Helsinki	M40		FIN	01:05:29	107	05:21:24	135	06:30:30	115	04:21:07	161	10:56:25
129	326	Gerrit Bouhuis	Utrecht	M45	H45	NED	01:24:11	335	05:20:30	129	06:51:52	188	03:59:25	97	10:56:47
130	180	Niek Mahieu	Oudenaarde	M24		BEL	00:55:30	24	05:29:50	178	06:29:47	112	04:21:39	162	10:57:10
131	374	Karl Giarchi	Helensburgh	M45		GBR	00:58:19	44	06:02:37	306	07:07:35	239	03:44:41	72	10:57:57
132	154	Hans de Groot	Almelo	M24		NED	01:05:43	113	05:28:53	176	06:38:24	150	04:14:40	139	10:58:34
133	137	Ardjan de Groot	Lochem	M24		NED	01:09:39	165	06:14:26	324	07:28:02	303	03:26:50	35	10:58:34
134	128	Thijs Peeters	Vught	M24		NED	01:08:33	151	05:20:58	132	06:35:27	138	04:17:40	150	10:58:36
135	187	Fabio Antunes	Berlin	M24		BRA	01:03:20	81	05:23:33	152	06:33:31	127	04:17:13	146	10:59:01
136	388	Tom Hölzl	Nabburg	M45		GER	01:10:40	177	05:24:08	157	06:41:06	161	04:11:33	128	10:59:09
137	294	Gorm Serup Borggaard	Maribo	M40		DEN	01:15:18	249	05:13:52	106	06:37:56	146	04:11:41	130	11:00:04
138	533	Janine Swaak	Enschede	W45	D45	NED	01:09:42	168	05:39:20	214	06:52:24	193	04:03:13	106	11:00:24
139	113	Hanno van Binsbergen	Veenendaal	M24		NED	00:56:12	28	05:23:29	151	06:23:12	91	04:34:20	196	11:00:57
140	331	Peter Dubbelaar	Katwijk	M45	H45	NED	01:07:37	137	05:43:37	234	06:57:34	212	03:59:44	98	11:02:08
141	132	Jeroen Schinkel	Ijsselstein	M24		NED	01:11:29	185	05:24:34	158	06:41:18	162	04:16:04	142	11:03:48
142	140	Ferry Strikkers	Amsterdam	M24		NED	01:17:52	292	04:58:00	50	06:19:32	80	04:40:25	221	11:03:55
143	397	Jan-willem Mobach	Maarssen	M50	H50	NED	01:03:08	77	05:31:31	185	06:41:20	163	04:20:43	159	11:06:33
144	183	Bram Ketels	Lauwe	M24		BEL	01:06:22	122	05:31:07	182	06:42:26	166	04:20:39	158	11:06:46

145	135	Robert Verhoef	Berkel En Ro	M24		NED	01:24:38	337	05:26:03	162	06:56:03	201	04:09:14	122	11:08:11
146	129	Detlef de Groot	Utrecht	M24		NED	01:13:14	216	05:35:15	192	06:52:22	191	04:13:31	135	11:10:05
147	378	Norbert Wortberg	Kreuzau	M45		GER	01:30:25	367	05:08:23	84	06:44:35	171	04:19:51	155	11:10:10
148	532	Yvette van Wegen	Almere	W45	D45	NED	01:38:11	379	05:21:47	140	07:07:09	237	03:57:07	92	11:10:21
149	363	Stefan Lepinoy	Stabroek	M45		BEL	01:03:59	88	05:48:06	253	06:57:11	210	04:01:36	102	11:11:37
150	258	Jos Sneijders	Katwijk Aan de	M40	H40	NED	01:00:42	57	05:21:33	136	06:25:30	105	04:41:42	222	11:11:39
151	216	Rupert Buchbinder	Nittendorf	M24		GER	01:06:54	130	05:15:24	109	06:26:58	109	04:41:59	225	11:12:11
152	136	Benito Fernández Van Velde	Veenendaal	M24		NED	01:09:32	162	05:43:05	231	06:56:43	205	04:10:37	123	11:12:29
153	152	Thomas van der Kolk	Sprang-capel	M24		NED	01:02:23	67	05:23:16	149	06:31:07	117	04:33:20	195	11:13:25
154	124	Joris van Dijk	Utrecht	M24		NED	01:03:29	82	05:24:08	156	06:30:53	116	04:39:43	216	11:15:03
155	400	John Elbers	Angeren	M50	H50	NED	01:03:15	80	05:31:57	186	06:41:41	164	04:22:00	164	11:15:14
156	324	Cor Boerman	Almere	M45	H45	NED	01:00:52	58	05:06:29	75	06:10:47	60	05:01:52	278	11:16:31
157	456	Jos Brouwer	Schipluiden	M55		NED	01:12:53	207	05:36:21	197	06:58:45	216	04:11:00	126	11:16:49
158	283	Remon Hemmes	Nunspeet	M40		NED	01:14:40	238	05:37:25	203	06:56:43	204	04:13:56	137	11:16:50
159	373	Keith Lyon	Melbourn, North	M45		GBR	01:15:57	259	05:23:57	154	06:45:27	173	04:21:58	163	11:16:57
160	191	Lasse Munck Rasmussen	Aalborg	M24		DEN	01:05:40	111	05:23:15	148	06:33:37	128	04:37:05	205	11:17:05
161	219	Markus Bruns	Berlin	M24		GER	01:07:40	139	05:39:04	211	06:54:19	199	04:17:18	147	11:20:54
162	114	Maik Steenkamp	Didam	M24		NED	00:56:20	31	05:40:15	222	06:40:24	156	04:37:22	207	11:21:26
163	171	Joris Sels	Sint-katelijne	M24		BEL	01:09:45	170	05:06:44	77	06:23:01	90	04:51:49	254	11:21:38
164	279	Niels Scholtens	Hoek Van Holland	M40	H40	NED	01:03:54	85	05:47:04	247	06:56:51	206	04:17:32	149	11:22:00
165	177	Xavier Bekaert	Rumbeke	M24		BEL	01:16:26	272	05:22:30	142	06:43:50	169	04:34:22	197	11:23:29
166	290	Raphael Staquet	Zoersel	M40		BEL	01:15:55	257	05:31:19	184	06:53:05	195	04:24:53	169	11:23:50
167	267	Mark de Boer	Bussum	M40	H40	NED	01:10:54	180	05:47:46	250	07:05:24	233	04:14:03	138	11:24:06
168	396	Marcel Rensen	Bemmel	M50	H50	NED	01:11:55	200	05:21:41	138	06:37:57	147	04:43:45	230	11:25:01
169	461	Peter Weijers	Alkmaar	M60	H60	NED	01:01:12	60	05:45:44	242	06:52:17	190	04:28:49	184	11:26:52
170	386	Karsten Hohensee	Hannover	M45		GER	01:04:35	92	05:21:11	134	06:31:50	119	04:50:47	249	11:27:26
171	217	Marcus Krah	Erlangen	M24		GER	01:15:39	252	05:56:20	284	07:19:24	277	04:03:31	107	11:30:58
172	514	Virginie Dewitte	Wevelgem	W24		BEL	01:12:59	211	05:44:34	238	07:02:55	225	04:23:24	167	11:31:48
173	200	Ludovic Carpentier - Lepret	Grande Synth	M24		FRA	01:14:31	235	05:26:53	167	06:47:54	182	04:39:47	217	11:32:14
174	159	Daan Glorie	Heemskerk	M24		NED	00:51:57	6	06:29:40	348	07:25:04	293	04:02:23	105	11:32:20

175	167	Huub Slot	Den Helder	M24		NED	01:04:51	99	05:33:22	190	06:43:26	168	04:45:34	236	11:33:44
176	158	Klaas Zwaagman	Eelderwolde	M24		NED	01:16:20	270	05:37:09	202	06:59:34	217	04:29:49	187	11:33:59
177	289	Christophe de Potter	Dergneau	M40		BEL	01:09:43	169	05:40:20	224	06:58:14	214	04:29:21	186	11:34:47
178	101	Magnus Laforce Otto	Espergaerde	MU24		DEN	01:09:08	155	05:48:50	258	07:03:28	227	04:27:27	178	11:34:51
179	176	Dennis Francken	Deurne	M24		BEL	01:14:17	227	05:27:36	170	06:46:20	179	04:46:03	238	11:35:27
180	426	Olivier Zimmer	Oberhausen	M50		GER	01:14:30	234	05:25:30	161	06:45:30	174	04:47:13	243	11:36:00
181	261	Emrah Ozpeynirci	Amsterdam	M40	H40	NED	00:56:17	30	05:35:25	193	06:36:57	142	04:51:50	255	11:36:18
182	189	Ivan Gobin	Zadar	M24		CRO	01:02:57	75	05:36:40	198	06:46:35	180	04:40:16	219	11:36:21
183	188	Ivan Tuta	Zadar	M24		CRO	01:03:55	86	05:36:47	199	06:46:39	181	04:40:18	220	11:36:22
184	506	Nikki Borgman	Leiden	W24		NED	01:05:23	106	05:21:33	137	06:33:51	129	04:53:08	258	11:36:32
185	270	Koen van Elteren	Oud Gastel	M40	H40	NED	00:58:20	45	05:30:55	181	06:34:38	130	04:56:02	267	11:36:46
186	356	Rene Valkenburg	Nigtevecht	M45		NED	01:12:19	203	05:53:11	270	07:11:49	252	04:20:04	157	11:37:07
187	308	Cian Ennis	Duisburg	M40		IRL	01:16:02	262	05:27:27	169	06:50:36	185	04:41:42	223	11:37:09
188	427	Torsten Volz	Mannheim	M50		GER	01:09:11	156	05:46:08	245	07:01:37	222	04:28:36	183	11:37:36
189	399	Peter Dreijling	Kortenhoef	M50	H50	NED	01:11:52	199	05:55:53	281	07:12:39	258	04:22:20	166	11:38:25
190	357	Wouter Willemsen	Alphen Aan E	M45		NED	01:15:14	248	05:38:27	208	07:03:57	229	04:26:40	175	11:38:35
191	310	Asbjørn Svellingen	Bergen	M40		NOR	01:16:09	266	05:30:33	180	06:51:55	189	04:38:42	214	11:39:57
192	301	François Debroux	Albertville	M40		FRA	01:11:48	198	05:58:58	294	07:18:37	274	04:15:00	140	11:40:29
193	202	Thomas Rondenay	Amsterdam	M24		FRA	01:02:51	74	05:42:58	230	06:51:30	187	04:42:08	228	11:40:29
194	164	Mark van den Bergh	Oud Gastel	M24		NED	01:16:10	267	05:50:23	262	07:12:17	254	04:25:37	172	11:41:54
195	336	Hans Brandsma	Leeuwarden	M45	H45	NED	01:11:36	189	05:55:43	279	07:12:50	259	04:26:05	174	11:42:49
196	163	Martin Jelders	Oudehaske	M24		NED	01:10:50	179	05:37:44	205	06:54:49	200	04:42:04	226	11:43:19
197	332	Mike Appeldoorn	Woerden	M45	H45	NED	01:06:47	126	05:28:53	177	06:39:47	153	04:58:38	273	11:43:51
198	141	Stijn van Hooff	Utrecht	M24		NED	01:12:58	210	05:49:23	260	07:07:53	240	04:32:35	193	11:44:09
199	509	Anneleen Coen	Brecht	W24		BEL	01:07:29	136	05:48:57	259	07:00:05	218	04:39:24	215	11:44:39
200	237	Vladimir Razuvaev	Moscow, Sch	M24		RUS	01:27:38	350	05:38:55	209	07:12:22	256	04:27:00	177	11:44:43
201	174	Frederik Decoene	Lendelede	M24		BEL	01:16:20	269	05:22:38	144	06:43:24	167	04:58:35	272	11:45:09
202	410	Wilco Kleefsman	Almere	M50	H50	NED	01:16:45	279	05:47:19	248	07:11:36	250	04:27:41	181	11:45:25
203	155	Antoine van Brummelen	Eibergen	M24		NED	01:15:58	260	05:03:06	62	06:23:28	93	05:18:03	295	11:45:46
204	266	Marco Derksen	Enschede	M40	H40	NED	01:15:46	253	05:46:23	246	07:07:07	236	04:36:24	202	11:46:26

205	334	Arthur van den Aarssen	Nijmegen	M45	H45	NED	01:24:39	338	05:45:17	240	07:15:34	265	04:27:40	180	11:48:28
206	322	Peter de Jong	Capelle Aan	M45	H45	NED	01:16:29	273	05:30:14	179	06:51:24	186	04:51:03	251	11:49:27
207	223	Oliver Yalcintepe	Offenburg	M24		GER	01:30:05	366	05:35:28	194	07:14:17	260	04:29:14	185	11:49:59
208	192	Lars Bonding	Richmond	M24		DEN	01:19:39	300	05:40:03	221	07:04:40	232	04:42:26	229	11:50:16
209	421	Karel Deforche	Izegem	M50		BEL	01:13:59	223	05:50:12	261	07:12:20	255	04:32:32	192	11:50:38
210	515	Inga Wyroslak	Berlin	W24		POL	01:27:46	352	05:48:30	255	07:20:17	279	04:27:27	179	11:50:57
211	415	Thomas Schulz	Oldenburg	M50		GER	01:12:02	201	05:17:56	121	06:34:59	136	05:12:00	287	11:51:02
212	441	Wilco van Wee	Leiderdorp	M55	H55	NED	01:08:42	153	05:52:32	267	07:04:39	231	04:42:05	227	11:51:22
213	401	Wietze de Vries	Appingedam	M50	H50	NED	01:30:45	371	05:28:05	174	07:09:00	242	04:35:55	201	11:52:17
214	222	Michael Krug	Alfter	M24		GER	01:12:49	206	05:39:31	215	06:57:01	208	04:51:19	252	11:52:23
215	548	Ann Dhondt	Knokke	W50		BEL	01:22:45	326	05:59:17	295	07:28:57	304	04:16:50	144	11:52:56
216	327	Ron Schwab	Almere	M45	H45	NED	01:05:37	110	05:28:00	173	06:38:18	149	05:11:22	286	11:53:33
217	531	Gonne Golliard	Delft	W45	D45	NED	01:11:46	195	05:53:19	273	07:11:44	251	04:37:19	206	11:53:43
218	526	Ana Miočić	Zadar	W40		CRO	01:19:09	296	05:58:05	293	07:22:15	288	04:25:44	173	11:54:11
219	162	Remco Molenaar	Amsterdam	M24		NED	01:40:44	383	05:22:53	145	07:08:32	241	04:38:19	210	11:54:18
220	341	René Overduijn	Almere	M45	H45	NED	01:21:56	317	05:41:14	226	07:11:09	248	04:34:41	198	11:55:06
221	510	Camilla Nielsen	Charlottenlur	W24		DEN	01:14:28	232	06:07:34	313	07:27:32	300	04:24:20	168	11:55:30
222	214	Marius Eckhardt	Berlin	M24		GER	01:16:07	264	05:43:21	233	07:05:31	234	04:46:07	239	11:55:32
223	556	Ingeborg Schoonackers	Almere	W60	D60	NED	01:28:17	357	05:57:58	290	07:32:59	320	04:19:31	152	11:56:09
224	161	Matthijs Carpay	Rotterdam	M24		NED	01:29:12	362	05:41:10	225	07:14:23	262	04:38:11	209	11:56:13
225	507	Carolien Slot	Den Helder	W24		NED	01:13:39	219	05:56:22	285	07:17:07	268	04:31:14	189	11:56:33
226	112	Peter Hoogwerf	Rotterdam	M24		NED	01:10:47	178	05:57:45	289	07:14:22	261	04:38:42	213	11:56:37
227	236	Rares Raducu	Cluj Napoca	M24		ROU	01:16:54	281	05:45:07	239	07:06:28	235	04:45:30	235	11:57:03
228	462	Eric Severins	Milsbeek	M60	H60	NED	01:02:31	68	05:48:33	256	06:56:59	207	04:54:25	263	11:57:32
229	292	Bart Serroyen	Lommel	M40		BEL	01:09:38	164	05:40:19	223	06:58:00	213	04:53:55	262	11:58:04
230	534	Simone Lankhuijzen	Den Haag	W45	D45	NED	01:16:41	276	05:54:37	277	07:20:47	281	04:32:03	191	11:58:10
231	234	Svein Erik By	Sveio	M24		NOR	01:28:23	359	06:01:25	301	07:35:55	322	04:16:32	143	11:58:27
232	275	Harry Westerbeek	Oud-alblas	M40	H40	NED	01:14:25	229	05:58:01	292	07:19:12	276	04:31:39	190	11:59:30
233	527	Veera Sylvius	Espoo	W40		FIN	01:21:51	315	05:55:02	278	07:21:44	285	04:34:53	199	11:59:57
234	265	Mark van der Laan	Leiden	M40	H40	NED	01:19:43	301	05:54:34	276	07:23:22	291	04:31:01	188	12:02:21

235	371	Sébastien Le Moignic	Hallennes-lez-M45		FRA	01:25:02	342	05:56:42	286	07:29:05	307	04:27:58	182	12:03:32	
236	372	Richard Robinson	Kent	M45	GBR	01:13:25	217	05:48:10	254	07:09:13	243	04:49:14	246	12:04:29	
237	220	Boris Kassebeer	Leichlingen	M24	GER	01:16:14	268	05:39:57	220	07:03:50	228	04:54:44	265	12:07:02	
238	393	Paul Schijff	Almere	M50	H50	NED	01:14:41	239	05:17:01	115	06:34:50	132	05:30:07	309	12:08:10
239	243	Nico Huijser	Nijkerk	M24	NED	01:21:11	309	05:56:13	283	07:22:59	290	04:38:41	212	12:08:18	
240	269	Leendert de Heer	Lekkerkerk	M40	H40	NED	01:17:20	288	05:47:24	249	07:15:37	267	04:44:29	231	12:08:38
241	274	Hanjo Hoogendoorn	Leiden	M40	H40	NED	01:12:47	205	05:39:14	213	07:03:08	226	04:52:08	256	12:09:01
242	473	Gerrit ten Brinke	Peize	M65	H65	NED	01:28:25	360	05:44:12	236	07:17:43	269	04:45:44	237	12:09:21
243	284	Mischa Wesdorp	Amsterdam	M40		NED	01:14:48	240	06:22:37	338	07:44:41	329	04:17:46	151	12:09:41
244	346	Hans Berkhout	Oud Gastel	M45	H45	NED	01:22:48	327	05:51:32	264	07:20:52	282	04:44:57	232	12:12:19
245	359	Reinier van der Wal	Borne	M45		NED	01:26:54	346	05:47:53	251	07:20:19	280	04:47:47	244	12:14:40
246	268	Robert Ijzermans	Vlijmen	M40	H40	NED	01:17:07	283	05:57:00	287	07:18:15	272	04:51:41	253	12:15:06
247	383	Andres Mota	Mexico City	M45		MEX	01:23:42	330	06:15:05	325	07:45:59	331	04:19:38	153	12:15:08
248	144	Jurre Onrust	Oostzaan	M24		NED	01:17:23	289	05:53:45	274	07:19:09	275	04:49:49	247	12:17:53
249	503	Amanda Kolijn	Spijkensisse	W24		NED	01:21:12	310	06:22:44	340	07:49:17	334	04:22:07	165	12:18:32
250	231	Luis Fernandez	Mexico	M24		MEX	01:32:31	373	06:25:55	346	08:03:47	350	04:11:33	129	12:18:52
251	299	Eric Balandraud	Kremlin-bicêtre	M40		FRA	01:08:04	144	05:56:00	282	07:09:32	244	05:02:52	279	12:20:14
252	178	Pierre Bertieaux	Hornu	M24		BEL	01:05:10	103	05:33:01	189	06:45:59	176	05:27:57	306	12:20:20
253	230	Edgar Segura	Mexico City	M24		MEX	01:12:54	209	06:11:37	320	07:29:26	310	04:45:07	233	12:21:55
254	309	Victor Ramirez	Tlalpan, Mexico	M40		MEX	01:05:19	105	06:15:43	328	07:29:13	308	04:46:28	241	12:21:55
255	379	Franz Herbort	Tönisvorst	M45		GER	01:29:13	363	05:39:54	219	07:20:09	278	04:50:19	248	12:22:34
256	394	Marco Stijnman	Haarlem	M50	H50	NED	01:11:42	191	06:22:35	337	07:41:15	326	04:37:22	208	12:23:16
257	447	Joop Majoor	Huizen	M55	H55	NED	01:22:13	319	06:15:52	329	07:43:01	327	04:37:04	204	12:23:31
258	198	Tapio Haantie	Helsinki	M24		FIN	01:25:17	344	06:22:56	341	07:53:27	338	04:25:36	171	12:23:58
259	471	Aert Bakker	Enschede	M65	H65	NED	01:14:17	226	06:01:50	304	07:23:37	292	04:54:39	264	12:24:12
260	337	Alibert Bok	Rosmalen	M45	H45	NED	01:11:40	190	05:38:00	206	06:56:39	203	05:22:08	300	12:24:24
261	263	Geart Buma	Amsterdam	M40	H40	NED	01:11:20	184	06:10:05	318	07:27:20	299	04:50:54	250	12:24:50
262	153	Olav Smit	Almere	M24		NED	01:09:33	163	05:45:27	241	07:00:49	221	05:18:57	297	12:25:52
263	233	Trygve Gjøllberg	Fredrikstad	M24		NOR	01:15:49	254	05:53:17	272	07:14:34	264	05:07:00	282	12:26:16
264	416	Johan Oude Hesselink	Taastrup	M50		NED	01:37:38	378	05:37:01	201	07:21:06	283	04:59:50	276	12:28:16

265	307	Andreas Erkens	Tönisvorst	M40		GER	01:29:05	361	05:55:51	280	07:31:06	313	04:46:20	240	12:28:31
266	345	Martin de Groot	Monnickendam	M45	H45	NED	01:15:39	251	06:04:29	310	07:29:14	309	04:53:12	259	12:28:57
267	389	Henrik Larsen	Ballerup	M45		DEN	01:30:33	369	06:09:21	315	07:47:26	333	04:38:23	211	12:31:16
268	442	Eibert Leusink	Zeewolde	M55	H55	NED	01:10:58	181	05:41:29	227	06:57:05	209	05:28:31	308	12:32:34
269	348	Albert van der Ven	Harlingen	M45	H45	NED	01:19:26	298	05:57:39	288	07:21:49	286	05:05:24	281	12:33:51
270	204	Alexis Devos	Leffrinckouck	M24		FRA	01:24:10	334	06:00:08	297	07:32:02	317	04:57:44	271	12:33:56
271	511	Elina Junnila	Naantali	W24		FIN	01:47:13	389	07:07:38	376	09:03:50	377	03:23:14	26	12:34:27
272	453	Harald Dr. Stiehle	Leinfelden-er	M55		GER	01:22:18	320	06:00:25	300	07:31:12	314	04:56:36	268	12:36:01
273	475	Josef Derks	Kevelaer	M65		GER	01:30:26	368	05:51:39	265	07:30:13	311	04:59:10	274	12:36:19
274	224	Sven Klöppner	Köln	M24		GER	01:09:55	173	06:09:35	316	07:27:38	301	05:00:21	277	12:36:46
275	344	Mario Nijland	Lelystad	M45	H45	NED	01:11:46	194	05:34:38	191	06:56:06	202	05:25:19	303	12:37:09
276	160	Evert Maat	Sliedrecht	M24		NED	01:11:15	183	05:31:10	183	06:52:58	194	05:30:39	311	12:38:54
277	422	Glenn de Buf	Oostende	M50		BEL	01:13:07	213	05:39:50	218	06:58:33	215	05:33:25	315	12:39:20
278	380	Oliver Hanf	Bonn	M45		GER	01:18:58	294	06:15:16	326	07:45:53	330	04:48:19	245	12:40:16
279	405	Marcel Spoelder	Almere	M50	H50	NED	01:19:47	302	05:51:47	266	07:22:00	287	05:12:17	288	12:45:37
280	408	Martin Lieberom	Almere	M50	H50	NED	01:16:08	265	05:48:40	257	07:10:36	247	05:30:15	310	12:46:45
281	521	Jantje van der Werff	Dokkum	W40	D40	NED	01:11:47	197	05:57:59	291	07:14:31	263	05:28:17	307	12:46:56
282	505	Angela Krijgsman	Hellevoetslui	W24		NED	01:24:04	332	06:24:56	345	07:56:30	339	04:39:51	218	12:48:12
283	443	Adri van der Pol	Haaksbergen	M55	H55	NED	01:04:42	93	05:43:50	235	06:53:29	196	05:50:09	329	12:49:46
284	433	Geert van de Vijver	Belsele	M50		BEL	01:35:50	376	06:24:26	343	08:11:02	360	04:33:10	194	12:50:05
285	423	Jan Kennes	Kessel	M50		BEL	01:46:06	388	06:01:37	303	07:59:51	345	04:41:56	224	12:50:48
286	347	Jeroen van Zaalen	Heemstede	M45	H45	NED	01:14:56	243	06:02:10	305	07:22:50	289	05:20:44	299	12:51:27
287	455	Renato Raineri	Oudenaarde	M55		ITA	01:17:08	284	06:04:10	309	07:27:56	302	05:18:11	296	12:52:47
288	522	Indra Bimmel	Berg En Dal	W40	D40	NED	01:06:13	120	06:16:10	331	07:30:36	312	05:14:40	291	12:52:50
289	203	Alexis Gaudilliere	Saint-rémy	M24		FRA	01:30:34	370	05:45:52	243	07:25:37	295	05:16:10	292	12:54:15
290	437	Harm van der Beek	Sliedrecht	M55	H55	NED	01:40:38	382	05:35:56	195	07:25:39	296	05:19:12	298	12:54:36
291	535	Winni Jansen	Almere	W45	D45	NED	01:21:09	308	05:48:04	252	07:12:35	257	05:38:13	319	12:55:28
292	323	Willem Ariens	Ravenstein	M45	H45	NED	01:14:26	230	05:44:16	237	07:04:13	230	05:43:36	322	12:55:29
293	537	Astrid Spoelder	Almere	W45	D45	NED	01:21:50	314	06:34:25	355	08:03:44	349	04:45:30	234	12:55:31
294	425	Paul Harmes	Newport	M50		GBR	01:28:17	358	06:01:25	302	07:38:12	324	05:07:32	283	12:56:50

295	536	Wiesje Elfferich	Den Haag	W45	D45	NED	01:27:56	353	06:58:44	374	08:35:58	374	04:17:26	148	12:57:24
296	235	Bjarte Sivert Knudsen	Sola	M24		NOR	01:17:15	285	05:32:47	188	06:57:13	211	05:54:58	331	12:58:01
297	206	Alec Spedding	Dubai	M24		GBR	01:28:14	356	05:45:53	244	07:21:12	284	05:26:15	304	12:58:20
298	311	Marius Butuc	Cluj Napoca	M40		ROU	01:17:17	286	06:13:27	321	07:35:29	321	05:17:26	293	12:59:12
299	228	Takeshi Fukuda	Ibaraki-ken	M24		JPN	01:24:08	333	06:30:57	349	08:00:23	347	04:53:26	260	13:01:57
300	342	Jos van de Pol	Sint Maarten	M45	H45	NED	01:16:23	271	06:03:09	307	07:25:41	297	05:32:00	313	13:03:20
301	185	Kenneth de Paepe	Mechelen	M24		BEL	01:15:01	245	06:45:39	367	08:10:23	357	04:52:15	257	13:09:07
302	451	Adwin Hooegeveen	Gemert	M55		NED	01:22:22	322	06:00:16	298	07:29:02	306	05:36:19	318	13:09:52
303	276	Henk Veenstra	Drachten	M40	H40	NED	01:25:15	343	06:33:48	353	08:07:21	353	04:56:54	270	13:11:41
304	166	Leon Versteeg	Hilversum	M24		NED	01:17:00	282	06:34:13	354	07:59:29	344	05:04:41	280	13:12:56
305	504	Karen Eshuis	Markelo	W24		NED	01:16:00	261	05:54:25	275	07:15:36	266	05:48:12	326	13:13:16
306	377	Markus Wesseler	Leverkusen	M45		GER	01:15:32	250	06:27:36	347	07:50:15	335	05:18:03	294	13:13:58
307	446	Jack Moerenhout	Almere	M55	H55	NED	01:22:42	325	06:40:12	360	08:10:23	358	04:56:49	269	13:15:28
308	333	Erik Bassie	Middelburg	M45	H45	NED	01:25:45	345	06:08:28	314	07:40:08	325	05:24:36	302	13:16:28
309	239	Jens Bergström	Göteborg	M24		SWE	01:27:27	349	06:33:47	352	08:11:40	362	04:55:58	266	13:16:38
310	508	Evelyn Daneels	Oudenaarde	W24		BEL	01:12:28	204	05:41:33	228	07:00:14	219	06:05:32	335	13:18:24
311	543	Kirsti Sarikaya	Bispingen	W45		GER	01:09:32	161	06:42:29	362	08:00:11	346	05:13:39	289	13:19:10
312	343	Luigi Tricoli	Alphen Aan E	M45	H45	NED	01:23:04	329	06:14:17	323	07:44:05	328	05:27:26	305	13:19:55
313	339	Jan de Wolde	Almere	M45	H45	NED	01:08:13	145	06:19:34	333	07:32:07	318	05:49:35	327	13:27:28
314	278	Wessel Troost	Delft	M40	H40	NED	01:09:49	171	06:48:01	368	08:10:01	355	05:08:19	285	13:28:17
315	242	Sven-harald Mähr	Wangerooge	M24		GER	01:22:54	328	06:35:16	356	08:11:22	361	05:08:09	284	13:28:30
316	221	Johannes Teske	Berlin	M24		GER	01:17:18	287	06:20:58	335	07:46:03	332	05:34:49	316	13:29:03
317	387	Frédéric Depreter	Le Roeulx (gc	M45		BEL	01:16:47	280	06:50:54	369	08:18:34	366	04:53:53	261	13:29:34
318	545	Deborah O'hanlon	Henley On Th	W50		GBR	01:41:24	384	06:44:34	366	08:35:33	373	04:47:05	242	13:31:17
319	428	Jörg Sprave	Schladt	M50		GER	01:24:28	336	06:03:21	308	07:38:03	323	05:47:04	323	13:31:19
320	549	Gail Edmans	London	W50		GBR	01:16:06	263	06:10:05	319	07:31:30	316	05:58:05	333	13:36:25
321	445	Gerard van Schie	Rotterdam	M55	H55	NED	01:27:20	348	06:36:51	357	08:09:45	354	05:23:48	301	13:38:40
322	168	Emiel van Groos	Barneveld	M24		NED	01:27:03	347	06:51:16	370	08:33:06	369	04:59:25	275	13:45:55
323	227	Enrico Franchetti	Tarquinia	M24		ITA	01:22:35	324	06:24:10	342	07:52:46	336	05:47:51	324	13:46:12
324	541	Greta Malkki	Varkaus	W45		FIN	01:18:53	293	06:42:34	363	08:06:18	351	05:35:45	317	13:46:43

325	546	Anita Greefhorst	Hoogland	W50	D50	NED	01:45:15	386	06:24:49	344	08:14:37	365	05:31:38	312	13:50:45
326	480	Rafael Lopez Ordoñez	Marchena	PARA		ESP	01:53:16	390	07:43:38	382	09:41:26	380	04:10:53	125	13:57:49
327	432	Valter Massimo Carrara	Selvino	M50		ITA	01:40:33	381	06:42:28	361	08:33:41	370	05:14:26	290	13:58:39
328	277	Hans Strating	Berghem	M40	H40	NED	01:40:24	380	06:19:45	334	08:06:49	352	05:41:10	321	13:59:16
329	316	Vincent Praster	Arnhem	M40		NED	01:29:43	365	06:15:26	327	07:59:03	343	05:51:45	330	14:02:25
330	156	Marcel Berendse	Veenendaal	M24		NED	01:20:27	306	06:43:33	364	08:13:35	364	05:47:53	325	14:08:43
331	464	Pieter Cremer	Gorredijk	M60	H60	NED	01:44:07	385	06:17:05	332	08:10:25	359	05:56:01	332	14:14:05
332	448	Ron Stuurman	Boskoop	M55	H55	NED	01:22:04	318	07:03:41	375	08:37:34	375	05:32:31	314	14:21:22
333	465	Dick van Doorn	Almere	M60	H60	NED	01:45:27	387	06:38:24	358	08:34:42	371	05:40:54	320	14:22:08
334	434	Pekka Ojanpää	Espoo	M50		FIN	01:14:24	228	06:51:33	371	08:13:17	363	06:00:48	334	14:23:30
335	454	Victor Sammut	Luqa	M55		MLT	01:21:52	316	06:22:01	336	07:53:02	337	06:27:53	336	14:30:38
336	550	Diane Meakins	Sileby, Lough	W50		GBR	01:34:08	374	06:53:08	372	08:34:59	372	05:50:04	328	14:32:49
337	512	Kelly Gaffney	Newport	W24		GBR	01:15:11	247	06:32:03	350	07:56:49	340	06:44:33	337	14:53:24
338	271	Richard Stoelinga	Velp	M40	H40	NED	01:05:16	104	06:13:59	322	07:26:55	298	07:19:37	339	14:57:32
339	367	Henrik Larsen	Brøndby Stra	M45		DEN	02:04:31	392	06:16:10	330	08:31:09	367	06:48:22	338	15:27:32
340	296	Jon Saleta	Pasaia	M40		ESP	01:05:01	102	04:54:40	41	06:04:01	43		0	
341	452	Mohammed Kenssous	Dubai	M55		FRA	01:55:07	391	07:29:56	378	09:38:02	379		0	
342	20	Marcus Hultgren	Stockholm	Mpro		SWE	00:56:40	32	04:34:01	11	05:33:24	15		0	
343	134	Rogier Rompen	Utrecht	M24		NED	01:27:59	354	05:38:06	207	07:11:54	253		0	
344	24	Malte Bruns	Paderborn	Mpro		GER	00:52:22	9	04:40:24	19	05:34:59	17		0	
345	542	Natalie Bonnard	Terjat	W45		FRA	02:04:57	393	07:37:54	380	09:53:44	381		0	
346	366	Mikio Karmann	Brøndby	M45		DEN	01:23:47	331	05:24:57	159	06:52:23	192		0	
347	169	Gijs van Ranst	Grembergen	M24		BEL	00:53:56	19	04:44:47	24	05:41:30	20		0	
348	392	Hans van Delft	Eindhoven	M50	H50	NED	01:05:56	116	05:27:49	172	06:37:52	145		0	
349	195	Adur Juaristi	Eibar	M24		ESP	01:07:50	142	05:22:28	141	06:35:37	139		0	
350	404	Paul Heijligers	Eindhoven	M50	H50	NED	01:20:05	303	05:51:02	263	07:18:25	273		0	
351	365	Alberto Gámez	San José	M45		CRC	01:09:22	160	05:52:57	268	07:09:34	245		0	
352	431	Livio Magoni	Aviatico	M50		ITA	01:24:48	340	05:53:08	269	07:29:01	305		0	
353	358	Eric Smit	Almere	M45		NED	01:21:49	313	06:33:23	351	08:01:57	348		0	
354	349	Hans Bosman	Nigtevecht	M45	H45	NED	01:36:45	377	07:22:04	377	09:12:21	378		0	

355	351	Bart van Linder	Oostelbeers	M45	H45	NED	01:05:48	114	05:08:15	83	06:18:20	78	0
356	288	Kurt van de Moortele	Steenokkerze	M40		BEL	01:17:33	291	05:38:57	210	07:02:05	224	0
357	313	Andreas Valenti	Stockholm	M40		SWE	01:21:16	311	05:59:54	296	07:32:30	319	0
358	551	Tineke Bruce	Leidschendam	W55	D55	NED	01:12:13	202	06:39:53	359	07:59:02	342	0
359	438	Paul Zuijdervliet	Almere	M55	H55	NED	01:14:15	225	05:10:49	93	06:31:55	120	0
360	370	Christophe Lefait	Coudekerque	M45		FRA	01:08:21	146	05:53:12	271	07:07:30	238	0
361	528	Stephanie Lhomme	Paris	W40		FRA	01:21:32	312	05:43:11	232	07:10:32	246	0
362	418	Pol Dekeirel	Berchem	M50		BEL	01:22:22	321	05:42:56	229	07:11:28	249	0
363	218	Tobias Pancratz	Friesoythe	M24		GER	01:11:31	188	06:00:23	299	07:17:46	270	0
364	65	Brooke Brown	Dodrecht	Wpro		CAN	00:59:57	51	05:05:01	70	06:07:37	53	0
365	119	Pelle Biesmeijer	Rotterdam	M24		NED	01:07:47	141	05:10:28	90	06:22:36	88	0
366	121	Sietse-jan Sietzema	Lelystad	M24		NED	01:02:35	69	05:18:20	125	06:25:19	103	0
367	282	Peter-wim Gerssen	Den Haag	M40		NED	01:14:35	236	05:25:25	160	06:46:03	177	0
368	133	Stanley Puijk	Hilversum	M24		NED	01:04:50	98	05:39:09	212	06:49:10	183	0
369	463	Ben Schell	Noordwijk	M60	H60	NED	01:16:42	277	05:39:40	217	07:02:00	223	0
370	298	Stephane Lange	Nanteuil-le-h	M40		FRA	01:04:47	95	05:36:02	196	06:45:15	172	0
371	287	Dieter Roman	Aalter	M40		BEL	01:15:08	246	05:39:35	216	07:00:24	220	0
372	407	Wim Geurts	Leiden	M50	H50	NED	01:14:29	233	06:10:00	317	07:31:24	315	0
373	435	Marco Makinen	Helsinki	M50		FIN	01:28:02	355	06:22:41	339	07:57:50	341	0
374	280	Arnaud de Meester	Uccle	M45			01:11:45	193	07:40:15	381	08:58:27	376	0
375	552	Joke Cremer	Gorredijk	W55	D55	NED	02:14:25	394	07:36:05	379	10:00:20	382	0
376	7	Matthias Knossalla	Wiesbaden	Mpro		GER	01:01:30	63	04:19:04	2	05:24:53	8	0
377	51	Kathrin Walther	Gundelfinger	Wpro		GER	00:59:54	49	05:00:02	53	06:02:26	41	0
378	440	Henk Nijman	Haaksbergen	M55	H55	NED	01:06:07	118	05:24:07	155	06:35:06	137	0
379	417	Stefan Creemers	Kessel Lo	M50		BEL	01:06:09	119	06:06:58	311	07:17:47	271	0
380	340	Henk Jansen	Putten	M45	H45	NED	01:13:11	214	06:07:02	312	07:25:22	294	0
381	181	Gunther Goemaere	Arlon	M24		BEL	01:19:05	295	06:44:04	365	08:10:05	356	0
382	409	Leo Groenewegen	Schipluiden	M50	H50	NED	01:24:41	339	06:55:31	373	08:31:16	368	0
383	147	Jespar Wolfswinkel	Hilversum	M24		NED	01:22:31	323		0		0	0
384	328	Jörgen Schagen	Lelystad	M45	H45	NED	01:17:26	290		0		0	0

385	107	Wouter Viskil	Almere	M24		NED	01:02:37	70	0	0	0
386	241	Sjoerd Hermsen	Arnhem	M24		NED	01:06:33	123	0	0	0
387	335	Erwin Tulleners	Amstelveen	M45	H45	NED	01:20:21	304	0	0	0
388	403	Leon Borst	Monnickendam	M50	H50	NED	01:05:36	108	0	0	0
389	53	Ewa Bugdol	Rudy	Wpro		POL	00:54:32	21	0	0	0
390	305	Frank Böhmer	Kleve	M40		GER	01:11:06	182	0	0	0
391	369	Herve Faugere	Lacanau Oce	M45		FRA	01:30:48	372	0	0	0
392	444	Sander Frijters	Deurne	M55	H55	NED	01:29:21	364	0	0	0
393	259	Ronald Langelaar	Kortenhoef	M40	H40	NED	00:58:05	39	0	0	0
394	302	Mike Harrop-Peel	Dubai	M40		GBR	01:35:35	375	0	0	0